# National Federation Services & Development

28 November 2020 | 14:00 CET





### Zoom Multilingual (



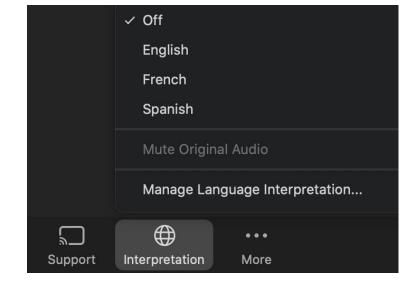


- There will be translation channels available within Zoom.
- Translations will be provided in English, Spanish and French.
- Translator will be at 80% volume with original audio at 20% volume in order to hear speaker's tone.







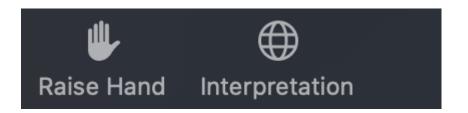






### How to ask questions





- 1. Raise Hand
- 2. World Triathlon Moderators will alert the Meeting Chair.
- 3. The Meeting Chair can give you the floor.
- 4. Click Unmute to Speak.

For any questions that are not answered during the meeting please send them at <a href="mailto:congress@triathlon.org">congress@triathlon.org</a>



### Participant identification in Zoom



1. In order for us to be able to identify all participants correctly, ideally your name is entered

#### COUNTRYCODE\_Firstname\_LASTNAME

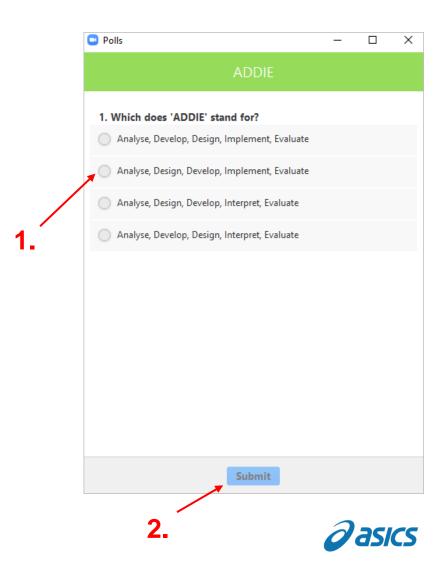
- 1. We will pre-populate Zoom with your data, but it might happen that you appear differently.
- 2. Zoom webinar does not allow attendees view the attendee list. A roll call of attendees will be read by the Credentials Committee.



### **Development Poll**



- 1. This will be an interactive session with some interesting fact questions and quick opinion surveys.
- 2. We will be using anonymous Zoom Polls for interactivity.
- 3. Whenever a question is displayed, please make your choice and click "Submit" at the bottom of the poll window.
- 4. Poll results will be displayed once a poll is closed.



# Welcome & Introductions







### **Panelists**

**MARISOL CASADO** 

| PRESIDENT

**ANTONIO F. ARIMANY** 

| SECRETARY GENERAL

**ADRIENNE PROSEILO** 

| HEAD OF AFL

**ZITA CSOVELYAK** 

| HEAD OF NF SERVICES & DEVELOPMENT



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World Triathlon Development Overview 2017-2020





### Development Budget (2017-2020)



#### World Triathlon is investing over 1.3 million USD a year in development activities.

	2017	2018	2019	2020	Tokyo Olympic Cycle (2017-2020)
Africa	\$ 200.000,00	\$ 200.000,00	\$ 200.000,00	\$ 200.000,00	\$ 800.000,00
America	\$ 200.000,00	\$ 200.000,00	\$ 200.000,00	\$ 200.000,00	\$ 800.000,00
Asia	\$ 160.000,00	\$ 160.000,00	\$ 200.000,00	\$ 200.000,00	\$ 720.000,00
Europe	\$ 160.000,00	\$ 160.000,00	\$ 160.000,00	\$ 160.000,00	\$ 640.000,00
Oceania	\$ 160.000,00	\$ 160.000,00	\$ 160.000,00	\$ 160.000,00	\$ 640.000,00
<b>World Triathlon</b>	\$ 435.000,00	\$ 468.000,00	\$ 505.000,00	\$ 519.000,00	\$ 1.927.000,00
Total	\$1.315.000,00	\$1.348.000,00	\$ 1.425.000,00	\$1.439.000,00	\$ 5.527.000,00











