



# **TRIATHLON**

**Saturday, July 27, 2024**  
**Team Coaches & Team Medical Meeting**



# Briefing agenda

- Welcome and introductions
- Competition jury
- Weather forecast
- Water Quality
- Speed of current
- Schedules and timetables
- Check-in and procedures
- The course
- Post-race procedures
- Athletes' moment
- Pontoon Draw



# Welcome and Introduction

**Marisol Casado (ESP)** , World Triathlon President

**Thanos Nikopoulos (GRE)**, World Triathlon Technical Delegate / Head of Operations

**Laura Patti (ITA)**, World Triathlon Technical Delegate

**Felix Molina (MEX)**, World Triathlon Technical Delegate

**Lyndell Murray (AUS)**, World Triathlon Head Referee

**Fritz Schwarz (AUT)**, World Triathlon Head Referee

**Dr. Sergio Migliorini (ITA)**, World Triathlon Medical Delegate

**Dominique Frizza**, Paris 2024 Sport Manager






















# Competition Jury

- **Laura Patti (ITA)**, Chair
- **Miles Stewart (AUS )**, World Triathlon EB rep
- **Kiriyo Suzuki (JPN)**, World Triathlon Technical Committee rep
- **Marie- Claude Gregoire (CAN)**, World Triathlon Medical Committee rep
- **Bernard Saint-Jean (FRA)**, FFTRI representative.



# Weather Forecast

|                   |  |  |  |  |           |        |       |
|-------------------|--|--|--|--|-----------|--------|-------|
| Today 27 July     |  |   |   |   | 20° / 17° | 4.1 mm | 3 m/s |
| Sunday 28 July    |   |   |   |   | 25° / 10° |        | 4 m/s |
| Monday 29 July    |   |   |   |   | 29° / 15° |        | 4 m/s |
| Tuesday 30 July   |   |   |   |   | 35° / 18° | 5.8 mm | 3 m/s |
| Wednesday 31 July |  |  |  |  | 33° / 20° | 1.6 mm | 4 m/s |



# Heat Stress Indicator



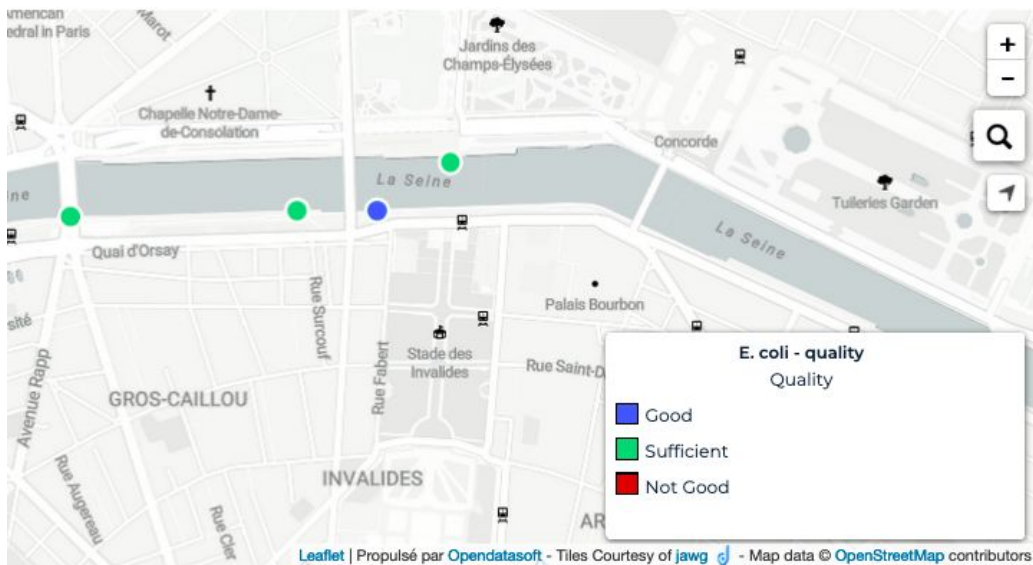
Warning flags will be placed at the athletes' area and recovery area.

On race days, each team can collect 1 kgr of ice per athlete from the Sport Information Desk at athletes' lounge for your own use. You need to bring your own coolers for collecting the ice.

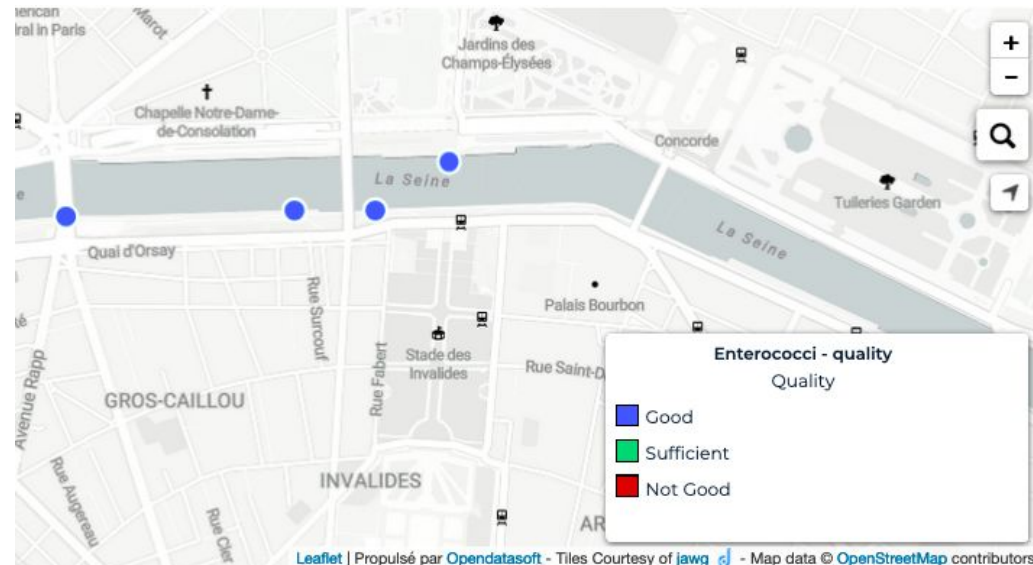


# Water Quality - Sample collection map

## E.coli



## Enterococci





# Water Quality - E.coli



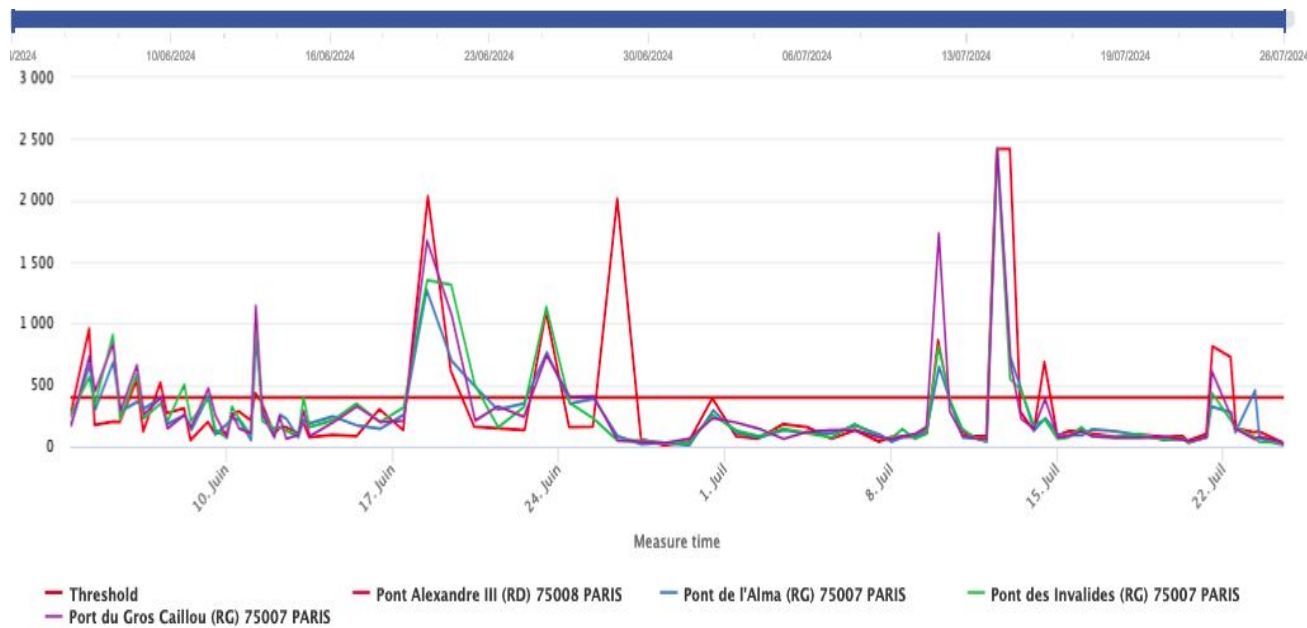
| Concentration (MPN/100mL) ⚡ | Station ⚡                             | Date ⚡         |
|-----------------------------|---------------------------------------|----------------|
| 344                         | Pont de l'Alma (RG) 75007 PARIS       | 24/07/25 12:30 |
| 579                         | Port du Gros Caillou (RG) 75007 PARIS | 24/07/25 12:20 |
| 488                         | Pont des Invalides (RG) 75007 PARIS   | 24/07/25 12:10 |
| 548                         | Pont Alexandre III (RD) 75008 PARIS   | 24/07/25 11:45 |
| 548                         | Pont de l'Alma (RG) 75007 PARIS       | 24/07/25 08:00 |
| 326                         | Port du Gros Caillou (RG) 75007 PARIS | 24/07/25 07:40 |
| 461                         | Pont des Invalides (RG) 75007 PARIS   | 24/07/25 07:20 |
| 461                         | Pont Alexandre III (RD) 75008 PARIS   | 24/07/25 07:00 |







