

VENDREDI 12 JUILLET / FRIDAY, July 12					
Start	End	Activity	Location	Participants	Notes
05:04:00		Sunrise			
09:00:00		Emergency meeting (name to be confirmed)	TBD	René, TD, aTD	<i>Info to be confirmed</i>
TBD		Coordination meeting	TBD	René (and his team), TD, aTD, Francis	<i>Info to be confirmed</i>
12:00:00	14:30:00	Training session	Lac Memphrémagog	All athletes	<i>Swim course</i>
18:00:00	17:00:00	Technical Officials Meeting	Athlete Lounge/Transition	All officials	
20:35:00		Sunset			

SAMEDI 13 JUILLET / SATURDAY, July 13					
Start	End	Activity	Location	Participants	Notes
05:04:00		Sunrise			
06:00:00		Coordination meeting	TBD	René (and his team), TD, aTD, Francis	<i>Info to be confirmed</i>
16:00:00	16:30:00	Elite + U23 group bike familiarization (police escort)	Transition Area	Elite + U23 athletes + coaches	1 lap of 6,6 km + part of Sunday race
16:30:00	17:30:00	Swim familiarization (lifeguards on duty)	Lac Memphrémagog	All athletes	<i>Swim course</i>
		Coach meeting???			
18:00:00	18:30:00	<b>PATCO Elite + U23 Athlete Briefing</b>	Centre communautaire Magog (95 Merry Nord)	Elite + U23 athletes + coaches	<i>Attendance is mandatory</i>
18:30:00	19:00:00	Elite + U23 race kit pick-up + payment of registration fees	Centre communautaire Magog (95 Merry Nord)	Elite + U23 athletes + coaches	<i>ID required</i>
20:35:00		Sunset			

DIMANCHE 14 JUILLET / SUNDAY, July 14					
Start	End	Activity	Location	Participants	Notes
05:04:00		Sunrise			
06:00:00		Coordination meeting	TBD	René (and his team), TD, aTD, Francis	<i>Info to be confirmed</i>
07:30:00	08:30:00	Elite + U23 Men Athletes lounge open	Athlete Lounge	Men	
07:45:00	08:30:00	Elite + U23 Men Athletes transition open	Transition	Men	
08:15:00	08:45:00	Elite + U23 Men Swim Warm-Up Open	Swim Start	Men	
08:50:00		Elite + U23 Men Athletes Introduction	Swim Start	Men	
09:00:00		<b>PATCO Sprint Triathlon Men Elite + U23</b>	Swim Start	Men	750m / 20km / 5km
09:00:00	10:00:00	Elite + U23 Women Athletes lounge open	Athlete Lounge	Women	
09:15:00	10:00:00	Elite + U23 Women Athletes transition open	Transition	Women	
09:45:00	10:15:00	Elite + U23 Women Swim Warm-Up Open	Swim Start	Women	
10:20:00		Elite + U23 Women Athletes Introduction	Swim Start	Women	
10:30:00		<b>PATCO Sprint Triathlon Women Elite + U23</b>	Swim Start	Women	750m / 20km / 5km
12:00:00		<b>Medal Ceremonies Elite + U23</b>	Awards Area		
20:35:00		Sunset			