### Development Milestones (2017-2020)

World Triathlon

- ASICS became a Global Development Partner of World Triathlon: ASICS World Triathlon Team
- Certification Revalidation of Coaches (CRoC)
- French Triathlon Federation FRATRI Africa Project (ongoing) & translations

- Online Development
- Athlete Development Resources
- Mentorship Programme
- NF Development Guidelines
- Event guidelines for young athletes









#### 2017

- Coach Education Partnership Programme (CEPP)
- Accredited Coaches` Education Programme (ACEP)
- Launched the World Triathlon National Federation Survey
- Coaching Education joint programme with Triathlon Korea & KSOC (3 years)
- British Triathlon UK Sport Caribbean Project (2 years)

#### 2019

- Introduced the National Federation Assessment Report
- TO Education Advisory Group
- Launched the new Technical Officials Certification System (post Tokyo Olympic Games)
- Introduced gender quota requirements across all development projects
- Renewal of the Transfer of Knowledge Programme
- Athletes' Projects Reporting System on the Education Hub
- Women's Sport Leadership Academy for High Performance Coaches (WSLA HPC)



### Development Projects (2017-2020)











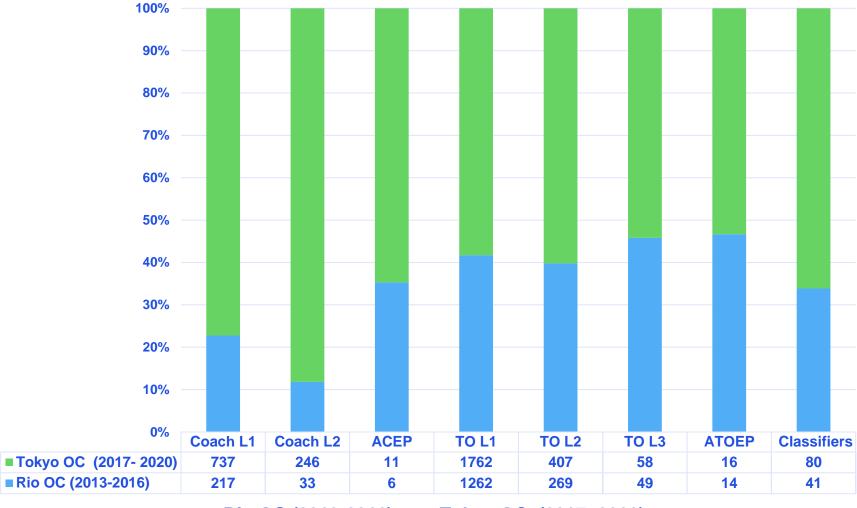


	2017	2018	2019	2020
<b>Technical Officials</b>	56	61	61	44
Para triathlon	19	23	20	0
Activators	3	0	1	0
Coaches	10	22	17	27
Athletes	26	24	27	3
Facilitators	1	0	0	0
Mentors				3
Total	115	133	126	77
<b>Grand Total</b>				451





### Certification Comparison Rio vs Tokyo Olympic Cycle



■ Rio OC (2013-2016) ■ Tokyo OC (2017- 2020)



### **ASICS World Triathlon Team**



- Provide support, resources and expertise to athletes from Group 2-3 National Federations with the potential to qualify for the Tokyo 2020 Olympic Games through Olympic Ranking or "New Flag" or IOC Tripartite Commission Invitation or IOC Refugee Programme
- Looking after young talent, facilitating their athlete careers from junior to elite, aiming for the Paris 2024 Olympic Games and beyond
- Projects are held in conjunction with World Cup events (3-5 events / year)
- Gender consideration in selection: 50 % female (5 men & 5 women)
- Support for **two** (2) **Olympic Cycles:** 1st-2nd year: **observation & pre-selection**, 3rd year: **bigger pool**, more given opportunity, 4th year: performance-based selection, **strict focus on qualification**
- **Current pool: 23 athletes** representing **16 nations** from **4 continents** managed by 3 head coaches











### 2020: All about moving **ONLINE**



Implement
new
approaches
by increasing
online
resources

Secure onsite development activities if possible

Management of suspended development projects



### 2020: All about moving **ONLINE**



Implement new approaches by increasing online resources

- COVID-19 Guidelines
- Open resources to All: Mental health considerations by Dr. Debbie Alexander,
   Quizzes, Vlog
- Coffee Talks on Instagram by Vicent Beltran
- Athletes Weekly Tips by Emma Carney
- Webinars
- Online Courses

