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Quarteira
FREGUESIA


FEDERAÇÃO DE TRIATLO
PORTUGAL



2018 Quarteira ETU Triathlon

Elite European Cup

RACE MAP

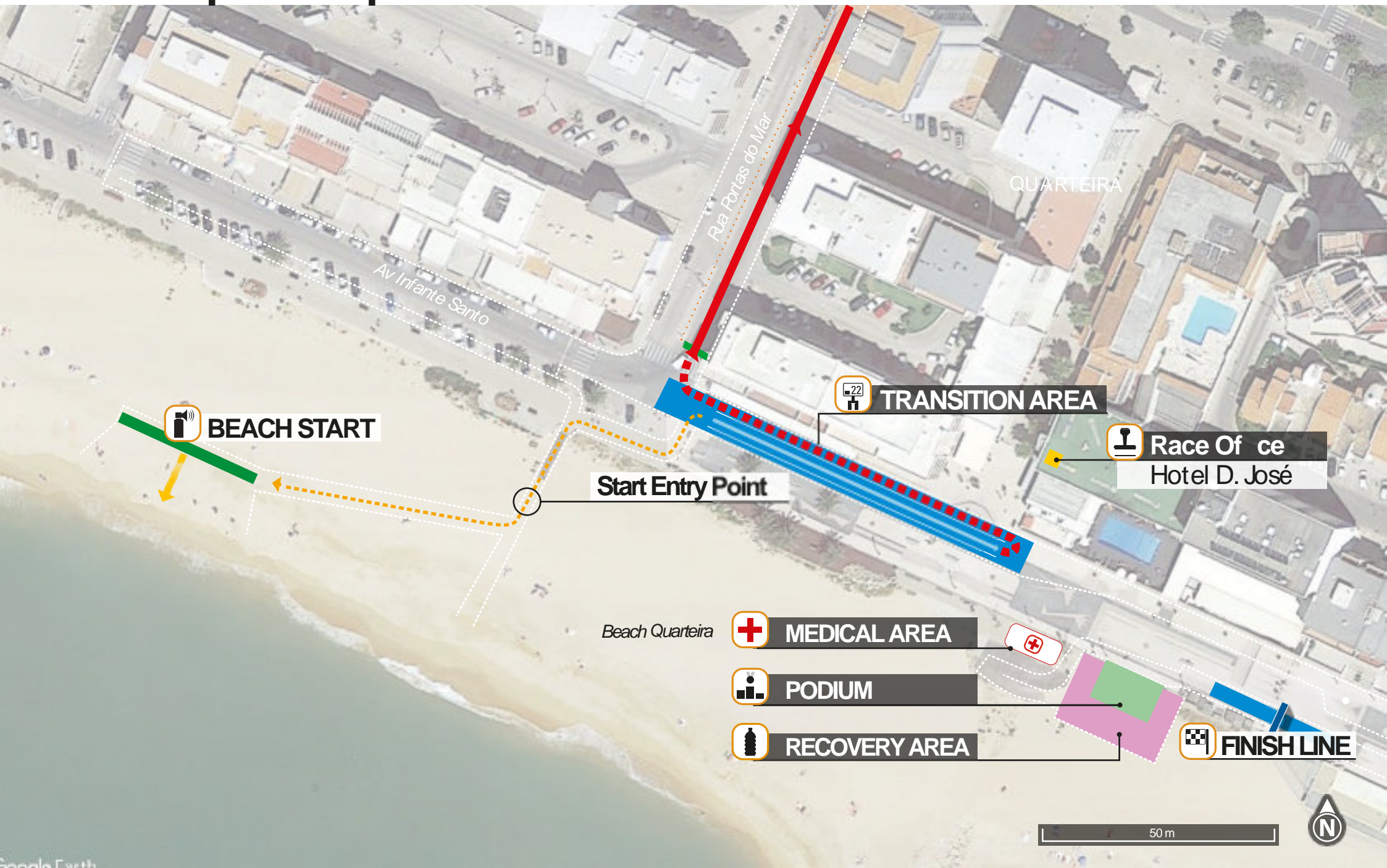
24th March 2018

2018 Quarteira ETU Triathlon

Elite European Cup

DISTANCES:

 SWIM	1500 m 2x	 BIKE	40 000 m 6x	 RUN	10000 m 4x
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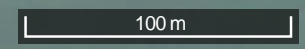


2018 Quarteira ETU Triathlon Elite European Cup

DISTANCES:



1 500 m
1 lap



2018 Quarteira ETU Triathlon Elite European Cup

DISTANCES:



QUARTEIRA

Mount Line

 TRANSITION AREA


BIKE
40 000 m
6 laps

30 m



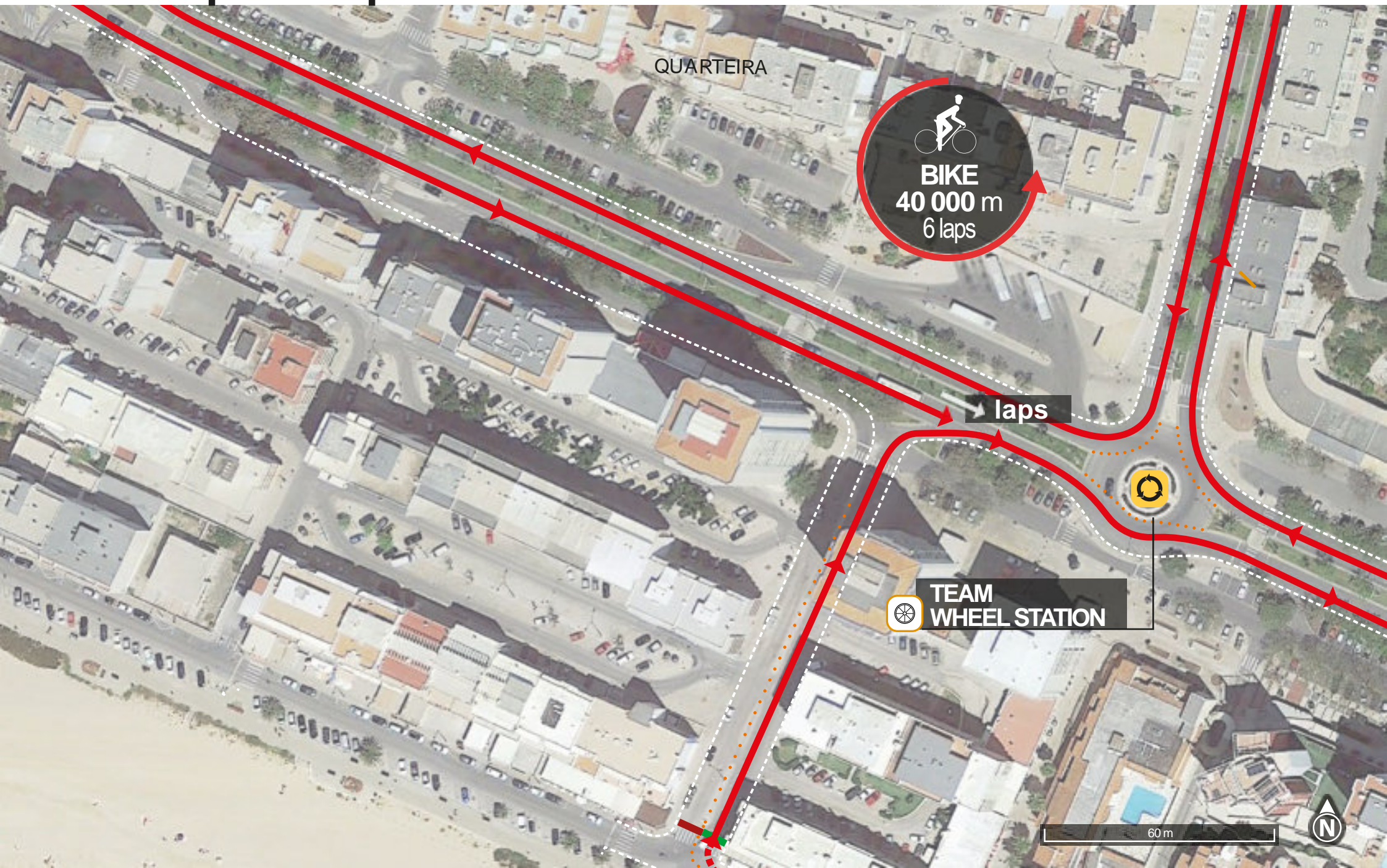
2018 Quarteira ETU Triathlon

Elite European Cup

DISTANCES:




40 000 m



QUARTEIRA


BIKE
40 000 m
6 laps

laps

 **TEAM WHEEL STATION**

60 m



2018 Quarteira ETU Triathlon Elite European Cup

DISTANCES:



40 000 m

QUARTEIRA

BIKE
40 000 m
6 laps

Turning Point 1

Turning Point 2

Turning Point 3
Rotunda do Polvo

FINISH LINE

TRANSITION AREA

400 m



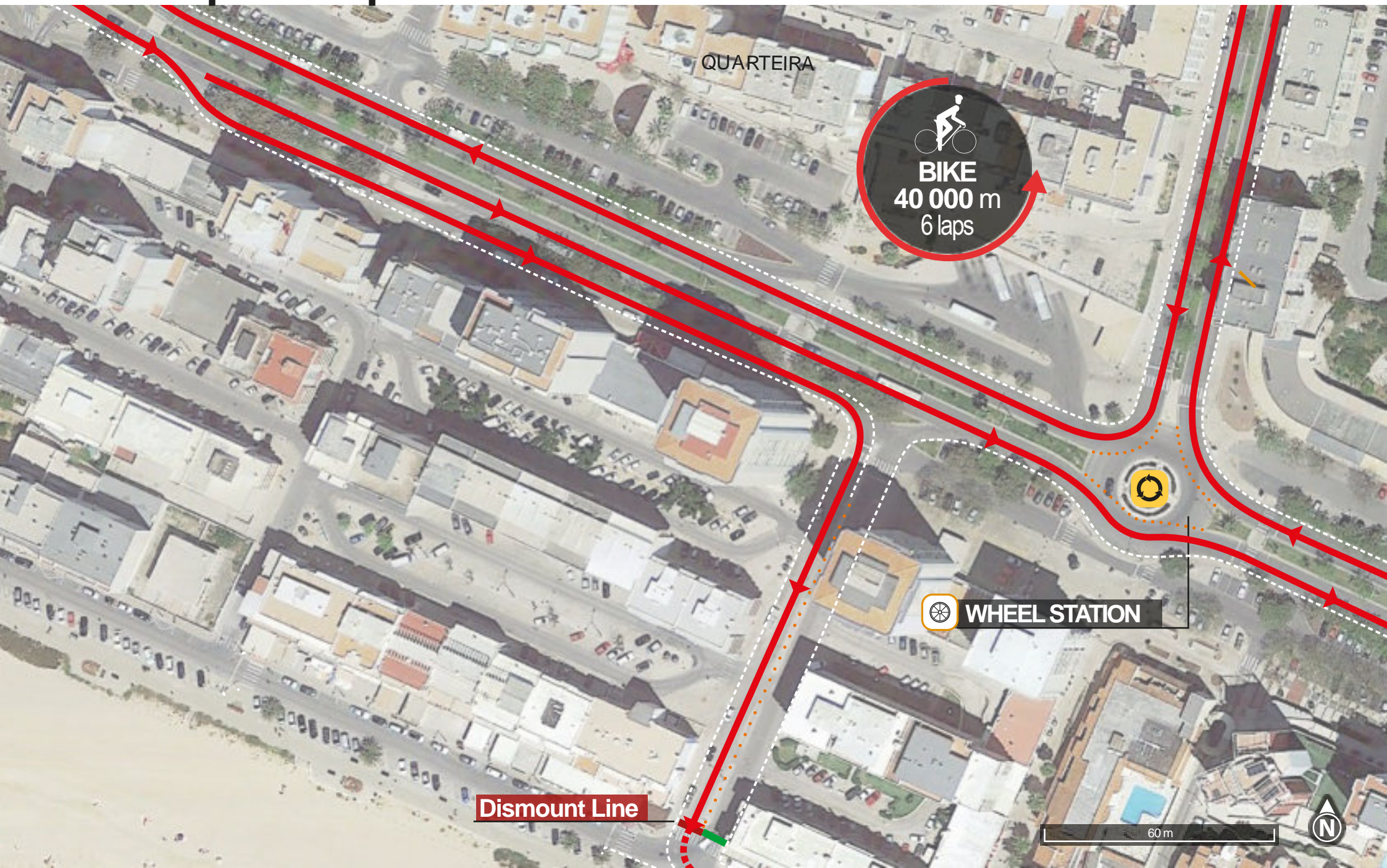
2018 Quarteira ETU Triathlon

Elite European Cup

DISTANCES



40 000 m



QUARTEIRA


BIKE
40 000 m
6 laps

 **WHEEL STATION**

Dismount Line

60 m



2018 Quarteira ETU Triathlon Elite European Cup

DISTANCES:



10 000 m

BIKE
40 000 m
6 laps

RUN
10 000 m
4 laps

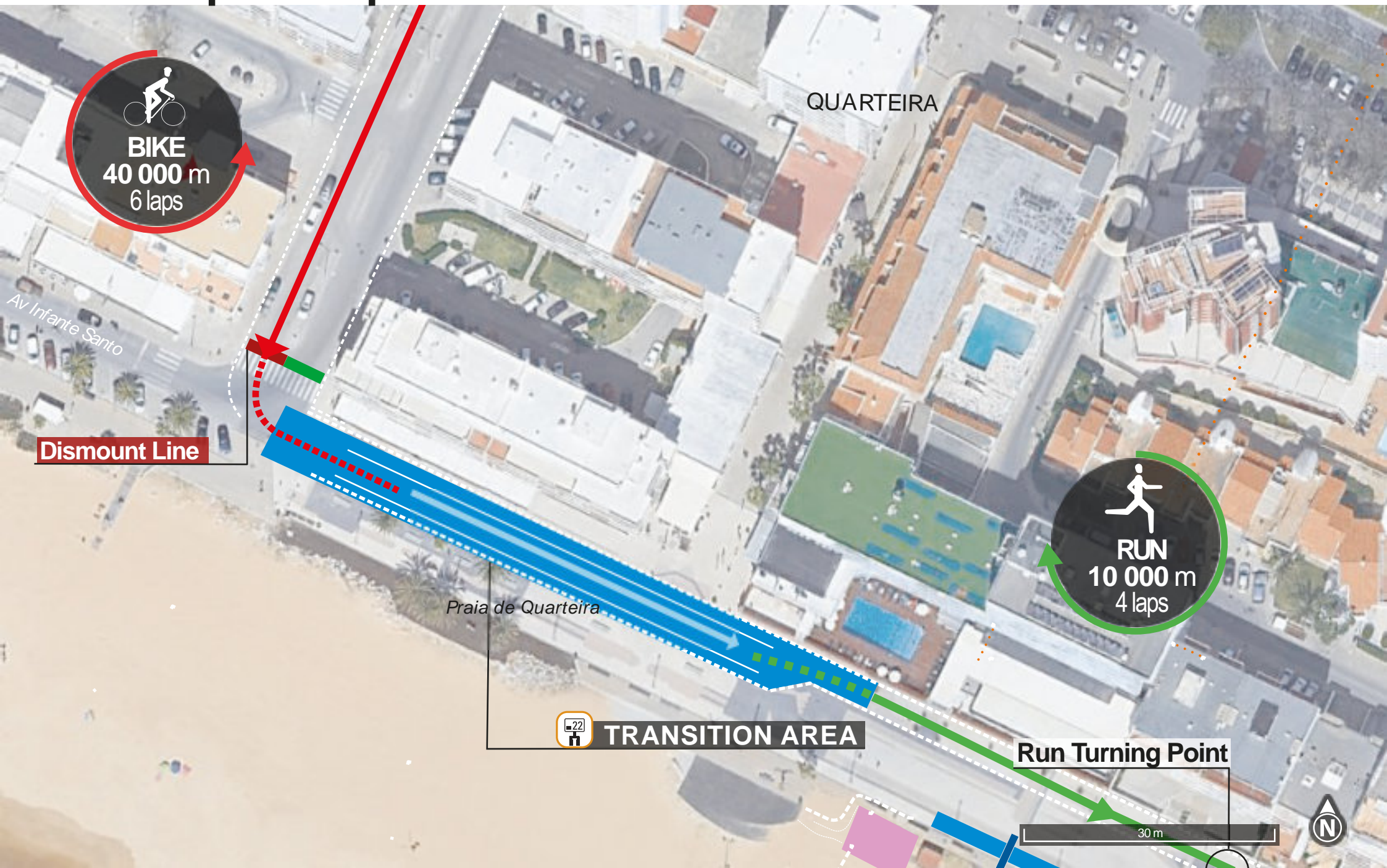
Dismount Line



TRANSITION AREA

Run Turning Point

30 m



2018 Quarteira ETU Triathlon

Elite European Cup

DISTANCES:



4x 10 000 m



3º. Run
Turning Point

AID STATION

FINISH LINE

PENALTY BOX

1º. Run
Turning Point

AID STATION

2º. Run
Turning Point

QUARTEIRA

RUN
5000 m
2 laps

100 m