# Water Quality - Enterococci



| Concentration (MPN/100mL) ↓ | Station ↓                             | Date ↓         |
|-----------------------------|---------------------------------------|----------------|
| 14                          | Pont de l'Alma (RG) 75007 PARIS       | 24/07/24 13:00 |
| 18                          | Port du Gros Caillou (RG) 75007 PARIS | 24/07/24 12:50 |
| 20                          | Pont des Invalides (RG) 75007 PARIS   | 24/07/24 12:38 |
| 33                          | Pont Alexandre III (RD) 75008 PARIS   | 24/07/24 12:00 |
| 24                          | Pont de l'Alma (RG) 75007 PARIS       | 24/07/24 08:00 |
| 44                          | Port du Gros Caillou (RG) 75007 PARIS | 24/07/24 07:40 |
| 34                          | Pont des Invalides (RG) 75007 PARIS   | 24/07/24 07:20 |
| 51                          | Pont Alexandre III (RD) 75008 PARIS   | 24/07/24 07:00 |



# Water Quality - Sample collection

| Day of sampling | Eau de Paris Time sampling begins #1 | Date sampling results will be received | Interval Time the result will be received |          | Day of sampling | Eau de Paris Time sampling begins #2 | Date sampling results will be received | Interval Time the result will be received |          |
|-----------------|--------------------------------------|--|---|----------|-----------------|--------------------------------------|--|---|----------|
|                 |                                      |  | Soonest                                   | Latest   |                 |                                      |  | Soonest                                   | Latest   |
| 26/07/2024      | 07:00:00                             | 27/07/2024                             | 12:00:00                                  | 18:00:00 | 26/07/2024      | 11:30:00                             | 27/07/2024                             | 16:00:00                                  | 18:00:00 |
| 27/07/2024      | 05:30:00                             | 28/07/2024                             | 03:15:00                                  | n/a      | 27/07/2024      | 12:00:00                             | 28/07/2024                             | 16:00:00                                  | 18:00:00 |
| 28/07/2024      | 05:30:00                             | 29/07/2024                             | 03:15:00                                  | n/a      | 28/07/2024      | 12:00:00                             | 29/07/2024                             | 16:00:00                                  | 18:00:00 |
| 29/07/2024      | 05:30:00                             | 30/07/2024                             | 03:15:00                                  | n/a      | 29/07/2024      | 12:00:00                             | 30/07/2024                             | 16:00:00                                  | 18:00:00 |
| 30/07/2024      | 05:30:00                             | 31/07/2024                             | 03:15:00                                  | n/a      | 30/07/2024      | 12:00:00                             | 31/07/2024                             | 16:00:00                                  | 18:00:00 |
| 31/07/2024      | 05:30:00                             | 01/08/2024                             | 03:15:00                                  | n/a      | 31/07/2024      | 12:00:00                             | 01/08/2024                             | 16:00:00                                  | 18:00:00 |

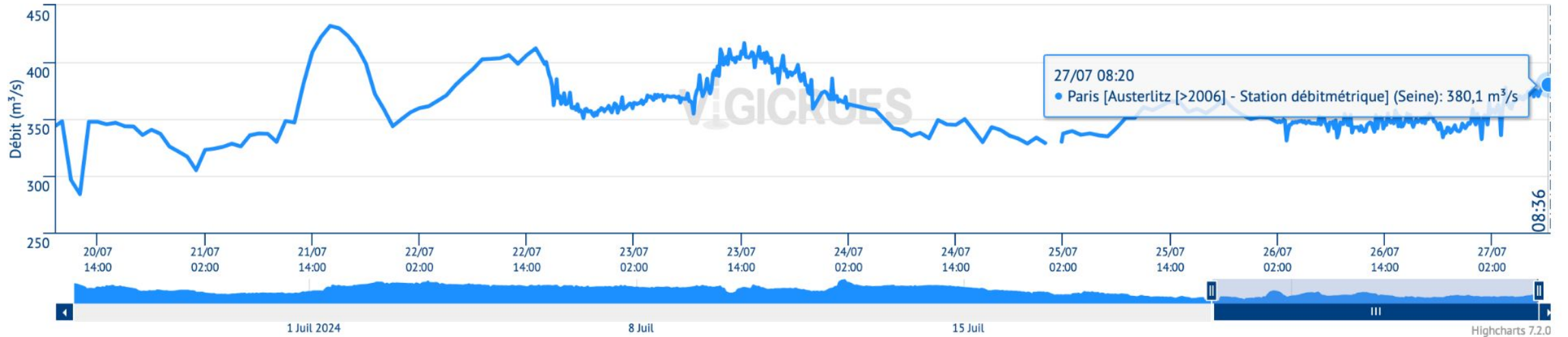




# Speed of Current

Paris [Austerlitz [>2006] - Station débitmétrique] (Seine) - Débits - 27/07/2024 08:36

Afficher les données sur : 1 jour 3 jours **7 jours** 14 jours 30 jours Zoom init.



Légende

Speed of current on the left bank: 0.4m/s



# Daily situation meeting

- A daily situation meeting will take place on familiarizations day at 04:00 and competition days at 3:30, among representatives from the Public Health Authorities, World Triathlon TDs & MD and Paris 2024.
- All data will be analyzed (water quality test results, sanitary inspection, weather forecast, speed of current, etc) and a decision will be taken:
  - Stay with plan A
  - Move to Contingency day (August 2nd) or cancel the swim familiarization
  - If already on Contingency day to decide if it is a triathlon or duathlon event



# Daily situation meeting

- World Triathlon Communication team will be sending a MEMO to all of you immediately after the end of this meeting with the data and the decision taken.
- Official Communication will be posted at the MyInfo at 05:00 am.



# Immediately after

- Distribution of accreditation
- Distribution of coaches' and medical supplementary access passes
- Coaches' registration for the run course measurement
- Collect contact details of team manager and medical doctor
- Distribution of athletes' data for verification.



# ● Immediately after athletes' briefings

## **Race package distribution:**

ALL athletes must provide a picture ID to receive the package and accreditation.

## **The athletes' race package includes:**

Helmet stickers (3x), bag sticker (1x), Bike sticker (1x), Body decals (4x) – both arms and both legs, drink bottle for the bike (1 x 750ml and 2 x 550ml)

## **Athletes' moment registration cards**



# Schedule and timetables

## July, 28<sup>th</sup> Sunday

|       |       |  |                         |
|-------|-------|--|-------------------------|
| 06:20 | 06:50 | Registration - Bike and Swim Familiarizations (distribution of helmet stickers and swim cap) | Athletes' lounge        |
| 07:00 | 07:30 | Bike Familiarization (30 min) - Closed course  |                         |
| 07:30 | 07:45 | Run Familiarization (15 min) - (or on bike at low speed out of the run lane)                 |                         |
| 08:00 | 09:00 | Swim Familiarization (60 min)  | Meeting point : Pontoon |
| 09:00 | 09:45 | Rule 50 check (Men)  | Recovery area           |
| 08:30 | 10:30 | (WOMEN) Headshot/videos + voice captures (IOC+SPP)   | Jury room               |
| 10:00 | 10:45 | Rule 50 check (Women)  | Recovery area           |
| 10:00 | 11:00 | (MEN) Athletes Briefing and pontoon draw   | GRX Conference room     |

Access to Athletes' briefing only to one official per NOC: green wristband





# Schedule and timetables

## July, 29<sup>th</sup> Monday

|       |       |  |                     |
|-------|-------|--|---------------------|
| 06:20 | 06:50 | Registration - Bike and Swim Familiarizations (distribution of helmet stickers and swim cap) | Athletes' lounge    |
| 07:00 | 07:30 | Bike Familiarization (30 min) - Closed course  |                     |
| 07:30 | 07:45 | Run Familiarization (15 min) - (or on bike at low speed out of the run lane)                 |                     |
| 08:00 | 09:00 | Swim Familiarization (60 min)  |                     |
| 08:30 | 10:00 | Bike check in for Men (+Rule 50 for Bikes)   | Bike storage        |
| 08:30 | 10:30 | (MEN) Headshot/videos + voice captures (IOC+SPP)   | Jury room           |
| 09:00 | 10:00 | Rule 50 check (remaining athletes)   | Recovery area       |
| 10:00 | 11:00 | (WOMEN) Athletes Briefing and pontoon draw   | GRX Conference room |