Mentorship Programme (tracking app) Physiology of Triathlon

Coaches Level 1 Spanish Online Course

- L1 & L2 revalidation courses for coaches & Technical Officials have been online\* since their introduction



#### https://education.triathlon.org/ Education Hub













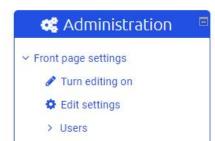




Advanced search

#### 🔳 Safeguarding & anti- 🖺 harassment





#### Welcome to the World Triathlon Education Hub



Welcome to the World Triathlon's official e-learning education hub. This resource hub holds education and learning materials for individuals and member National Federations enrolled onto official World Triathlon education programmes. If you are returning to this website, please login using the username and password issued.

> **Access Open Content Including COVID-19**

Coaches

**Technical Officials** 

**Triathletes** 

National Federations

Activators

**Facilitators** (under development)

Mentors/Mentees

Conferences

### Evolution of the Education Hub (2014 - 2019)



С

C: Coaches L2 (English)

C: Coaches L1 (Spanish)

C: Science + Triathlon Conferences (archive)

TO: Technical Officials L1 Revalidation

Online (English)

**AC:** Activator (English)

C: Coaches L1 & L2 Online

Revalidation (English)

C: CEPP - Ireland Coaches L2

TO: Technical Officials L1

Revalidation Online (Spanish)

F: Facilitators (English)

AC

TO





2016





2018



F

2014

C: Coaches L1 (English)

2017

C: CEPP - Ireland Coaches L1

**AC:** Activator (French)

2019

C: Coaches L2 (Spanish)

TO: Technical Officials L2

Revalidation Online (English)

A: Athlete Development Camps

Administration (English)

A: ASICS World Triathlon Team

Reporting (English)



## Evolution of the Education Hub (2020 -) 2020



2021





C: Coaches L1 & L2 Revalidation (Spanish)

C: Coaches L1 Online Course (Spanish)

C: Athlete Development Model (English)

C: Physiology of Triathlon Online Course (English, Spanish)

– open to ALL

A: Athlete Resources (English)

A: Athletes Weekly Tips by Emma Carney (English, Spanish)

M: Mentorship Programme - Mentors & Mentees (English)

NF: National Federations Development Guidelines: Athlete Development Model, Safeguarding Policy, Triathlon School Programme, Good Governance

ALL: Webinars: Coaches, Technical Officials & Event Organizers, Athletes (English, Spanish)

**ALL:** Open Resources (COVID-19 pandemic & beyond)

C: Coaches L1 & L2 Revalidation (French)

C: Coaches L3

C: CEPP implementation in the Caribbean Region

**C&TO:** L1 & L2 Curriculum based online education development for Coaches & Technical Officials

A: Athlete Resources to be completed

P: Para triathlon Coaching

P: Para triathon National Championship Guidelines

NF: National Federations Development Guidelines:

Youth & Junior Development Communication & Marketing Administration Management



















Over 6 Years

More than 2500 Active Individual Users
from 141 National Federations

### 2020: Secure development projects



- 15 projects including camps (Asia, Africa), a continental team event (Europe), Coaches' and Technical Officials' courses
- Olympic Solidarity granted projects:
   Nicaragua, Thailand, Turkey (coaches),
   Guatemala (DNSS) considering 2020
   as last year of the Olympic Quadrennial
- Various responses to the COVID-19 pandemic by the Continental Confederations

Secure onsite development activities if possible



### 2020: Suspended projects management



Management of suspended development projects

- ASICS World Triathlon Team pending on restart of the Olympic Qualification (World Triathlon Athlete Scholarship)
- Athlete Resources to be linked with Continental Camps – postponed
- Para triathlon Coaching Education postponed
- EB decision: Technical Officials can keep their current qualification status till the end of 2020
- Implementation of new TO Education system postponed to 2022
- Cancelled Olympic Solidarity projects: Barbados,
   Belarus, Iran, Kyrgyzstan (DNSS) reapplication
   process required online learning
- Mentorship Programme moved online
- Women's Sport Leadership Academy for High Performance Coaches (WSLA HPC) – moved online too



World Triathlon
Development
2021 & beyond





### 2021 & Beyond



Working on strategic goals completion

Increase
National
Federations
participation

Continue implementing new approaches & contents

Seeking sustainable solutions



### **IOC Olympic Solidarity**

- New Olympic Quadrennial (2021-2024) starts in January
- New Olympic Solidarity Plan (2021-2024) to be launched online on 4<sup>th</sup> January 2021
- Be in touch with your National Olympic Committee
- Olympic Solidarity is collaborating with World Triathlon to carry out the below programmes:

Technical
Courses for
Coaches

Olympic Solidarity Scholarships for Athletes Olympic Solidarity Scholarships for Coaches Development of National Sports
System





## National Federation Services





### **National Federation Services**



Administration

Governance

National Federations

Communication

Education









### The National Federation Survey



- Assessment tool
- Increase engagement
- Identifying needs
- Resource allocation
- Driving education
- Global standards and benchmarking
- Strategic planning
- Tracking, monitoring and measuring development

- Checking return on investment

Value of Data

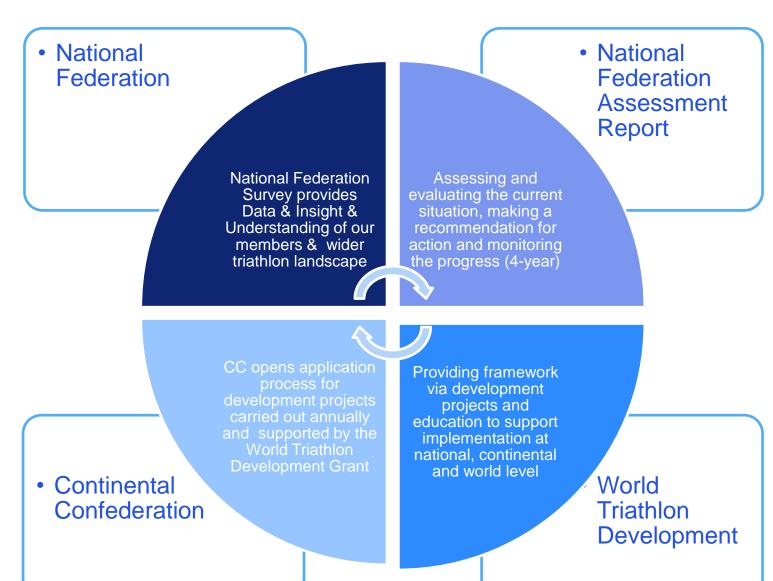
Insight of our members

Connect directly with

**Strategy** 

### How do we all benefit from the NF Survey?









### **National Federation Survey 2019**



- 3<sup>rd</sup> edition of the National Federation Survey (2017, 2018, 2019, 2020)
- New, easy-to-use survey with pre-filled basic NF data (SurveyGizmo)
- NF Survey became Annual Report (World Triathlon Constitutional Requirement)
- Updated scoring system & KPIs:
  - Introduction of two new KPIs: Safeguarding & Sustainability
- Increasing the number (and therefore the weight) of historical data to reinforce the objectivity and accountability of the scoring system
- Separating the most populated **Group** 3 into **3B** and **3A**.



### **National Federation Survey 2019**

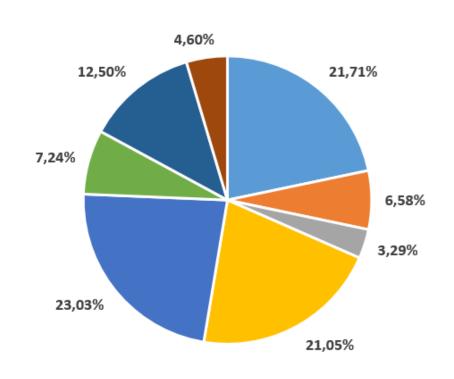


- Two of the **five mandatory KPIs** for **Group 5** recognition are also updated:
  - minimum 25 % female participation in the Executive Board (was 20 % previously),
  - having qualified for the latest Paralympic Games
- We have started to set up **minimum requirements** for all groups as part of the **National Federation Development Pathway** introduction in the near future.
- Updated & more detailed National Federation Assessment Reports

### **Indicators**



Area	Number of indicators	Relative weight of indicators	
Administration, Management & Governance	33	21,71 %	
Gender Equity	10	6,58 %	
Anti-Doping	5	3,29 %	
Development <sup>1</sup>	32	21,05 %	
Athletes <sup>2</sup>	35	23,03 %	
Coaches	11	7,24 %	
Technical Officials & Events	19	12,50 %	
Marketing, Media, Communication	7	4,60 %	
	<b>152</b> û2³	100 %	





<sup>&</sup>lt;sup>1</sup> Youth, Junior and U23 data is included under Development

<sup>&</sup>lt;sup>2</sup> Elite and Age Group athlete data is included under Athletes.

