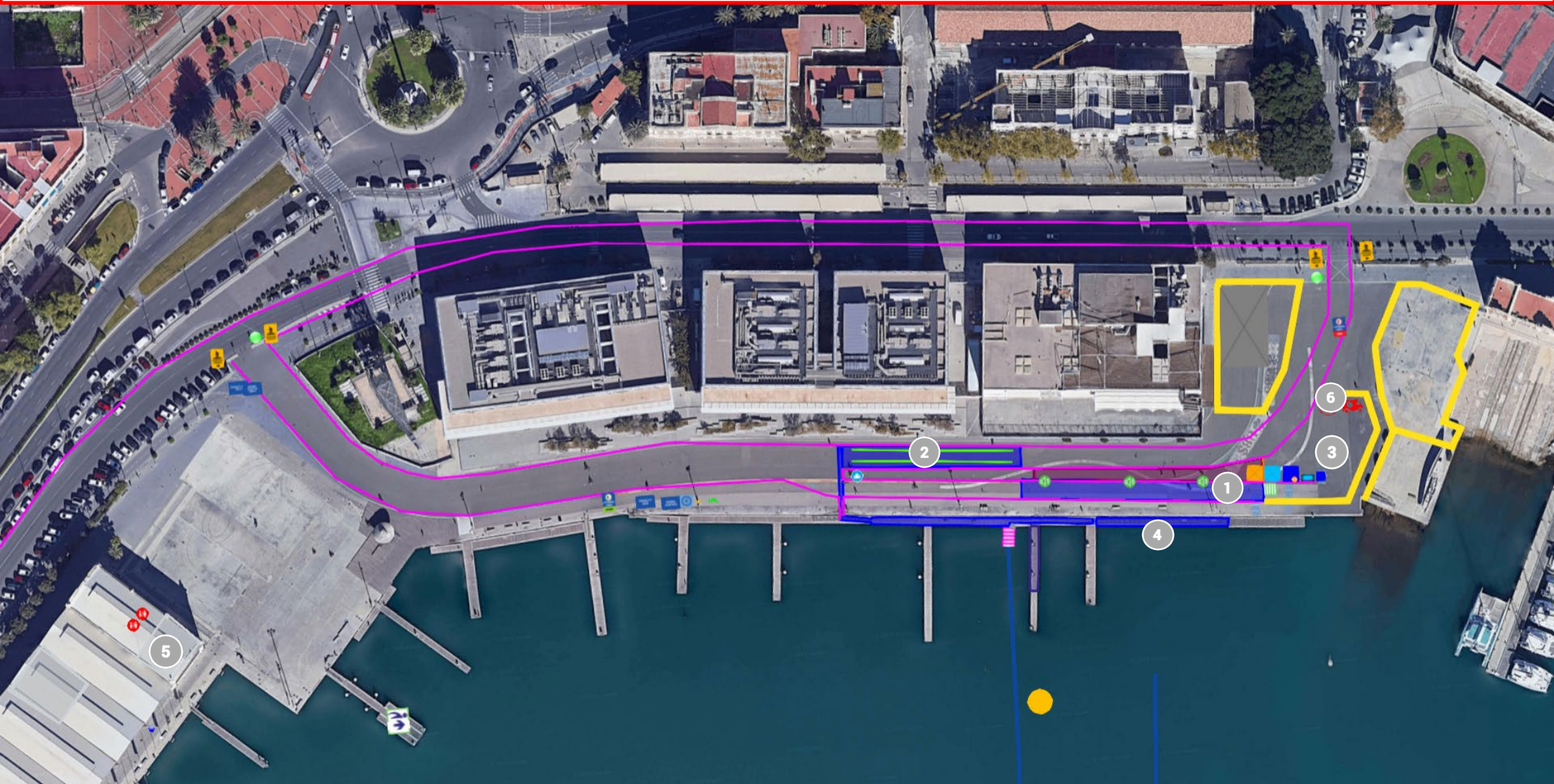


Swim 1 lap | 750 m
Bike 4 laps | 19,2 km
Run 2 laps | 5 km

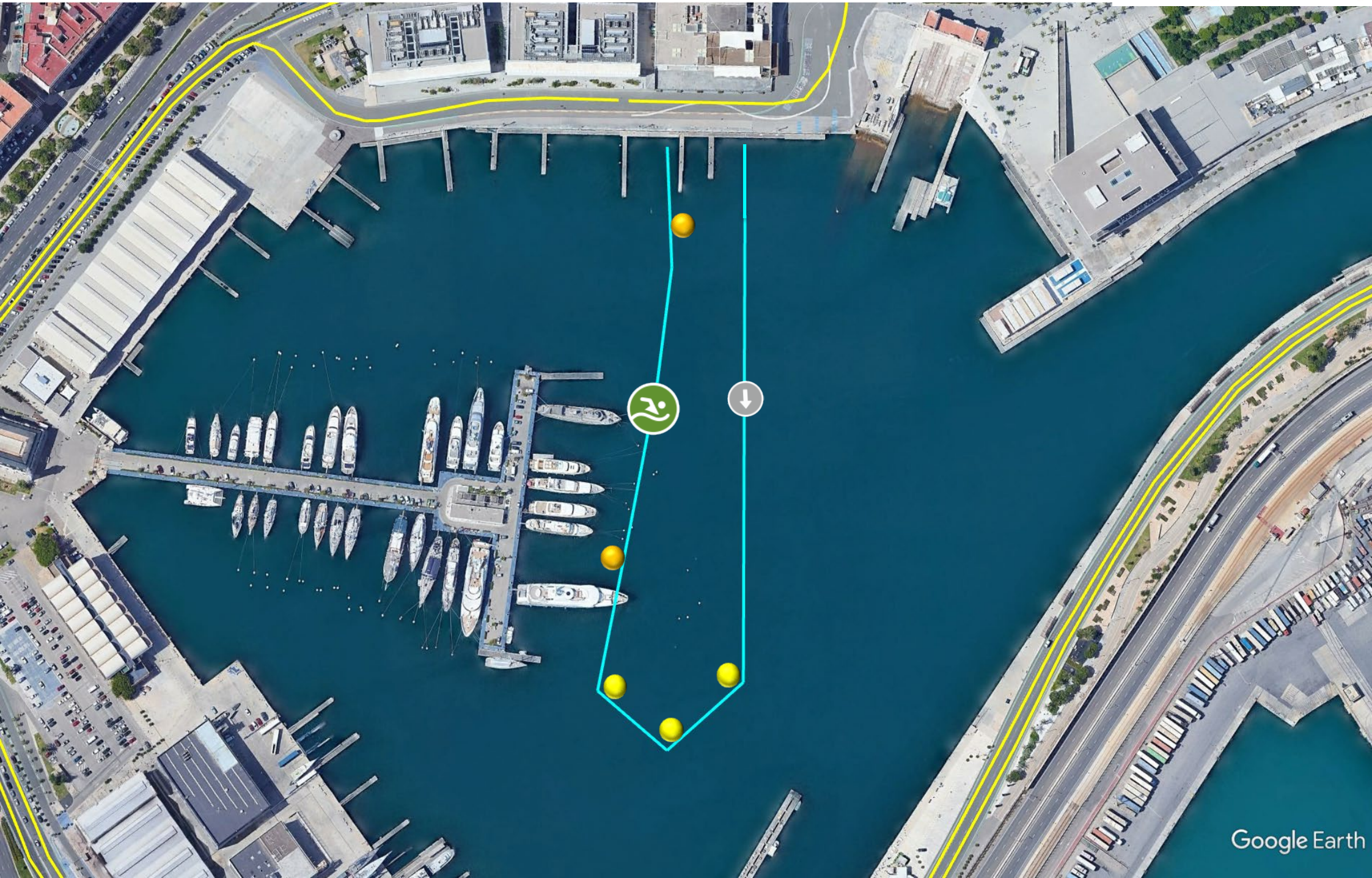