Access to Athletes' briefing only to one official per NOC: blue wristband



# Schedule and timetables

## July, 30<sup>th</sup> Tuesday

|       |       |  |                             |
|-------|-------|--|-----------------------------|
| 05:45 | 07:15 | Athletes' Lounge Check-in                        |                             |
| 06:30 | 07:15 | Run course measurement by coaches (before race)  | Mount line                  |
| 06:30 | 07:30 | Transition check in                              |                             |
| 06:30 | 07:15 | Bike & Run warm up                               |                             |
| 06:45 | 07:30 | Swim warm up                                     |                             |
| 07:30 | -     | Coaches' Transfer to FOP coaches' areas          |                             |
| 08:00 | 10:00 | <b>RACE START // MEN INDIVIDUAL</b>              |                             |
| 09:45 | -     | CA1/CA3 - Last coaches passed behind the pontoon |                             |
| 10:00 | 10:10 | Men' Victory Ceremony (End 10:10)                |                             |
| 10:15 | 11:00 | Transition area opens for Bike check-out         |                             |
| 14:45 | 16:00 | Bike check in for Women (+Rule 50 for Bikes)     | Bike storage (warm up area) |



# Schedule and timetables

July, 31<sup>st</sup> Wednesday

|       |       |  |
|-------|-------|--|
| 05:45 | 07:15 | Athletes' Lounge Check-in                        |
| 06:30 | 07:30 | Transition check in                              |
| 06:30 | 07:15 | Bike & Run warm up                               |
| 06:45 | 07:30 | Swim warm up                                     |
| 07:30 | -     | Coaches' Transfer to FOP coaches' areas          |
| 08:00 | 10:10 | <b>RACE START // WOMEN INDIVIDUAL</b>            |
| 09:45 | -     | CA1/CA3 - Last coaches passed behind the pontoon |
| 10:15 | 10:25 | Women' Victory Ceremony                          |
| 10:30 | 11:00 | Transition area opens for Bike check-out         |



# Schedule and timetables

## Key Mixed Relay pre-race activities

### August 2nd, Friday:

Mixed Relay race briefing video posting

### August 3rd, Saturday:

|       |       |  |                         |
|-------|-------|--|-------------------------|
| 06:20 | 06:50 | Registration - Bike and Swim Familiarizations (distribution of helmet stickers and swim cap) | Athletes' lounge        |
| 07:00 | 07:45 | Bike/Run Familiarization (45 min) - Closed course  |                         |
| 08:00 | 09:00 | Swim Familiarization (300m)  | Meeting point : Pontoon |
| 09:00 | 09:30 | (Additional athletes) Headshot/videos + voice captures (IOC+SPP)                             | tbc                     |
| 09:00 | 10:00 | Coaches' and team medical briefing (Mixed Relay) and pontoon draw                            | GRX Conference room     |
| 09:00 | 10:00 | Mixed Relay Team Declaration   | GRX conference room     |



# Schedule and timetables

## Key Mixed Relay pre-race activities

### August 4th, Sunday:

Mixed Relay race briefing video posting

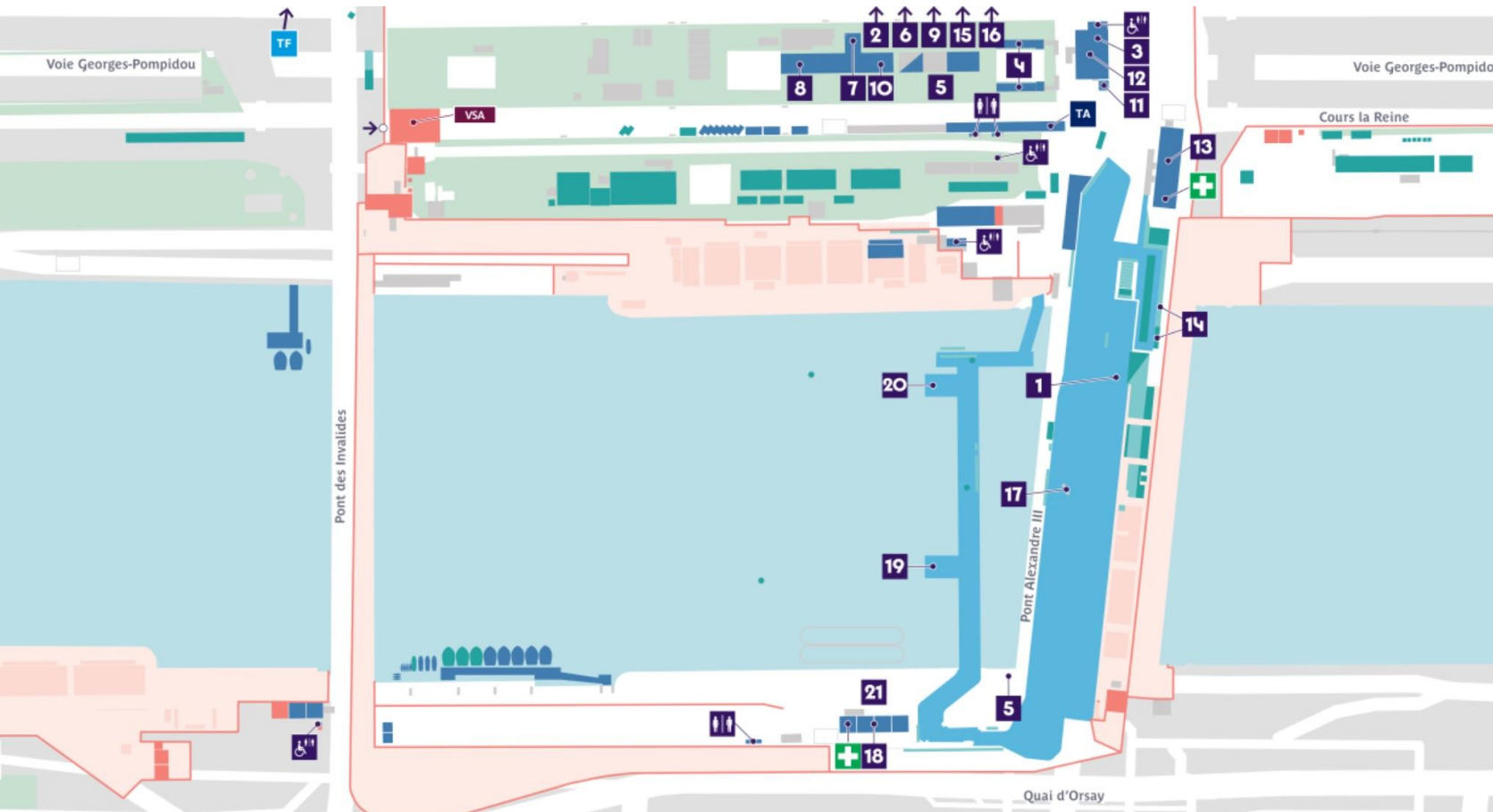
|       |       |   |                         |
|-------|-------|---|-------------------------|
| 07:20 | 07:50 | Registration - Swim Familiarizations (distribution of swim cap) | Athletes' lounge        |
| 08:00 | 09:00 | Swim Familiarization (300m)                                     | Meeting point : Pontoon |
| 08:30 | 10:00 | Rule 50 check - Additional Athletes                             | Athletes' lounge        |
| 08:30 | 10:00 | Bike check in for Mixed Relay (+ Additional Rule 50 for bikes)  | Bike storage            |

**August 5th, Monday: MR race day**

**August 6th, Tuesday: Contingency day**



# Venue Access



|  |   |  |  |   |  |
|--|---|--|--|---|--|
|  Field of Play         |  Site Perimeter          |  Drop off zone Athletes (TA)        |  Warm Up Area Mixed Relay     |  Bike Mechanics         |  Victory ceremonies                 |
|  Generic Sport Area    |  Athletes Entrance       |  Drop off zone - IF                 |  Sport Information Desk (GRP) |  Bike Storage           |  Mixed Relay Athletes Recovery Area |
|  Spectator/Stand Areas |  Vehicle Screening Area  |  Finish Line                        |  IF Lounge                    |  Athletes Recovery Area |  Individual Water Outlet Ramp       |
|  Security              |  Athletes medical center |  Athletes Lounge (GRP)              |  Technical Officials Lounge   |  Mixed Zone             |  Mixed Relay Water Outlet Ramp      |
|  Press                 |  Toilets                 |  Emergency Doping Control           |  Olympic Family Lounge (GRP)  |  Conference Room (GRP)  |  Relay Exchange Area                |
|  Broadcast Services    |  Accessible Toilets      |  Athletes Changing Room and showers |  Jury Room                    |  Doping Control (GRP)   |  |



- Athletes coming from the village will be dropped off in the venue
- Athletes coming from outside the village must use VSA on familiarizations days and PSA on competition days.



# Accreditation

- Athletes must have their accreditation at all times, including during the bike/run warm up and during the bike/run course familiarizations.
- You need to come with your accreditation to the pontoon for the swim familiarization and pass it to the LOC staff who is responsible to keep it safe. You can collect it upon completion of your training.
- In a similar way, you need to come with your accreditation at the line up. Your accreditation will be collected prior to the athletes' introduction and will be delivered back to you at the recovery area at the end of your race.
- Special procedures will be in place for DNF athletes.



