



Caorle
2022



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Athletes Guide



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1. GENERAL INFORMATION

1.1 INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

Please, considering that the regulatory situation, especially linked to travel, is constantly and rapidly evolving, Athletes and Coaches are invited to periodically check the information reported in the Athletes' Guide.

1.2 KEY DATES

The Race Venue will be located in Largo Portesin 5, Porto Santa Margherita, Caorle (VE). All services are easily reachable on foot.

Thursday, May 12 th		
14:00	19:00	Race package distribution (appointment will be made for each NFs)
		Junior Briefing (pre-recorder online via Zoom)
Friday, May 13 th		
09:00	09:30	Bike fam for junior and elite (2 escorted laps)
13:30	16:00	Athletes Lounge and Transition opening time for Junior Male
14.30	14.50	Bike fam for elite (2 escorted laps)
15:00		Junior Men - First wave
17:00	17:45	Athletes Lounge and Transition opening time for Junior Female
18:00		Junior Women - First wave
		Elite Briefing (pre-recorded online via Zoom)
Saturday, May 14 th		
12:00	13:45	Athletes Lounge and Transition opening time for Junior Final
14:00		Junior Women Final
15:00		Junior Men Final
15:15	16:15	Athletes Lounge and Transition opening time for Elite Women
16:30		Elite Women Start
17:30	18:15	Athletes Lounge and Transition opening time for Elite Men
18:30		Elite Men Start
		Mixed Team Relay Briefing (online via zoom)
Sunday, May 15 th		
8:00	9:30	Athletes Lounge and Transition opening time for Mixed Team Relay
9:20	9:40	Swim warm up
9:45		Mixed Team Relay Start
12.10		Mixed Team Relay Prize Ceremony