1. Finish Area
2. Transition

3. Recovery Área
4. Starts

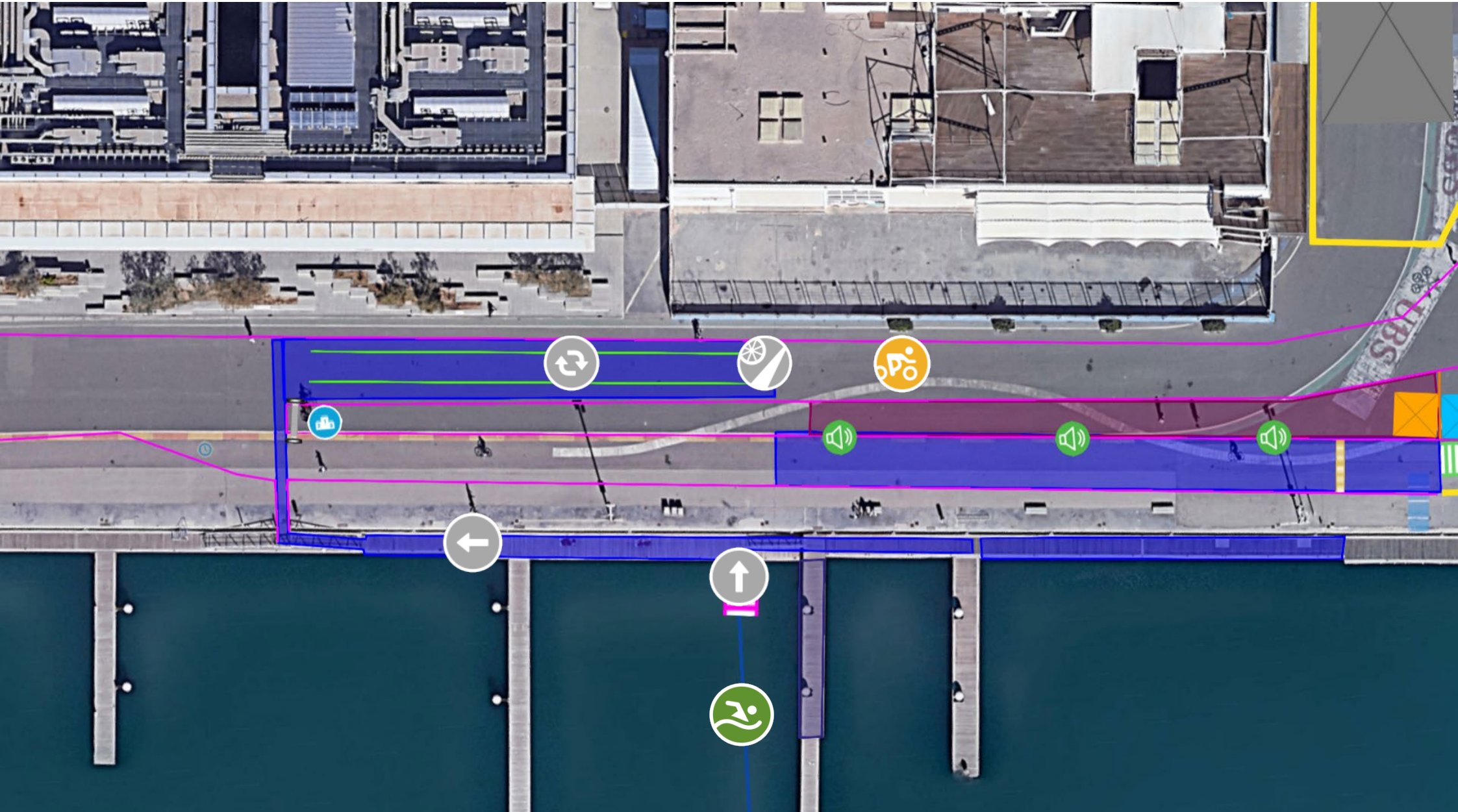
5. Antidoping