<sup>&</sup>lt;sup>3</sup> Two new KPIs are Sustainability and Safeguarding.

## Two **METHODS** of data collection



National Federation Survey in 3 languages (English, Spanish, French) in new online form (SurveyGizmo)

- Self declaration
- Trust
- Interpretation issues

87 indicators (57,2 %)

World Triathlon Data
Collection (various
databases and the
backend)

- Hard facts
- Objectivity

65 indicators (42,8 %)



## National Federation PARTICIPATION





## National Federation PARTICIPATION



Continental Confederation	Number of NFs	Number of participants	Relative participation			
ASIA TRIATHLON⁴	35	32 1 1 1	91,43 %			
AFRICA TRIATHLON	37	30 16	81,08 %			
EUROPE TRIATHLON⁵	46	45 <u>û</u> 1	97,83 %			
OCEANIA TRIATHLON	14	12 12	85,71 %			
AMERICAS TRIATHLON	40	34 <mark>↓1</mark> 2	85,00 %			
TOTAL	172	<b>153</b>	88,95 %			



<sup>&</sup>lt;sup>4</sup> Myanmar (did not participate) and Pakistan (did not participate) are suspended by World Triathlon.

<sup>&</sup>lt;sup>5</sup> Gibraltar and Andorra are not affiliated to ETU.

## National Federation **GROUPS**



NF Group		Description							
0		Non-affiliated or outdated affiliation or non-active National Federation.							
1		Established National Federation.							
2		Established and functioning National Federation with a long-term Strategic Plan, hosting a triathlon or multisport National Championships minimum in every second year.							
2	В	Well established and functioning NF with Grassroots Development, Youth Continental Event participation and hosting triathlon and multisport National Championships on an annual basis.							
3	А	Well established and functioning NFs with <b>Development Programs</b> , <b>Youth</b> , <b>Junior and U23</b> Continental Event participation and hosting various triathlon, multisport and team relay National Championships.							
4	!	Developed NF, Structured Education Program, Continental Class Athletes in all ages and hosting a Paratriathlon National Championships.							
5		Developed with High Performance Programmes, World Class Athletes, World Triathlon Accredited Education Systems, High Gender Equity, World Triathlon Sanctioned Event Hosting.							



### National Federation **GROUPS**



Continental	Continental Confederation  Group 0 NFs		Group 1 Group 2 NFs NFs				Group 3 NFs				Group 4 NFs		Group 5	
Confederation					В		Α	0.0	Croup 4 111 6		NFs			
ASIA	0	0,00 %	3	8,57%	3	8,57 %	11	31,43%	13	37,14 %	5	14,29 %	0	0,00 %
AFRICA	7	18,92 %	0	0,00 %	8	21,62 %	11	29,73 %	10	27,03 %	1	2,70 %	0	0,00 %
EUROPE	1	2,17 %	0	0,00 %	4	8,69 %	8	17,39 %	16	34,78 %	15	32,61 %	2	4,35 %
OCEANIA	1	7,14 %	1	7,14 %	7	50,00 %	3	21,43 %	0	0,00 %	1	7,14 %	1	7,14 %
<b>AMERICAS</b>	4	10,00 %	2	5,00 %	10	25,00 %	7	17,50 %	11	27,50 %	5	12,50 %	1	2,50 %
TOTAL / AVERAGE % 2019	13	7,56 %	6	3,49 %	32	18,60 %	40	23,26 %	50	29,07 %	27	15,70 %	4	2,33 %
TOTAL / AVERAGE %			24	14,03 %	43	25,15 %		74	4	13,27 %	25	14,62 %	5	2,92 %

**Development Support** 



2018

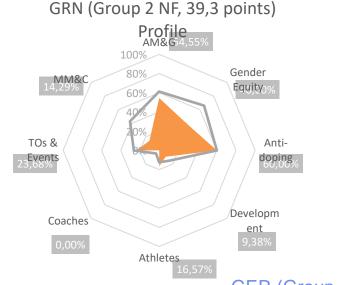
### National Federation PROFILE DIAGRAMS