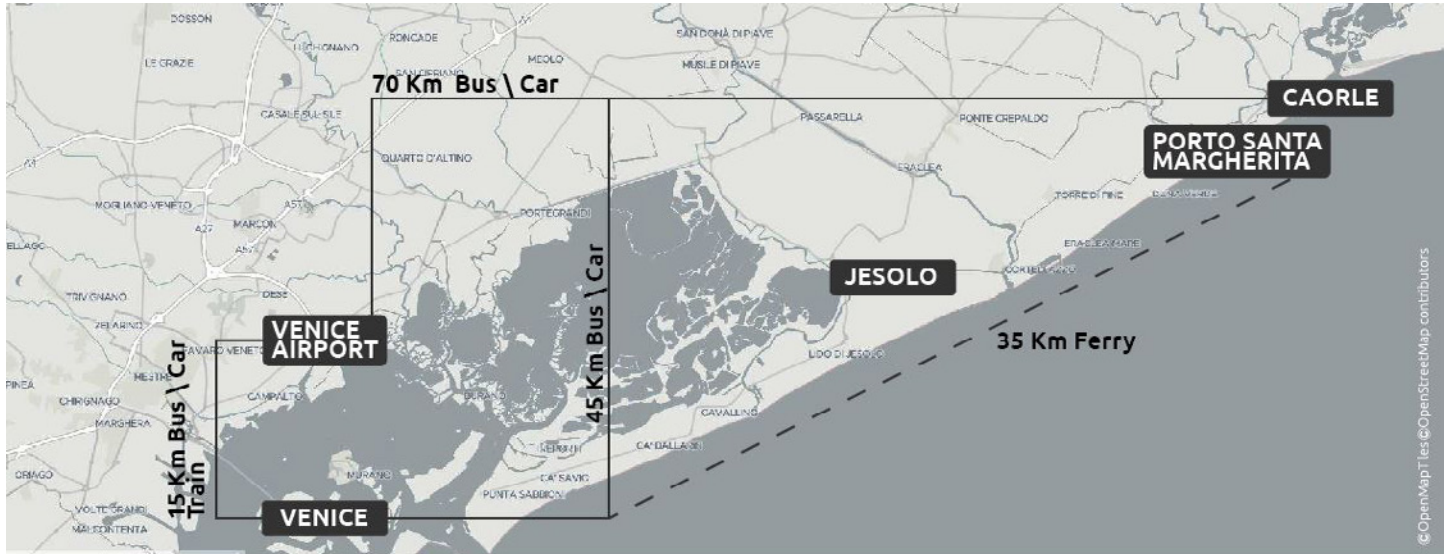
1.3 KEY CONTACTS

	Name	Email	Phone
LOC Event Manager	Francesco Fissore	etccaorle@silcaultralite.it	+39.3927930248
LOC Race Director	Mauro Miani	eventi@trevisomarathon.com	+39.3934339472
LOC Office Manager	Nicola Zanetti	etccaorle@silcaultralite.it	+39.3401628156
Technical Delegate	Marco Van Oostende	marco@oostende.nl	+31.630481542
LOC Media Manager	Francesca Dal Bo	francesca.dalbo@silca.it	
LOC Chairman	Aldo Zanetti	aldo.zanetti@silca.it	
Europe Triathlon Office		etu_hq@etu.triathlon.org	+32.478825456

1.4 CONTACT DETAILS

Silca Ultralite Triathlon ASD
Mail: etccaorle@silcaultralite.it
Phone: +39.0438.1918104
Mob + 39.3927930248 / +39.3401628156

2. VENUE



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2.1 COURSE FAMILIARIZATION

Bike familiarization for elite and junior will take place on **Friday 13th at 09:00**. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be escorted for two laps.

A second **bike familiarization only for elite** athletes will take place on **Friday 13th at 14:30**. Meeting point at Transition Area (Largo Portesin 5, Caorle). Athletes will be escorted for two laps.

Swim familiarization will take place on Friday 14th at 09:30. Meeting point at Transition Area (Largo Portesin 5, Caorle).

2.2 ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Corso Venezia, 100m from the Transition Area. It will provide toilets, water and energy drinks. Bike mechanic service will be also provided, during opening hours. Massage service will not be provided.

A recovery zone will be placed close to the finish area.

2.3 ELITE AND JUNIOR ATHLETE'S RACE PACKAGE

Race package will be distributed Thursday 12th from 14.00 to 19.00 and Friday 13th from 08:30 till 12:30. A time slot will be assigned to each NFs.

A detailed schedule will be published as soon as possible and could be subjected to last minute changes.

2.4 DOPING CONTROL

Doping Control Office will be located by the Swimming Pool, in via delle Rondini 20/N, Caorle (700m from Transition Area).

Doping tests will be conducted according to WT/WADA rules. Athletes must carry their ID documents to the doping control facilities.

2.5 SECURITY

Security Service will be provided during the competition in the Athletes Lounge, Transition Area and FOP.

2.6 LOC OFFICE

TBC

3. ACCOMMODATION

The LOC has agreed some special rates at some identified hotels and apartments (from 2 to 4 stars). If you need information about accommodation please write at etccaorle@silcaultralite.it and we will support you to find the best offer.

Local transfer and transport from and to the airport will be guaranteed only from and to the official hotels.

4. TRANSFER AND TRANSPORT

The main airports to reach Caorle are:

- [Aeroporto Marco Polo, Venice \(VCE\)](#), 52Km
- [Aeroporto Antonio Canova, Treviso \(TSF\)](#), 61Km
- [Aeroporto Friuli Venezia Giulia, Trieste \(TRS\)](#), 90Km

Transfer service will be organised for athletes, NFs, coaches and staff from Aeroporto Marco Polo, Venice, Thursday 12th and Friday 13th before the race, and Sunday 16th and Monday 17th after the race.

The price for one ticket is 15€ (per person/one way, 20€ per person/round trip).

Transfer before Thursday 12th and after Monday 18th can be organised but could have different rates.

Athletes and NFs who are planning to use transfer service are kindly invited to write to etccaorle@silcaultralite.it no later than Friday, April 29th. NFs or groups who want to have a private shuttle please write to etccaorle@silcaultralite.it

Public Local Transportation connects Venezia and Treviso Airports to Caorle (<https://www.atvo.it/it-servizio-aeroporti.html>) by bus.

Local transfer (from hotels to race venue and viceversa) and transport from and to the airport will be guaranteed only from and to official hotels.

5. ATHELETE'S SERVICES

5.1 TRAINING FACILITIES

SWIM

Swimming pool lines will be available for training by Caorle Nuoto & Wellness (Via delle Rondini, 20N 1, Caorle). Timetable and availability will be published as soon as possible.