6. Medical service



SWIM | 1 lap x 750 m



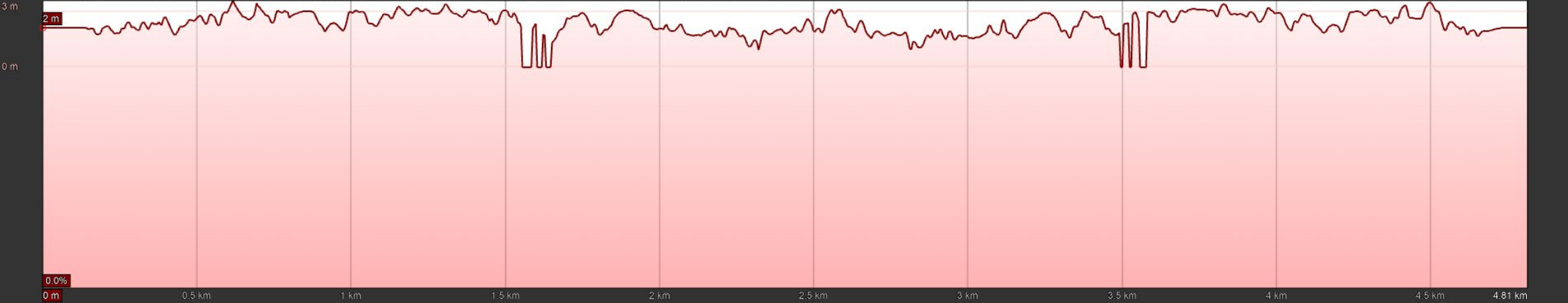
TRANSITION 1