# Course familiarization registration

- Check in at the Athletes' Lounge to receive
  - a sticker to affix to your helmet for identification purposes on the course.
  - specific-coloured swim cap for swim familiarisation sessions.
  - Disciplinary measures may be taken for no compliance
- No one is allowed to start a new bike lap after 07:20 on race pace (last past 07:35).
- For the bike course familiarisation, keep your accreditation with you.
- For the swim familiarization, bring your accreditation to the pontoon and give it to the volunteer on the pontoon.





# Rule 50

- Thank you for your cooperation in these last weeks with the submission of your equipment.
- Rule 50 check on site is mandatory and the athletes' equipment can be presented either by the athlete or a team official.
- Equipment to be checked:
  - Trisuits, 2nd swim cap
  - Helmets
  - Running shoes
  - Eyewear/ headwear
  - Wetsuit not to be checked, unless you use it for the warm up or the swim familiarization



# Bike check & Rule 50

- Bike check & Rule 50 check on site is mandatory and the athletes' equipment can be presented either from the athlete or a team official.
- The bicycle has to stay at the venue overnight
- Equipment to be checked:
  - bicycle
  - helmets
  - water bottles
  - spare bicycle

Spare wheels to be checked on race day



# Check-in Procedures

## Bike Check - the day before the competition

- Bike frame
- Wheels
- Saddle position ( $-5\text{cm} \leq \text{Men}$  &  $-2\text{ cm} \leq \text{Women}$ ) - approved exceptions on World Triathlon website
- Approval for the addition/modification of any equipment to the bike MUST be obtained from the Head Referee at the end of the athletes' briefing
- Mechanic service available at the bike storage area



# Check-in Procedures

## Athletes' Lounge - Race day

- Uniform & race gear check (name, country, logos) – photos taken of each uniform and shoes.
- Body marking/decal check (both arms, both legs).
- Timing chip distribution (2) - one for each ankle.
- Swim cap distribution.
- If an athlete wishes to wear a second swim cap, the cap underneath must be unbranded.
- Athletes must leave their non-competition

gear at the Athlete Lounge



# Check-in Procedures

## Transition Area

- Helmet check - Don't leave your helmet fastened in the transition.
- Running Shoes in front of the box, helmet on the bike.
- Water bottle rule 50.



# Warm up

- Athletes can warm up on the swim, bike and run.

| EVENT                     | DATE              | ACTIVITY | TIME          |
|---------------------------|-------------------|----------|---------------|
| <b>Men's Individual</b>   | Tuesday 30 July   | Bike/Run | 06:30 – 07:15 |
|                           |                   | Swim     | 06:45 – 07:30 |
| <b>Women's Individual</b> | Wednesday 31 July | Bike/Run | 06:30 – 07:15 |
|                           |                   | Swim     | 06:45 – 07:30 |



# The Course

## Swim

2 Laps (910m + 590m) = 1.5km

## Bike

7 Laps of 5.715km = 40 km

## Run

4 laps of 2.5km = 10km



# The Course

PARIS 2024 OLYMPIC GAMES  
INDIVIDUAL TRIATHLON EVENTS



**MEN'S INDIVIDUAL TRIATHLON**  
30<sup>TH</sup> JULY 2024 - 08:00  
55 MALE ATHLETES



**WOMEN'S INDIVIDUAL TRIATHLON**  
31<sup>ST</sup> JULY 2024 - 08:00  
55 FEMALE ATHLETES



- **START**  
ALEXANDRE III PONTOON
- **FINISH**  
PONT ALEXANDRE III
- **SWIM COURSE**  
1,500m (910m + 590m)
- **BIKE COURSE**  
40km (5.715m x 7 laps)
- **RUN COURSE**  
10km (2.5km x 4 laps)
- TRANSITION AREA**  
SWIM > BIKE  
BIKE > RUN  
PONT ALEXANDRE III
- AID STATION**
- RUN PENALTY BOX**
- COACHES AREA**
- WHEEL STATION**



TOUR EIFFEL



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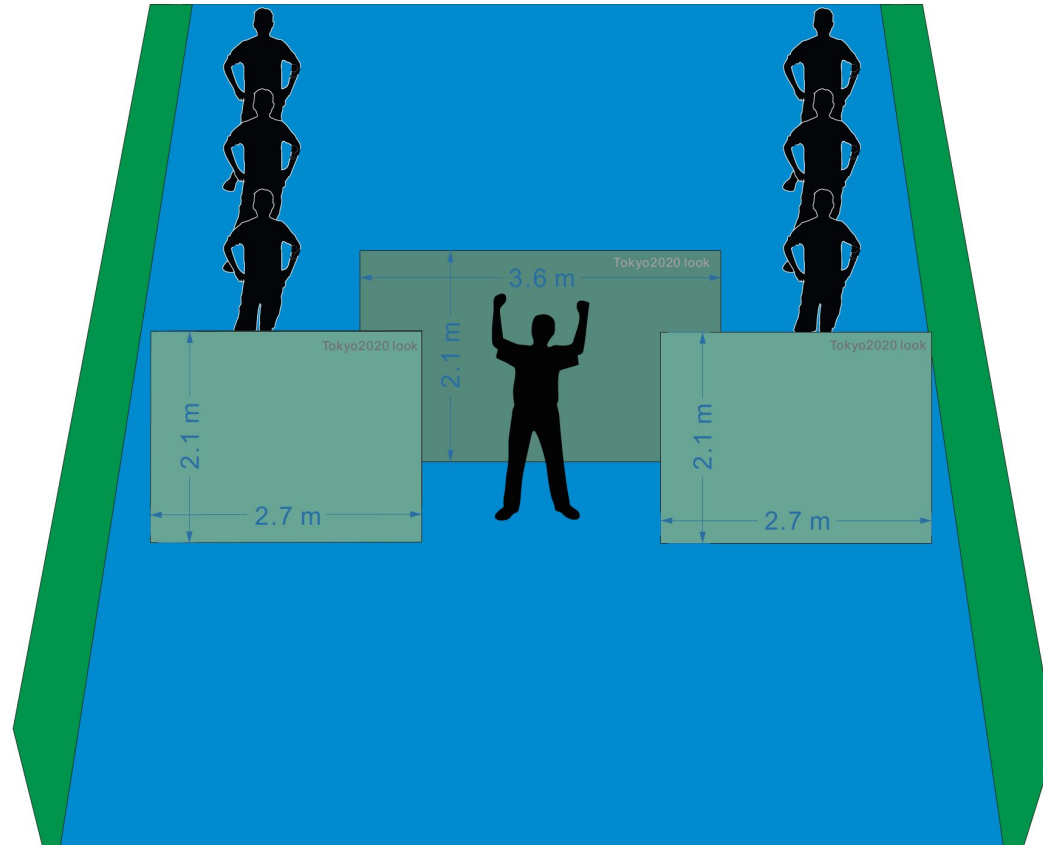
# Pre-start Procedure

## Athletes' Introduction

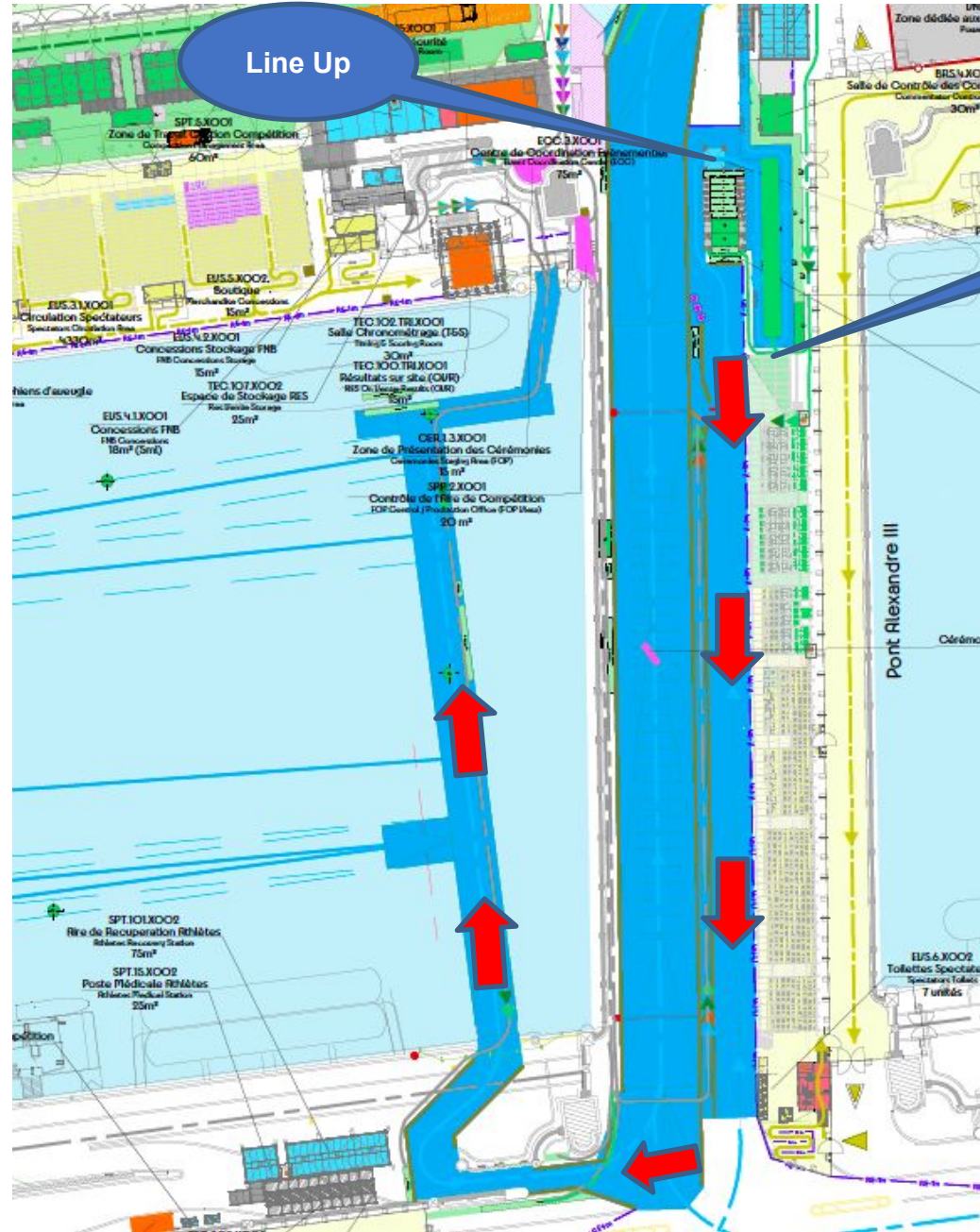
- 15 minutes before your start, line up at the recovery area
- The presentation of the athletes will be made under the finish gantry.
- Place your last minute gear into the string bag provided by the LOC at the line up area.  
The LOC will take them to the recovery area.
- When you are introduced, jog to the swim start platform.
- Quickly go to your selected start position.
- Stay behind the pre start line.