BIKE

Safe bike locations.

Bike 40Km course ([click here to download .gpx file](#)).

Bike 31Km course ([click here to download .gpx file](#)).

RUN

Athletics track is available free of charge, to make your reservation please write an email to etccaorle@silcaultralite.it.

10Km course ([click here to download .gpx file](#)).

5Km course ([click here to download .gpx file](#)).

5.2 MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions, before, during and after (1h) the race.

There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital.

A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should have their appropriate medical insurance.

Reparto di pronto soccorso Caorle (First Aid)

Address: via Riva dei Bragozzi 138, 30021 Caorle (Venezia). Phone: 0421 219815

Azienda Unità Locale Socio Sanitaria N.10 Veneto Orientale

Address: viale M. Buonarroti 2, 30021 Caorle (Venezia). Phone: 0421 81708

San Donà di Piave Hospital - ULSS4 Veneto Orientale

Address: via Nazario Sauro 25, 30027 San Donà di Piave (Venezia). Phone: 0421 227111

5.3 BIKE MECHANICAL SERVICE

Details will be soon available.

6. COMPETITION SCHEDULE

Thursday, May 12 th		
14:00	19:00	Race package distribution (appointment will be made for each NFs)
		Junior Briefing (pre-recorder online via Zoom)
Friday, May 13 th		
09:00	09:30	Bike fam for junior and elite (2 escorted laps)
09:30	10:30	Swim fam for junior and elite
13:30	16:00	Athletes Lounge and Transition opening time for Junior Male
14:20	14:40	Swim warm up
14:45		Transition Area closure
14:30	14:50	Bike fam for elite (2 escorted laps)
15:00		Junior Men - First wave
16:00		Junior Men - Second wave
17:00		Junior Men - Third Wave
17:00	17:45	Athletes Lounge and Transition opening time for Junior Female
17:20	17:40	Swim warm up
17:45		Transition Area closure
18:00		Junior Women - First wave
19:00		Junior Women - Second wave
20:00		End of competition day
		Elite Briefing (pre-recorded online via Zoom)
Saturday, May 14 th		
12:00	13:45	Athletes Lounge and Transition opening time for Junior Final
13:20	13:40	Swim warm up
14:00		Junior Women Final
15:00		Junior Men Final
15:30		Junior Prize Ceremony
15:15	16:15	Athletes Lounge and Transition opening time for Elite Women
15:50	16:10	Swim Warm Up
16:30		Elite Women Start
17:30	18:15	Athletes Lounge and Transition opening time for Elite Men
17:50	18:10	Swim warm up
18:30		Elite Men Start
19:45		Elite Prize Ceremony
19:00	20:00	Mixed Team Relay package distribution
		Mixed Team Relay Briefing (online via zoom)

Sunday, May 15 th		
8:00	9:30	Athletes Lounge and Transition opening time for Mixed Team Relay
9:20	9:40	Swim warm up
9:45		Mixed Team Relay Start
12.10		Mixed Team Relay Prize Ceremony
12.00		Open Sprint Race - Women Start
14.00		Open Sprint Race - Men first wave Start

6.1 COMPETITION RULES

The event follows the latest published Competitions Rules of World Triathlon.

6.2 ATHLETE'S BRIEFING

At current date the briefing will be Pre-recorded and made available at the following URLs:

- Elite races
- Junior races
- Mixed Team Relay

6.3 TIMING CHIPS

On race day athletes will be given a timing chip, to be worn on the athletes' left ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.4 RESULTS

Results will be uploaded live at the World Triathlon official website www.competitions.org.

Live streaming will be available on LOC's official [Youtube channel](#).

All the Results information will be distributed to the Team Leaders at the Information Centre.

6.5 PROTEST & APPEALS

Standard procedures will be followed according to the World Triathlon Competition Rules.

7. ACCREDITATION

The LOC will provide all the Organising Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Accreditation will be distributed during the Race Package distribution.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

8. COURSE MAPS



SWIM COURSE

Start procedures: beach start.

Number of laps: 1 (SuperSprint and Mixed Team Relay 300m, Sprint 750m)

Average water temperature: 18°/19°C in May



TRANSITION 1

SuperSprint and Mixed Team Relay: metal tube racks will be used for individual qualification and MTR. individual racks for the Finals.