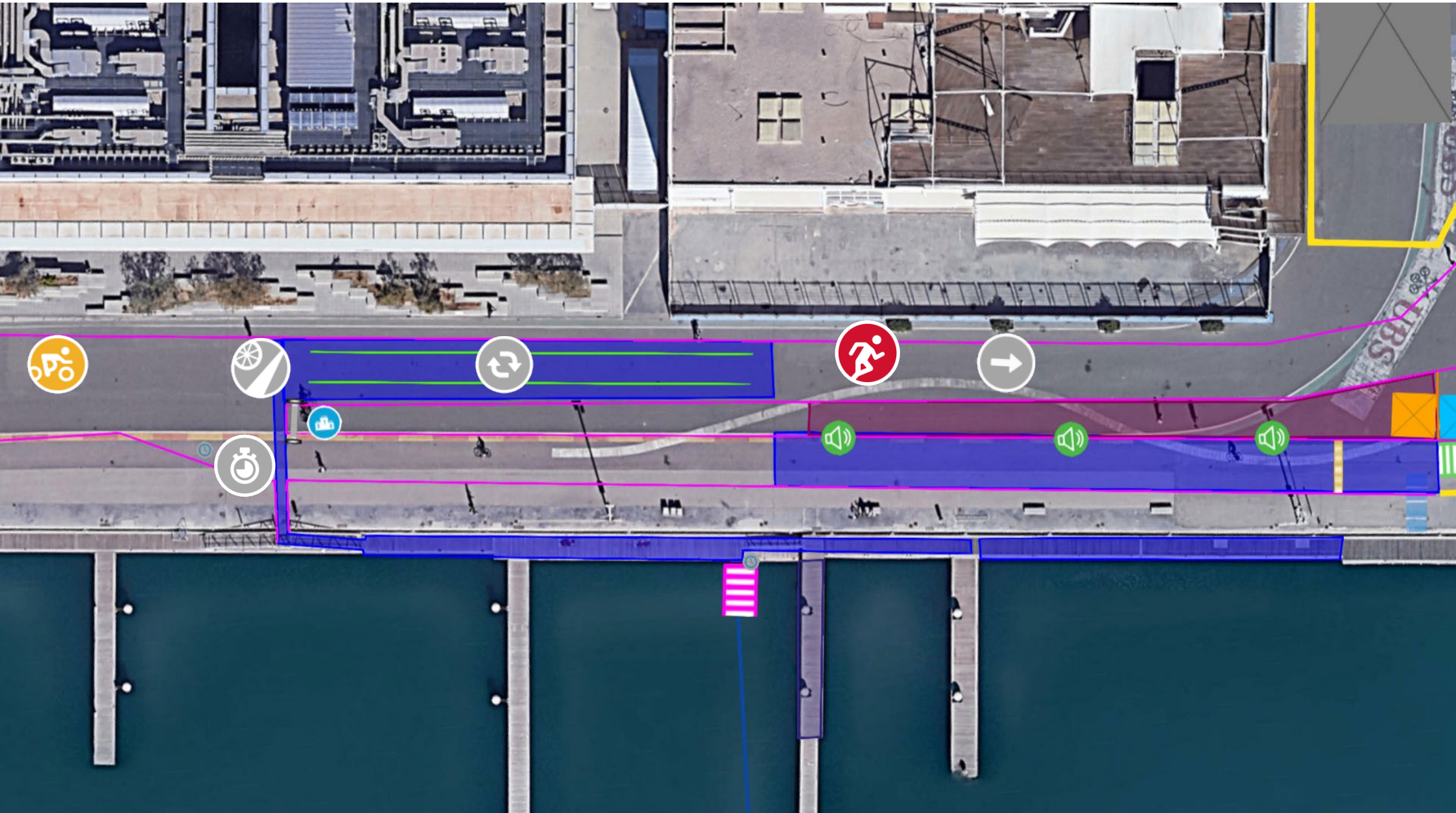
BIKE | 4 Laps x 4,8 km



Gráfico: min., media, máx. Elevación: 0, 2, 3 m
Total de intervalo: Distancia: 4,81 km | Incremento/pérdida de elevación: 46 m, -46 m | Pendiente máxima: 12,6%, -12,6% | Pendiente media: 1,4%, -1,4%



