

# Singapore International Triathlon 16 July 2016, ITU Asian Cup

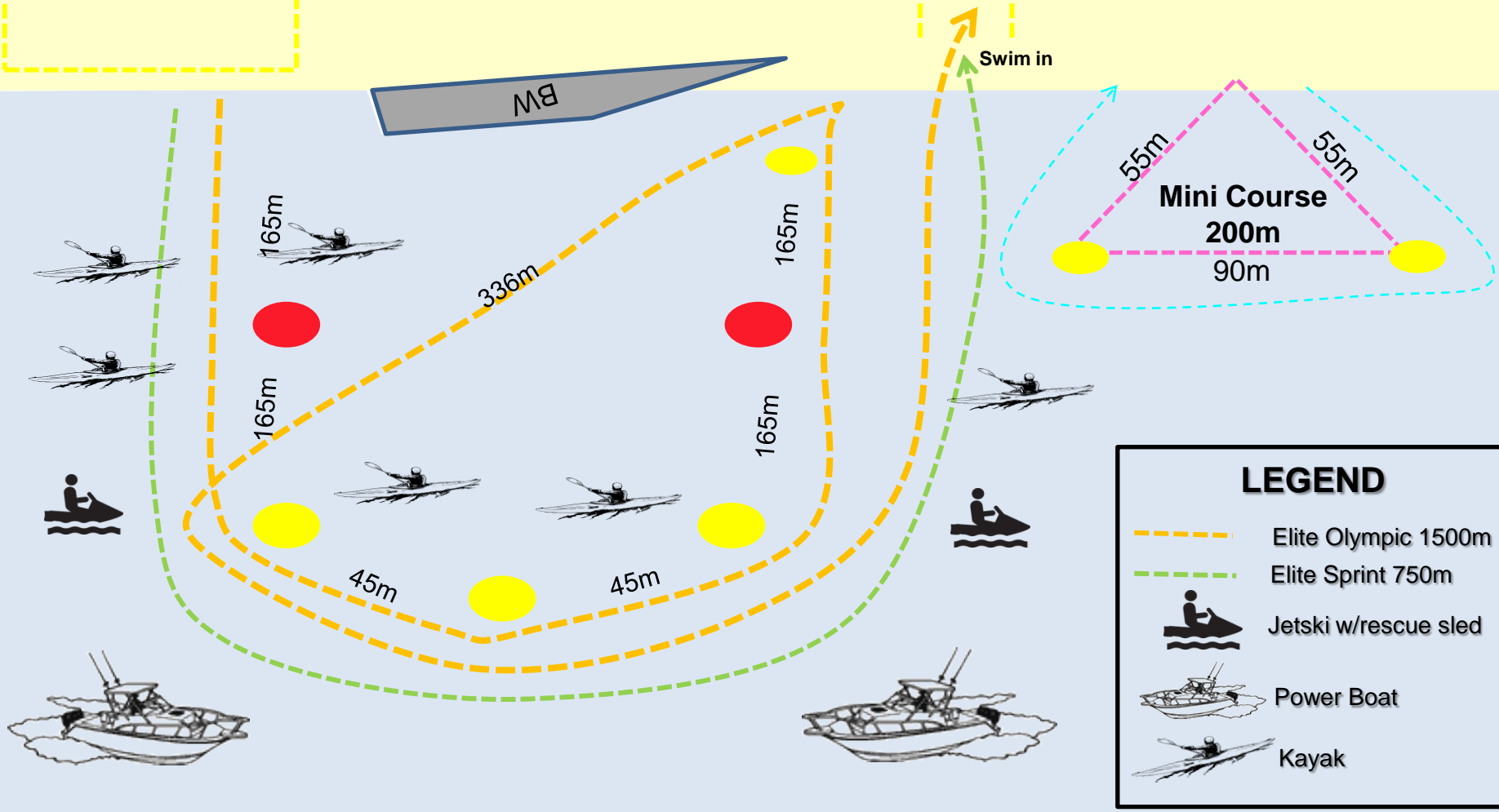
## Swim Course without Lane Ropes (Standard & Sprint)

Elite Olympic / Sprint Category

\*To be ready before **15<sup>th</sup> July** – ITU Elites' Course Familiarization Day



