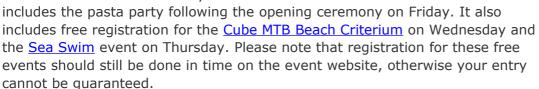


## 2012 ETU EC Cross Triathlon

The Fortress Beach Challenge (The Hague, The Netherlands) is proud to host the 2012 ETU European Championships Cross Triathlon on July 14th 2012. The 2012 EC is the perfect try-out for the 2013 WC Cross Triathlon on the same venue, July 13th 2013.

# Registration

Registration for all series of the 2012 European Championships (Elite, U23, Junior, age-groups and paratriathlon) is possible only through your national triathlon federation. The entry fee for the EC is €75. This























## **Accommodation**



NH Atlantic Hotel Den Haag is the <u>official EC hotel</u> and the ideal place to stay and prepare yourself for the European Championships Cross Triathlon 2012. NH Atlantic Den Haag in Kijkduin is wonderfully located by the sea and is surrounded by the dunes, directly at the start of the Cross Triathlon. The hotel offers various possibilities for relaxation, such as a swimming pool, a sauna and a

beauty centre where you can enjoy a massage. There is a favourable rate of €95 for a 2 persons room. Free storage of your bike in a secured room in the hotel is included. Book on time, since it is holiday season in July!

#### **Event schedule**

Wednesday July 11 <sup>th</sup>		
19:30	Recreational Cube MTB Beach Criterium	
Thursday July 12 <sup>th</sup>		
19:00	Recreational Team Relay triathlon (0.3 - 4.5 - 1.6km)	
20:15	Recreational Sea swim (1 and 3km)	
Friday July 13 <sup>th</sup>		
15:00	EC cross triathlon registration & race pack pick-up	
17:30	EC cross triathlon opening ceremony & briefing	
19:45	Recreational Beach run (5 and 10km)	



Saturday July 14 <sup>th</sup>	
08:45	Recreational short triathlon (0.5 - 13 - 4.5km)
09:00	Start EC cross paratriathlon (0.5 - 13 - 4.5km)
09:40	Start EC cross triathlon Junior (0.5 - 13 - 4.5km)
12:00	Recreational Kids Challenge
16:00	Start EC cross triathlon Elite men (1 - 26 - 9km)
16:10	Start EC cross triathlon Elite women (1 - 26 - 9km)
17:40	Start EC cross triathlon Age groups (1 - 26 - 9km)
19:10	Recreational long triathlon (1 - 26 - 9km)
21:00	After party & fireworks



### **Information and contact**

All information on the 2012 European Championships and the side events can be found on our website: <a href="www.beach-challenge.nl">www.beach-challenge.nl</a>. Register for our international newsletter <a href="here">here</a> so we can keep you up to date with news for EC-competitors.

You can also follow us on Facebook and Twitter.

Please contact us at info@beach-challenge.nl if you have any questions.