# Pre-start Procedure



# Pre-start Procedure



Line Up

Introduction



# Start Procedure

## Athletes in position:

- The start can be given any time the Head Referee announces  
“On Your Mark”
- Electronic Horn Blast
- The race starts

Athletes not moving forward at the start will receive a time penalty of 15 seconds in TA1.



# False Start Procedure

## False start with many athletes:

- Several horn blasts
- Kayaks in front of you
- Everyone goes back to his or her original start spot

## Valid start but with early starters:

- If someone starts before the horn and everyone else starts with the horn, **the false starter will receive a time penalty of 15 seconds in TA1.**  
**During the time penalty the athlete cannot touch any race equipment.**



# Swim Course

- Today at 08:00
  - ✓ Water temperature 21.8°C
  - ✓ Air temperature 16.6°C
  - ✓ WBGT 17.2°C
  - ✓ Relative Humidity 95%
  - ✓ Final decision 1 hour before race start
- 2 laps of 910m+510m (total distance of 1500m) – counter clockwise
- Distance to the first turn buoy 440m.
- Pass orange and yellow buoys on the left shoulder. **(On the first leg, you can pass yellow buoys on either side)**
- **Keep the line of red buoys on your right**
- Take cap, goggles to transition into the box.



# Swim Course

PARIS 2024 OLYMPIC GAMES  
INDIVIDUAL TRIATHLON EVENTS

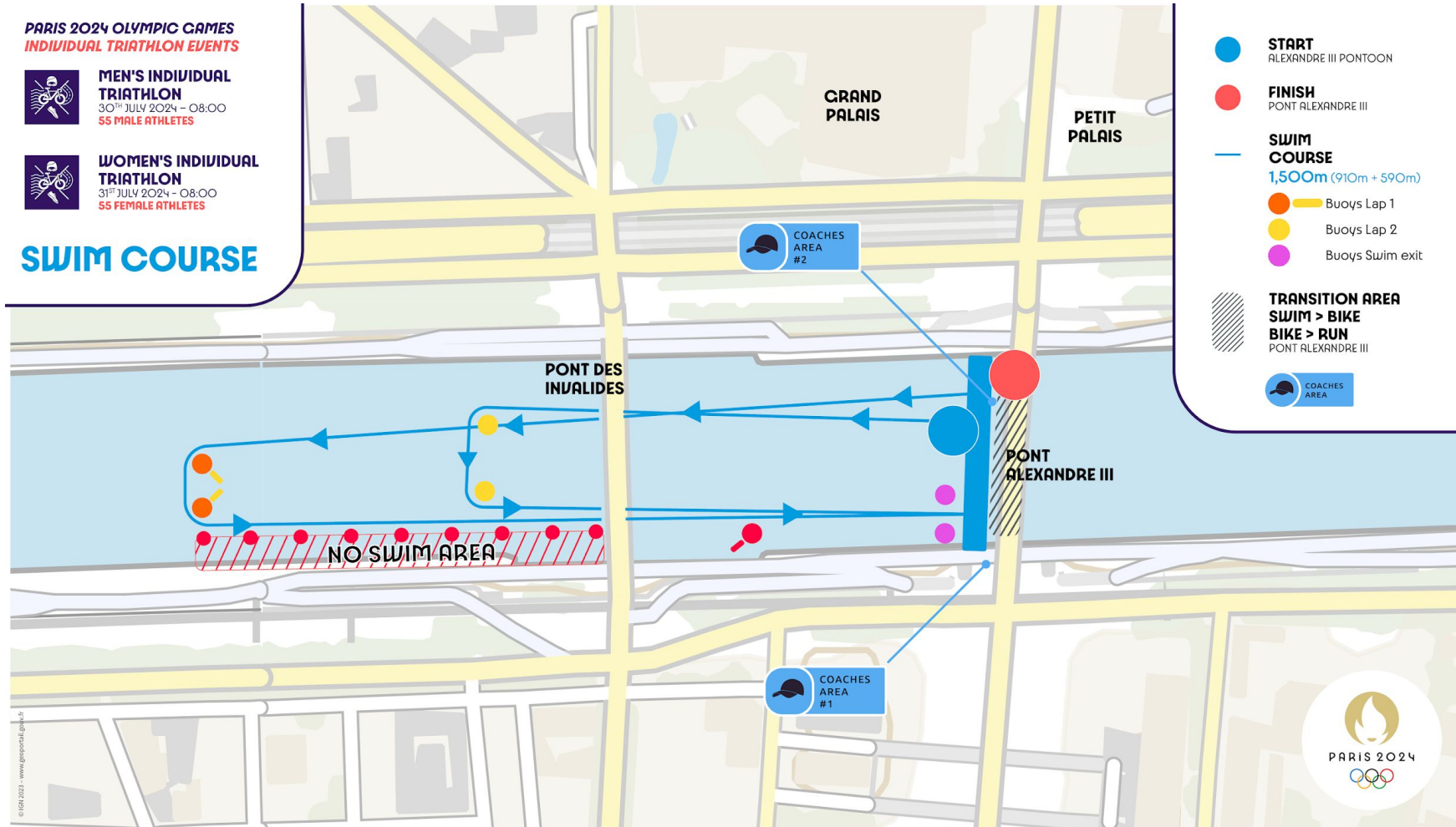


**MEN'S INDIVIDUAL TRIATHLON**  
30<sup>TH</sup> JULY 2024 - 08:00  
55 MALE ATHLETES



**WOMEN'S INDIVIDUAL TRIATHLON**  
31<sup>ST</sup> JULY 2024 - 08:00  
55 FEMALE ATHLETES

## SWIM COURSE



# Swim conduct

- There will be additional boats and Technical Officials deployed on the swim course to monitor athletes' behavior in this respect.
- Swim will be monitored by drone.
- Infringements may be recorded, and appropriate action will be taken
- Please respect your fellow competitors and keep the race fair.





# Drone safety note

- A horizontal safety distance of 10 m (30 feet) between remotely piloted aircraft and participants will be maintained at all times during operations.
- If the drone comes closer to you, do not put your hands forward, protect your face by crossing your arms at eye level.
- Flights will be announced during takeoffs, during the approach phase and during landing.
- The third party exclusion perimeters will be secured by the teams on site
- No overflight of people, vehicles, ships or buildings is planned.
- In the event of an emergency, an audible signal will be emitted and broadcast by radio, megaphone and any other audio broadcasting system.



# Drone safety note

- A copy of the flight plan and safety procedures and emergency measures can be found at the checkpoint.
- Personal protective equipment and safety equipment are available to the crew members and participants at the checkpoint. (A VHF radio (emergency 121.5), A a first aid kit, a fire extinguisher, protective glasses, a safety vest, cut-resistant gloves and a fireproof bag, etc.)
- Stay vigilant at all times about the position of the drone in relation to you (far, close, to the right, to the left)
- If you notice a situation that could harm the safety of operations, please notify a member of our team as soon as possible.