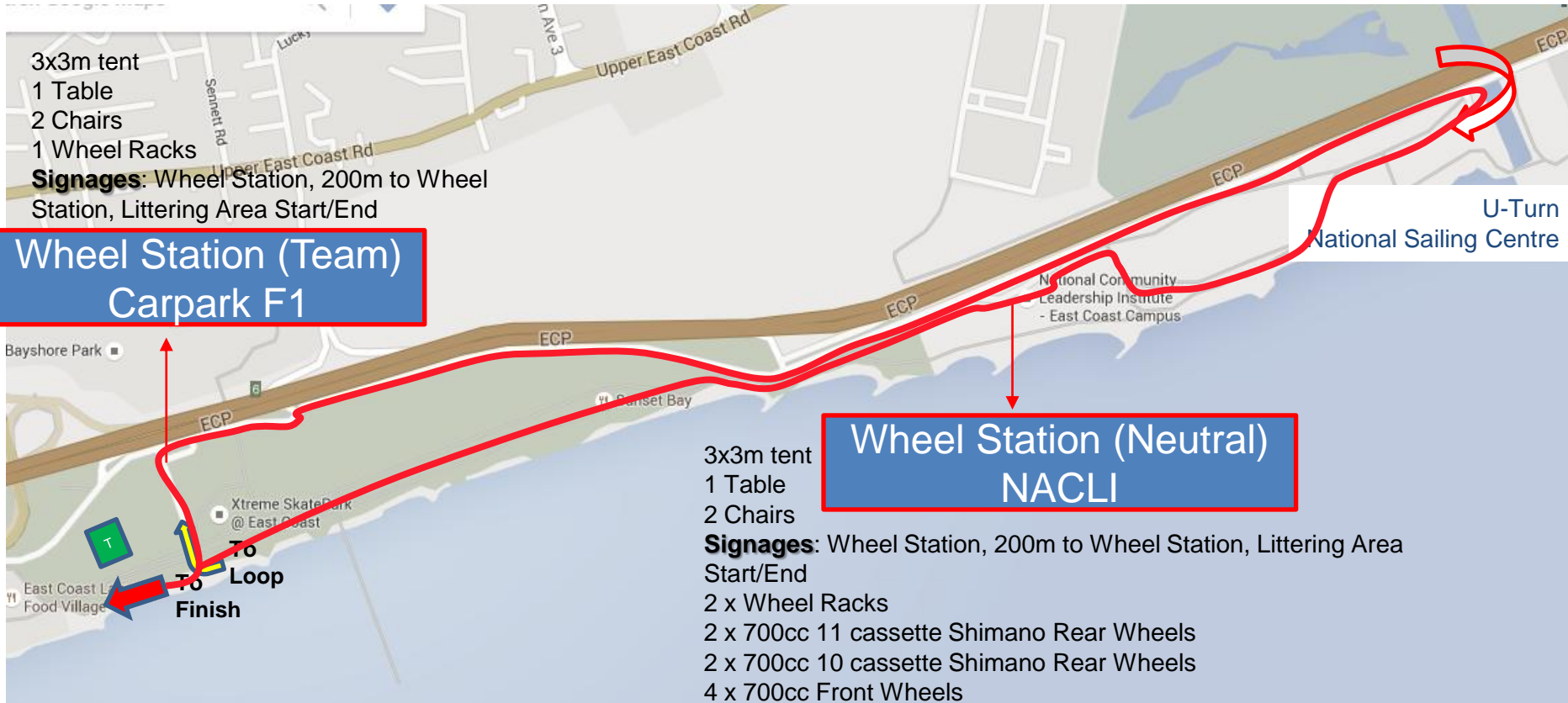
Equipped with Sprinkler Shower



**LEGEND**

- Elite Olympic 1500m
- Elite Sprint 750m
- Jetski w/rescue sled
- Power Boat
- Kayak

# BIKE COURSE – 16 JUL



- 3x3m tent
- 1 Table
- 2 Chairs
- 1 Wheel Racks

**Signages:** Wheel Station, 200m to Wheel Station, Littering Area Start/End

**Wheel Station (Team)  
Carpark F1**

**Wheel Station (Neutral)  
NACLI**

- 3x3m tent
- 1 Table
- 2 Chairs

**Signages:** Wheel Station, 200m to Wheel Station, Littering Area Start/End

- 2 x Wheel Racks
- 2 x 700cc 11 cassette Shimano Rear Wheels
- 2 x 700cc 10 cassette Shimano Rear Wheels
- 4 x 700cc Front Wheels
- 2 x 700cc 11 cassette Shimano rear wheels
- 2 x 700cc 10 cassette Shimano rear wheels

Category	Bike Distance	Loops
Elite	42km	6 Loops
Junior	18km	3 Loops
Super Sprint	6km	1 Loop

# RUN COURSE – 16 JUL



Category	Distance	Remarks
Olympic	10 km	4 Loops x 2.5 km
Sprint	5 km	2 Loop x 2.5 km
Mini	2 km	1 Loop x 2km