Sprint: individual racks.

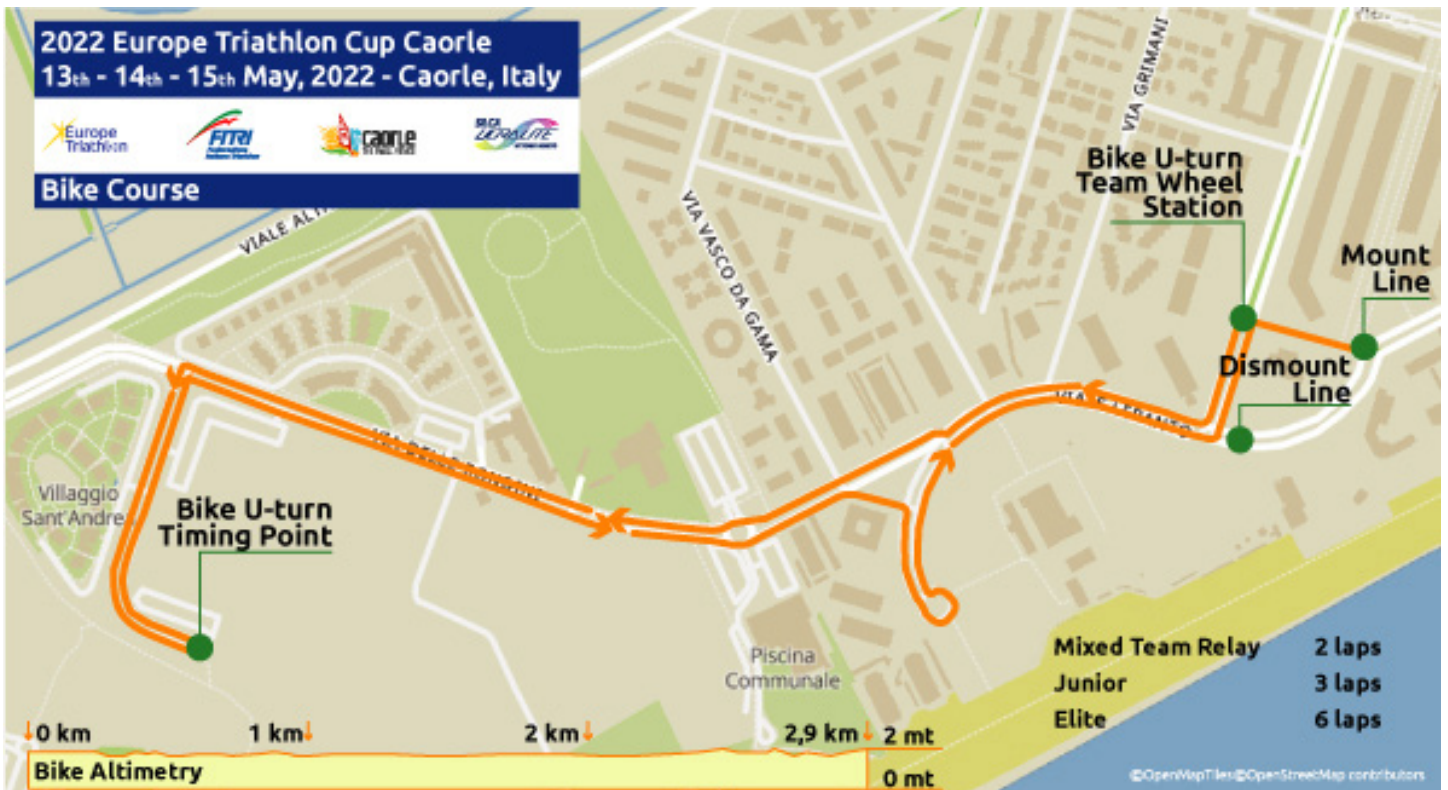
Athletes will run approximately 120m from the swim exit to the TA.

BIKE COURSE

Bike course will be on asphalt, completely flat, turning and roundabout will create technical sections, a u-turn at the end of each lap.

