



# SWIM COURSE

TO TRANSITION

FOOTPATH

SWIM EXIT RAMP

SWIM START

SPECTATORS

COX ROAD

FOOTBRIDGE



ENDORPHIN *FITNESS*

**375 M COURSE - ELITE 13-15 & SUPERSPRINT**  
**750 M COURSE - ELITE 16-19 & CAMTRI**  
**100 M COURSE - YOUTH AMATEUR**