# Transition Area

- Individual bike racks - Name, number, country code and flag
- The bike must be racked in the first transition by the rear wheel and in the second transition by either of the wheels.
- By the end of the last transition, ALL equipment (used + unused) must be deposited in the corresponding bin.
  - Failure to put equipment in box = 15 second penalty on run PB.
- Olympic style transition zone.
  - No penalties will be given if the athlete flow does not affect another athlete.
- Mount line at the end of the TA (**GREEN LINE**)
- Dismount line at the beginning of TA (**RED LINE**)



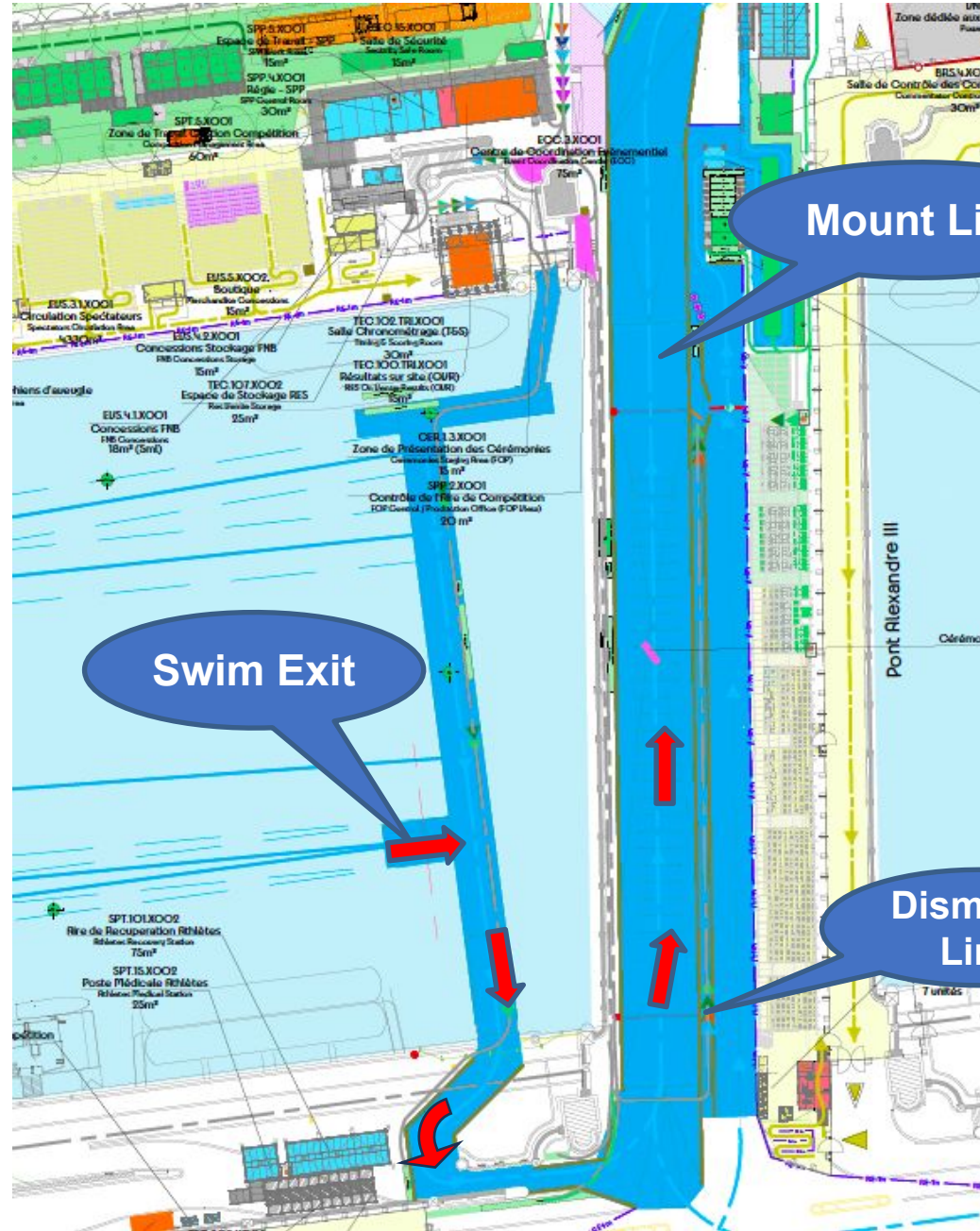
# Transition Area

- Rule Interpretation after Hamburg WTCS from World Triathlon Technical Committee:

All athletes must have their helmet securely fastened and cannot ~~touch~~ **lock or unlock** the locking mechanism of the helmet from the time they remove their bike from the rack before the start of the bike segment until after they have placed their bike on the rack and let go after the finish of the bike segment.



# Transition



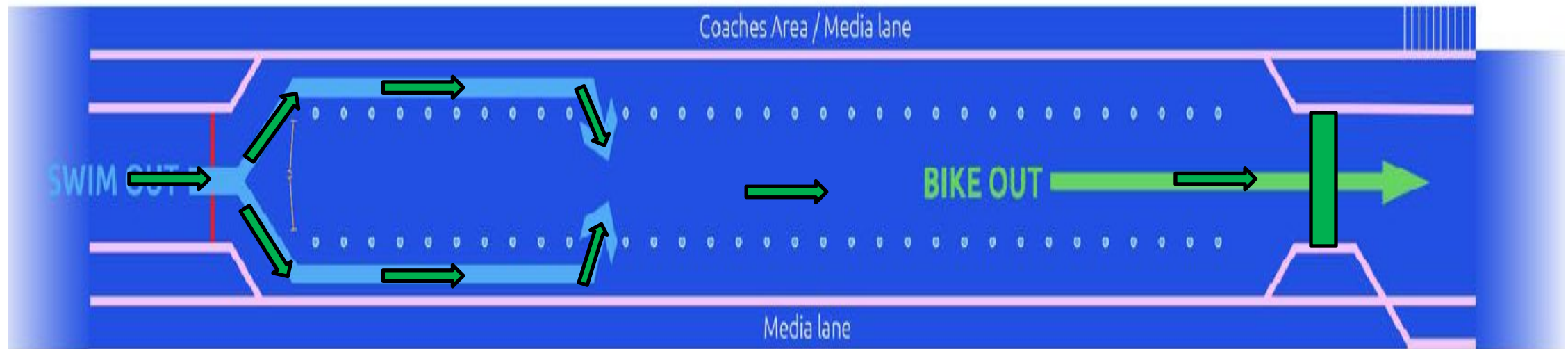
Mount Line

Swim Exit

Dismount Line

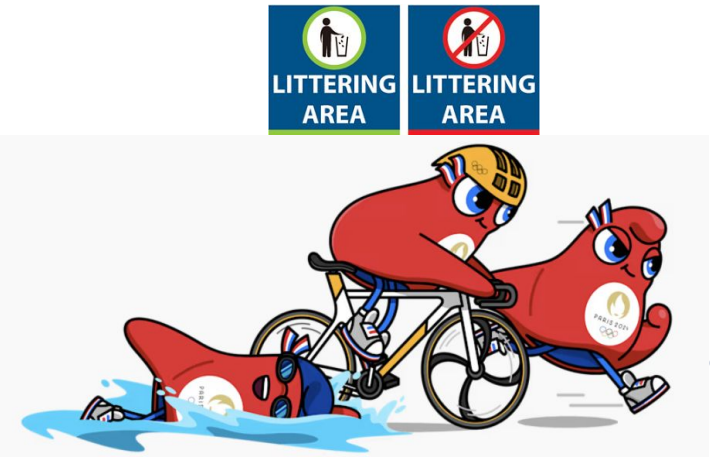


# Transition



# Bike Course

- 7 laps of 5.71km (total distance of 40.km)
- Ride through transition each lap
- Flat, technical
- Slippery surface in wet conditions
- 4 Wheel Stations (WS): for location see map
  - 1 Team Wheel Station
  - 3 Neutral Wheel Stations
- **Littering zones at Aid and Wheel stations**



