

Medical and Anti-Doping Committee Meeting Minutes

January 24th, 2022 – Zoom

Participants:

- Dr. Sergio Migliorini (ITA) - Chair
- Dr. Doug Hiller (USA) – Vice-Chair
- Dr. Yasser Hosny (EGY)
- Dr. Marie-Claude Gregoire (CAN)
- Dr. Angela Pedro (POR)
- Dr. Claude Marble (FRA)
- Dr. Debbie Alexander, Executive Board Liaison
- Leslie Buchanan, Executive Board Liaison
- Tomoko Wada, Japanese translator
- Jeanne Courbe, Staff Liaison

Duration: minutes via Zoom.

**For ease of minute taking only first names of the members will be referred to in the minutes.
You can see full names above*

Agenda of the Meeting:

- 1. Collaboration ITA/World Triathlon**
- 2. Joint position Statement of the International Federation of Sports (FIMS) Medicine and European Federation of Sports Medicine Associations (EFSMA)**
- 3. Perform the workshop for the Race Medical Director**
- 4. Heat conditions and Long Distance Events**
- 5. Covid Updates**

	<ul style="list-style-type: none"> ● Proposition to have a monitored period, giving us research and time to monitor the situation in our own population of Triathlon. ● The question: should the limite be 10 or 5 for testosterone? The use of 5nmol/L in transwomen is a justifiable threshold based on the best available scientific evidence. ● WADA transgender Guidelines
<p><u>3- Perform the medical race workshop for the Race Medical Director</u></p>	<ul style="list-style-type: none"> ● Abu Dhabi is a good place to perform this workshop, as more doctors from National Federations are present. Could it be in collaboration with World Athletics. ● Also a good opportunity to have a WT med com meeting in person during this event (if the covid situation allows us to meet in person).
<p><u>4- Heat conditions and Long Distance Events</u></p>	<ul style="list-style-type: none"> ● Rule for the Long distance : data about the IRONMAN competition from WU, athletes in the medical tent, in comparison with different environments of the competitions. ● Safety and long distance races: having rules to compete in the heat for our athletes (as we now do for the Olympics distance and not for the Long Distance). ● Research is conducted by the Washington University (discussion to have a MOU with them).
<p><u>5- Covid updates and competitions</u></p>	<ul style="list-style-type: none"> ● Round Table about the covid situation in each country and the competitions calendar and the conditions.

Next meeting, 23th of February, 2022 at 9pm CET.

Minutes by Jeanne Courbe, Staff liaison.

Meeting Closed