Number of laps

- Mixed Team Relay: 2 laps
- SuperSprint: 3 laps
- Sprint: 6 laps



TRANSITION 2

From the dismount line, athletes will run straight into Transition Area. Running shoes may be placed beside the rack or in the bin.

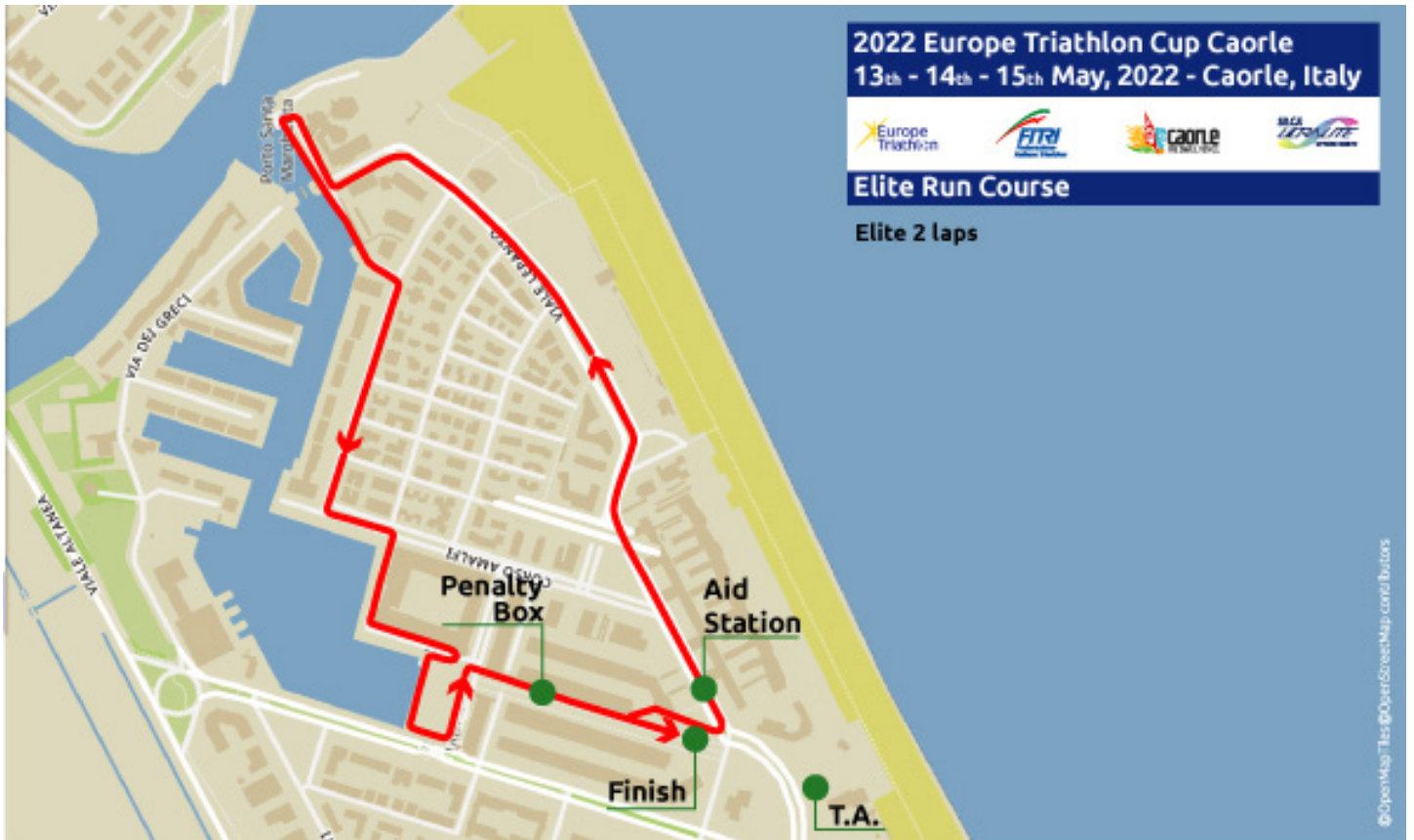
RUN COURSE

Running course will be flat, on asphalt.

