

Safeguarding Information for Athletes

This document will be accessed and agreed online, as part of the accreditation process.

A copy will be sent to Athletes/ Parent/s/carer/participating NGB's prior to the 2024 Europe Triathlon Cup.

Event Safeguarding Lead Officers - Please contact one of the people below if you have any questions or reports or even if you want to have a chat about something that's happened. They will be at the event wearing Navy vests and you can see what they look like [here](#).

Name: Niamh O'Gorman

Contact number: +353 87 3627106 PLEASE SAVE THIS NUMBER TO YOUR PHONE.

Email: niamh@triathlonireland.com

Name: Mary Crosbie

Contact number: +353 873793721 PLEASE SAVE THIS NUMBER TO YOUR PHONE.

Email: mary@triathlonireland.com

Accommodation

Athletes will stay in accommodation with their team and coaches/chaperones.

Coaches and chaperones travelling with young athletes have a duty of care for their athletes and are responsible for their athletes welfare while they are in the accommodation and at all times on the trip. TI guidelines outline the following in line with best practice in relation to travelling with young athletes.

- Coaches and chaperones who are not the athlete's parents should not share a room with a junior athlete.
- Coaches and chaperones who are not the athlete's parents should not be alone with the junior athlete in either the coaches room or the room of the junior athlete.
- Any interactions, discussions, maintenance work on bikes etc. should take place in a common area.

Photography

TI requests express permission from parents/carers for photography at events. If you have not completed the form, please find it [here](#).

A person will be appointed to take photos/film. There are protocols about what images can be used and how they can be used. Athletes should be aware that if they tag Triathlon Ireland,

Europe Triathlon or World Triathlon in a post it may be reshared on other platforms by those organisations. If an athlete wants to have any content removed they should contact the Triathlon Ireland marketing team, eimante@triathlonireland.com.

There is additional information in the event Safeguarding policy document.

If an athlete is uncomfortable with any images or video being taken on the day they should contact a safeguarding lead officer who will support them.

Injuries on the course & Medical Information

If an athlete needs assistance on the course the closest marshall will call for medical assistance. The Safeguarding Lead Officers will also be informed, they will inform the coach/parent. Depending on the location, someone from the safeguarding team will be sent to wait with the athlete. If an athlete needs immediate assistance before the medical team arrives they must give consent for someone to assist them. Please ensure you have provided any relevant medical information in advance on [this form](#).

Changing Areas and Athletes lounge

The changing area is for athletes only, coaches, athlete support personnel, chaperones, staff or volunteers will not be permitted to enter the changing area.

There will be specified time for athletes to use the changing areas and showers. Athletes may not enter the changing area outside of the specified time. There will be an allocated area for an athlete lounge which coaches, athlete support personnel and chaperones can also access.

Anti Doping

Sport Ireland will be conducting Anti Doping testing at the event. Young people under 18 will need a chaperone in attendance during tests. Coaches, athlete support personnel and chaperones should be near the finish line in anticipation of this. Triathlon Ireland can also provide appropriately vetted and trained male or female chaperones if required.

Legal and Illegal Substances

The Europe Triathlon Cup is a high-profile event for young people. Athletes, coaches, athlete support personnel volunteers and staff are not permitted to consume alcohol or take any illegal substances at the event.

Criminal/anti-social behaviour

No type of criminal activity will be tolerated at the Europe Triathlon Cup. Appropriate action (i.e. referral to the Police) will be taken which could result in criminal charges being made against the offender if criminal activity is observed or suspected.

Code of Conduct

Triathlon Ireland has a code of conduct -set out below- which all athletes are expected to abide by.

Young triathletes are entitled to:

- Have fun and enjoy taking part in your sport.
- Be treated fairly, respectfully, sensitively and with dignity by everyone, adults and other athletes.
- Train and compete at a level that you are comfortable with.
- Be safe and feel safe and feel confident that you can say no.
- Have a voice in the decisions that affect you.
- Know who to talk to at the event if you feel unsafe.
- Feel comfortable making complaints and have them dealt with.
- Get help against bullying behaviours
- Be listened to and believed.
- Protect their own bodies.
- Confidentiality.

Code of Conduct

*We want all athletes to have a positive experience within the parameters of this
Code of Conduct*

I am aware that I am an ambassador for my country's federation and I take full responsibility for my actions. I have read this code of conduct, I understand the points set out below and agree to comply fully with them.

Any breach of this code of conduct could result in being sent home from the 2024 Europe Triathlon Cup and being subject to disciplinary action from the home country

federation/Triathlon Ireland/Europe Triathlon/Statutory authorities which could jeopardise future participation within the sport.

- I will disclose any injury or condition which would impede my full participation at the 2024 Europe Triathlon Cup as an athlete to my National Governing Manager prior to the Europe Triathlon Cup, 2024.
- I will treat others with the respect and fairness that I would like them to show me, this includes my use of social networking sites. I will only access appropriate websites that will support my sports performance and the image of the 2024 Europe Triathlon Cup.
- I will respect the privacy of others and will observe the rule of no photography in the changing area.
- I will compete within the rules of my sport, and respect all officials and their decisions.
- I will wear my accreditation (outside my clothing) for the duration of the event and will only remove my accreditation when I leave the event area.
- I will demonstrate fair play on and off the sporting arena and will not use foul, abusive or offensive language in the real or a virtual environment.
- I will respect the differences between everyone at the 2024 Europe Triathlon Cup in terms of age, gender, including transgender, ethnicity, religious beliefs, sexual orientation or disability.
- I will promote myself and my sport in a positive light by not smoking (cigarettes or e-cigarettes), possessing, consuming or supplying alcohol, illegal and/or performance enhancing drugs.
- I will not post or share content about the 2024 Europe Triathlon Cup on social media or websites, images or text that is harmful, unkind or abusive
- I will not carry out, take part or promote initiation ceremonies or dares.