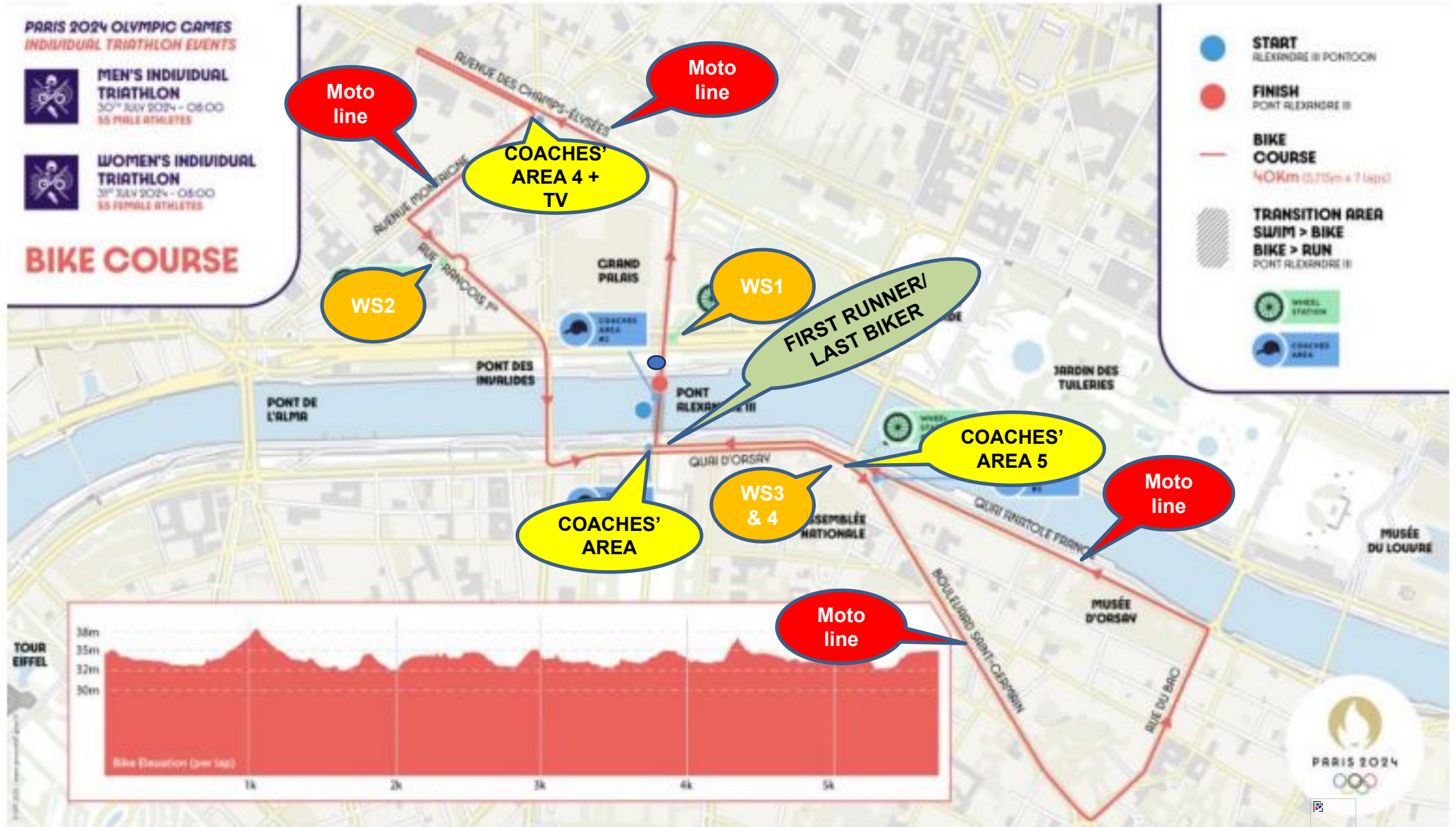
# Bike Course

- TV moto lanes - see map
- Lap counter: at the RIGHT exit of transition
- Lapped athletes are out of the race
- First runner – last biker scenario
  - For location see the map





# Bike Course



# Bike Course

## NEUTRAL WHEEL STATIONS:

### Front Wheels:

- 2x 700c front wheels, 160mm rotor disc brake
- 2x 700c front wheels, rim brake
- 2x 700c front wheels, 140mm rotor disc brake

### Rear wheels:

- 2x 700c rear wheels with 11-speed cassette, rim brake
- 2x 700c rear wheels with 11-speed cassette, 160mm rotor disc brake
- 2x 700c rear wheels with 11-speed cassette, 140mm rotor disc brake
- 2x 700c rear wheels with 12-speed cassette, 160mm rotor disc brake
- 2x 700c rear wheels with 12-speed cassette, 140mm rotor disc brake

**Front wheels = 65 PSI. Rear wheels = 70 PSI**



# Riding position

OK



NOT OK

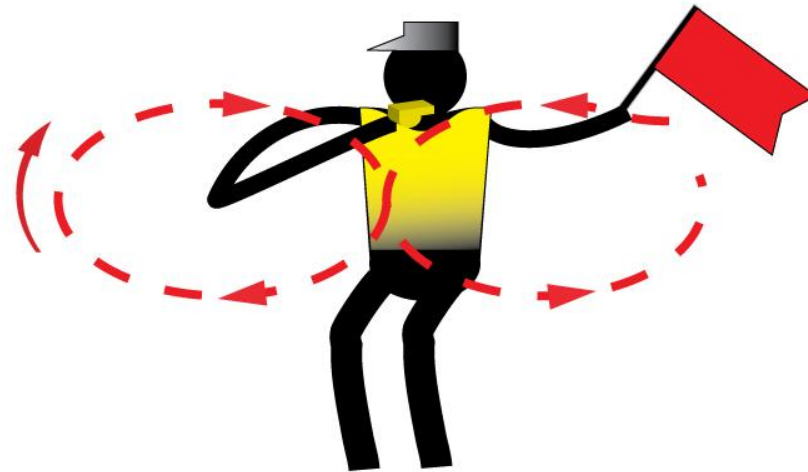


Only ok in draft  
illegal event

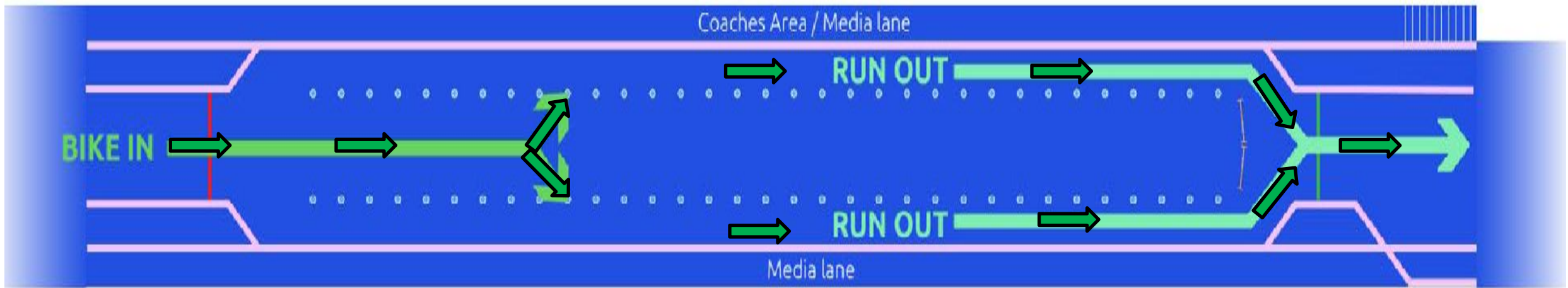


# Caution

**Caution signal:** sharp whistles and or red flags



# Transition



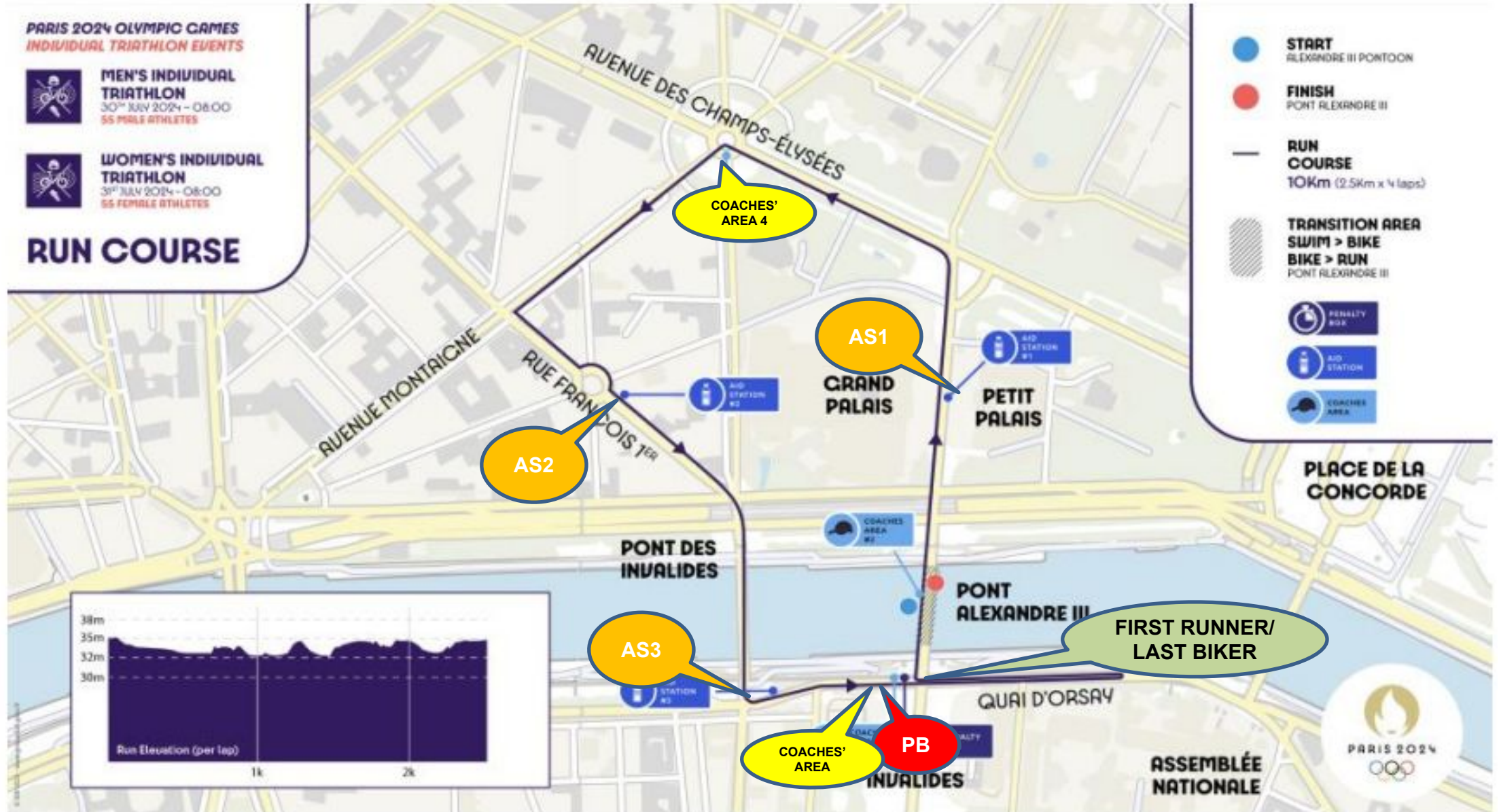
# Run Course

- 4 laps of 2.5km (total distance of 10km)
- Lapped runners – cannot run with leading runners
- Aid Stations
  - 3 per lap (for location see map)
  - Sealed water
- Littering zones are applicable