Number of laps

- Mixed Team Relay: 1 lap (1,5Km)
- SuperSprint: 1 lap (1,9Km)
- Sprint: 2 laps





9. COVID-19 MEASUREMENTS FOR ATHLETES AND COACHES

9.1 TRAVEL

For arrival into **ITALY** please check the most up to date information here:

<https://www.salute.gov.it/portale/nuovocoronavirus/dettaglioContenutiNuovoCoronavirus.jsp?lingua=english&id=5412&area=nuovoCoronavirus&menu=vuoto>

If you require additional help please contact etccaorole@silcaultralite.com.

9.2 AIRPORT TRANSFER

Anyone using the shuttles provided by the LOC must be informed that the use of a mask and face covering is mandatory. Everyone needs to disinfect their hands before entering the bus.

9.3 TRAINING SITES

Athletes are recommended to keep distance during running sessions and during their session in the swimming pool.

9.4 TESTING PROTOCOL AND HEALTH SCREENING

All individuals (except for the LOC, its volunteers and contractors) applying for an accreditation to World Triathlon and Continental Triathlon events must respect the following conditions:

- Fill in the online pre-event questionnaire through the World Triathlon website.
- Perform an Antigenic or PCR swap pre- travel test 72 hours before the athletes' travel to the event or no later than 6 days before the event for local athletes/team support and NTOs. Tests that must currently be taken to gain entry to a country are valid as pre-travel tests
- Additionally to this, all elite/u23and juniors must submit a pre-travel medical certificate according to the requirements above
- Finally all elite/u23, coaches, team medical and support NF personnel must perform an Antigenic pre-race test at the arrival in the hosting city. In case of a positive result, a PCR swab test must follow. Time and place for these tests will be determined by the LOC.
- All the specific measures can be found in the table below:

Categories	Pre-event questionnaire	Process before traveling	Medical certificate before travelling	COVID-19 test at event	Daily health screening
Elite athletes	in case of stand alone event only	respect the travel regulations set by the host country	follow public health or World Triathlon request	in case of stand alone event only	yes
U23 athletes					yes
Junior athletes					yes
Coaches/team medical/ support NF personnel					yes
TDs/ITOs/NTOs					yes
IF Staff					yes
LOC/Contractors	Follow public health request			Follow public health request	yes

A detailed schedule will be published as soon as possible and could be subjected to last minute changes.

9.5 HEALTH SCREENING

Temperature checks will be performed every time the athletes and coaches are on site, including at the times of the athletes' package distribution and familiarizations. Temperature above 38°C will be reported to the RMD/MD.

9.6 COMPETITION ACTIVITIES

- A. The mask should be worn until the last minute before athletes' introduction. Please make sure that you will wear your mask after the warm-up.
- B. Wheel stations:
- At the team wheel station, the volunteers and TOs present at that location must not have any contact with the team wheels. The team representatives are responsible for disinfecting the wheels prior to depositing them at the wheel station. An athlete in need of a spare wheel will be directed by the TO to the proper wheel which can be picked up by the athlete.
 - The wheel that is left behind by the athlete will be disinfected by the TO before being deposited at the station.
 - Technical officials will wear masks/mouth-nose face covering and rubber/disposable gloves.
- C. Finish Area
- Timing chip removal must be done by the athlete, who must deposit the timing chip to a specific bin close to the exit of the post-finish area.
 - Medalist photo at the post-finish area is not allowed.
 - All recovery stations will be self-served.
 - Food provided will be individually wrapped.
 - Massage facilities will not be provided.
 - Athletes must avoid lying or sitting down on the blue carpet (without any medical need/problems). A minimum number of volunteers will be available to support the athletes and make sure that the athletes are not congregating at the post finish area. These volunteers will wear rubber/disposable gloves and masks/mouth-nose face covering.
 - Masks will be distributed to the athletes to wear at their earliest convenience.
- D. Medal Ceremonies
- Medal ceremonies will be performed according to the COVID-19 guidelines for medal ceremonies that can be found on the [World Triathlon COVID-19 Guidelines for Event Organisers](#).

9.7 SPECTATORS ACCESS

The event will be open to spectators. Non-accredited persons can watch the event from the spectator's areas.

9.8 FACILITIES DISINFECTION

All facilities used by the athletes will be cleaned and disinfected by the LOC throughout the day.

We would like to thank you for participating and wish you all good luck for the race.

LOC