TRANSITION 2



RUN | 2 Laps x 2,5 km

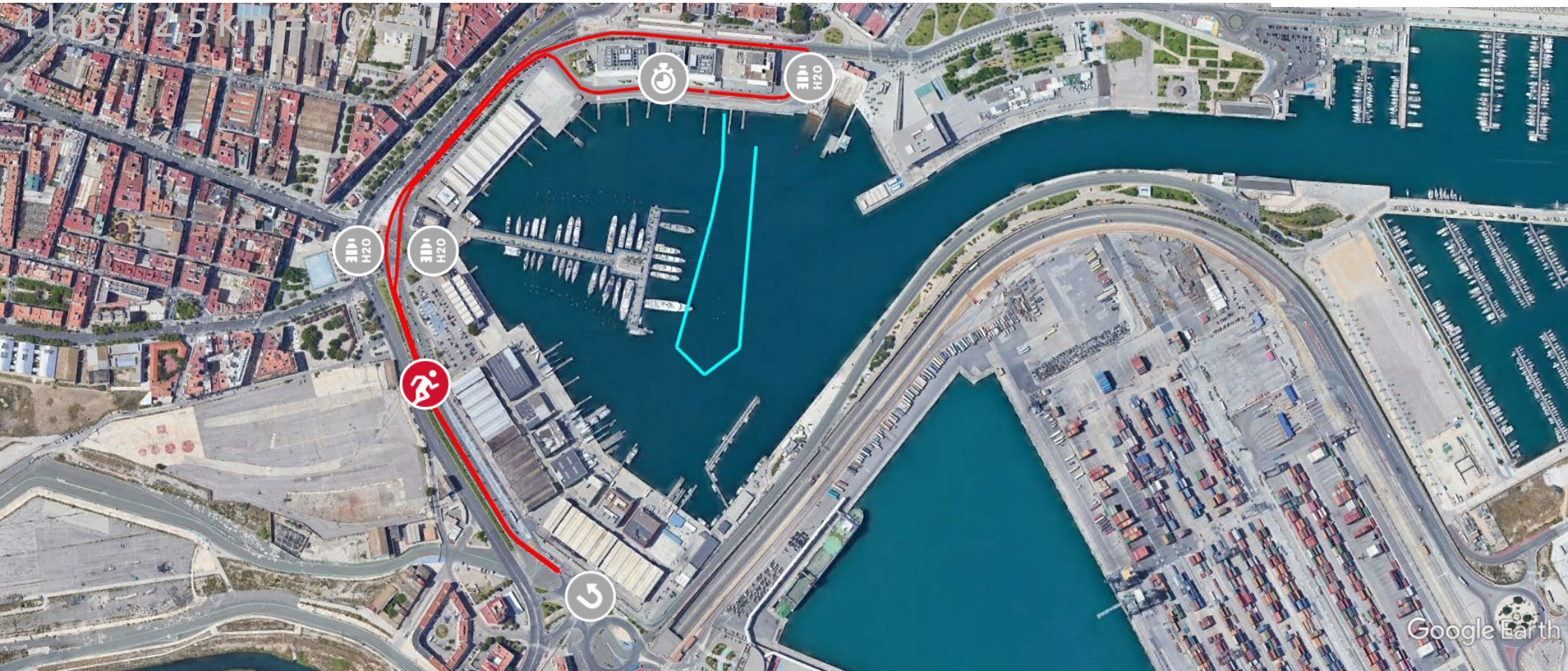
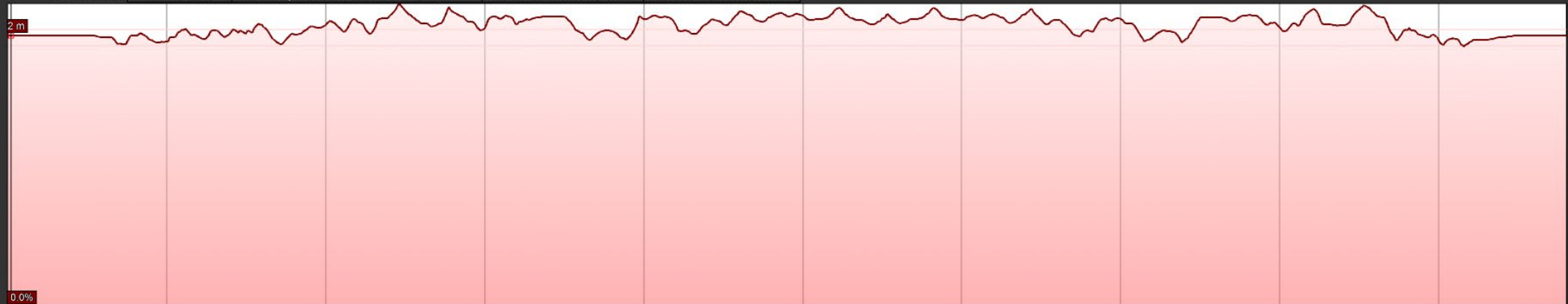


Gráfico: min., media, máx. Elevación: 1.2, 3 m
Total de intervalo: Distancia: 2.45 km Incremento/pérdida de elevación: 18.1 m, -18.2 m Pendiente máxima: 6.0%, -5.7% Pendiente media: 1.2%, -1.3%

3 m
2 m
1 m



0.0% 5.44 m 0.25 km 0.5 km 0.75 km 1 km 1.25 km 1.5 km 1.75 km 2 km 2.25 km 2.45 km