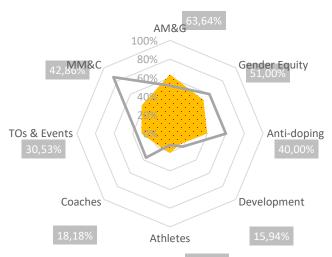


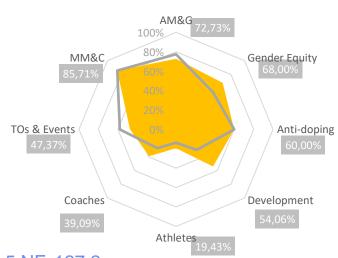
MGL (Group 3B NF, 51,3 points)

Profile

ZIM (Group 3A NF, 77,2 points)
Profile

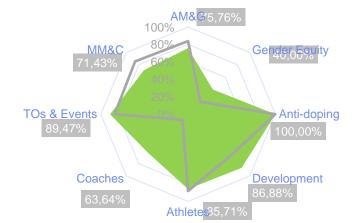


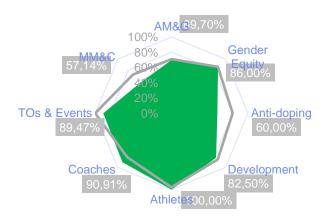




GER (Group 4 NF, 121 points)
Profile

AUS (Group 5 NF, 127,2 points) Profile



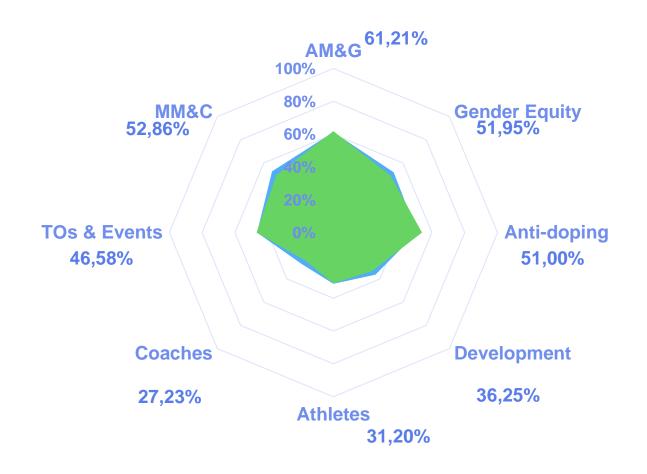




## **World Profile Diagram**



#### **World Profile (Group 3A, 61,1 points)**







## **National Federation Survey: Next steps**



- National Federations' profile has been updated with the NF Group on triathlon.org
- National Federation Survey 2019 report will be posted on triathlon.org/development
- Face To Face Meetings to be continued
- 2020 NF Survey is coming early 2021
- Need of formalised education on Good Governance & Administration
- National Federation Development Pathway to be finalized
- Development Strategy Proposal for the next Strategic Plan (2022-2025)



# "Grow Triathlon Globally Build Legacy Locally"



- We respect that each and every National Federation is unique.
- We create and develop a **framework** that supports and enriches local implementation at the level of our member National Federations.
- Our goal is to build adaptable development programs that uphold our NF's purpose, leverage its strengths, and work from the bottom up.
- We are committed to making a difference globally and locally.
- We together identify growth opportunities.
- We're driven by giving back.

Our National Federations' success is our legacy!





## Thank you

All NATIONAL FEDERATIONS & 5 CONTINENTAL CONFEDERATIONS ALL OUR FACILITATORS, COACHES, TECHNICAL OFFICIALS & MENTORS.

Special thank you to British Triathlon & UK Sport, French Triathlon Federation and FRATRI, Korean Triathlon Federation, Triathlon Ireland, Mexican triathlon Federation for their partnership in various development projects.

To our colleagues at NF Services & Development Department:

Adrienne Proseilo, Alfredo Sanchez, Istvan Jankov, Jeanne Courbe, Laura Blackwell Paola Turconi, Rolf Ebeling, Zita Csovelyak

To all project-based development contractors

Dave Foord, Emma Carney, Francesco Fissore, James Jolly, Vicent Beltran and the World Triathlon Executive Board and the entire Staff.





## Schedule of XXXIII World Triathlon Congress



11:00 CET FRATRI Congress 14:00 CET National Federation Services & Development Meeting 20:00 CET Americas Triathlon General Assembly

Saturday, November 28





Sunday, November 29

08:00 CET Asia Triathlon Meeting 10:00 CET Europe Triathlon Meeting 10:00 CET Africa Triathlon Meeting 14:00 CET World Triathlon Congress

All Meetings form part of Congress and attendance from Members is required.

## Thank you



**asics**