Discard bottles and litter in the Littering Zones as indicated by the following signs



# Run Course



# Run Penalty Box

- Penalty box is for infringements in : Swim, TA1, Bike, TA2 and Run

**Location:** Before the Alexander III Bridge

- **Information:** White board to show race numbers and letters to indicate violations & electronic board

(Athletes need to read the board – coaches are advised to check and inform their athletes)

- **Procedure:** **15 second** time penalty served on any lap of the run





# Run Penalty Box

- Penalties must be posted prior to the last lap on the run. Any penalties following that point will be served on the spot.
- Athletes have the option to decide whether to stop at the penalty box and serve the penalty or continue to the finish. Not stopping will result in DSQ on crossing the finish line. The athlete may then protest the penalty. Evidence will only be made available if an protest is filed.



# Run Penalty Box

## Violations Abbreviations:

|                      |          |
|----------------------|----------|
| <b>Dismount Line</b> | <b>D</b> |
| <b>Mount Line</b>    | <b>M</b> |
| <b>Swim Behavior</b> | <b>S</b> |
| <b>Run Behavior</b>  | <b>R</b> |

|                                  |          |
|----------------------------------|----------|
| <b>Littering</b>                 | <b>L</b> |
| <b>Equipment outside the box</b> | <b>E</b> |
| <b>Bike Behavior</b>             | <b>B</b> |
| <b>Other violations</b>          | <b>V</b> |

For example:

**12 D**

Athlete #12 received a time penalty for a dismount line violation

**12x2 ME**

Athlete #12 received 2-time penalties for mount line and equipment outside the box violations



# Post-race Procedures

- Photo-finish
- **TOs with finish tape will be 1m in front of the finish line.**
- No congestion in the finish area: go to 1<sup>st</sup> recovery / athletes' moment station (if registered)/mixed zone / recovery area
- For Top 3 athletes/ teams
  - TV/Flash Interviews
  - Medal Ceremony
  - Media "Mixed Zone"
- For awards, dress "up" – at the Recovery area (all)



World  
Triathlon

• Hot water tubs are available at the recovery area



# Post-race Procedures

## Doping Control

- Accreditation card is needed for every athlete to go for testing.
- Main doping control station in the Grand Palais.
- Emergency doping station in the bike storage.



# Right to protest

- An athlete who receives a penalty may protest, with the exception of:
  - (i) a penalty for a drafting violation; and
  - (ii) **a time penalty which has already been served.**
- If an athlete serves a time penalty, the athlete accepts the penalty, and no protest will be admitted.
- If an athlete does not serve a time penalty, he/she will be disqualified but may protest against the disqualification and the decision of the Head Referee to issue the time penalty.



# Important note

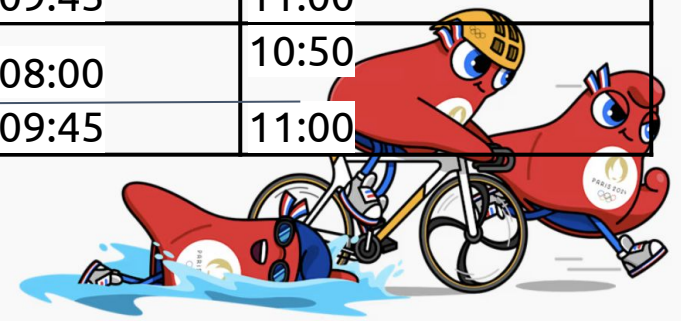
- All DNF or lapped athletes during the bike leg should go to the next Wheel Station, Aid Station and remain there until the end of the competition.
- All DNF athletes have to report back to the Athletes' Lounge and inform the Registration Technical Official.
- Contingency plans.



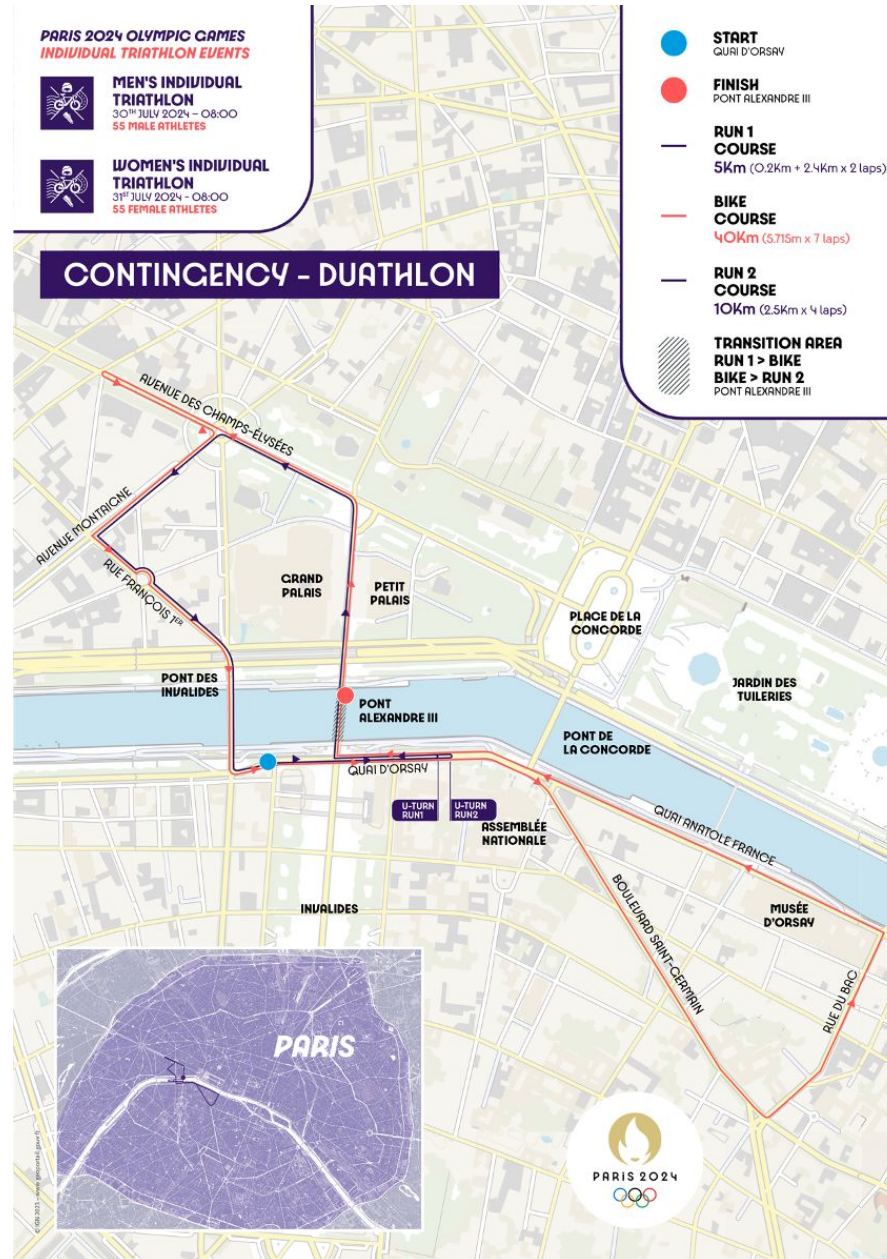
# Contingency plan – Individual event

INDIVIDUAL - Contingency scenarios

| Scenario | #event   | Possible format         | Gender | Start time | Victory ceremony |
|----------|----------|-------------------------|--------|------------|------------------|
| 1        | 1 event  | TRI - standard distance |        | 08:00      | 10:00            |
| 2        | 1 event  | DU - standard distance  |        | 08:00      | 10:00            |
| 3        | 1 event  | TRI - sprint distance   |        | 08:00      | 09:00            |
| 4        | 1 event  | DU - sprint distance    |        | 08:00      | 09:00            |
| 5        | 2 events | TRI - standard distance | W      | 08:00      | 12:45            |
|          |          |                         | M      | 10:45      | 12:55            |
| 6        | 2 events | DU - standard distance  | W      | 08:00      | 12:45            |
|          |          |                         | M      | 10:45      | 12:55            |
| 7        | 2 events | TRI - sprint distance   | W      | 08:00      | 10:50            |
|          |          |                         | M      | 09:45      | 11:00            |
| 8        | 2 events | DU - sprint distance    | W      | 08:00      | 10:50            |
|          |          |                         | M      | 09:45      | 11:00            |

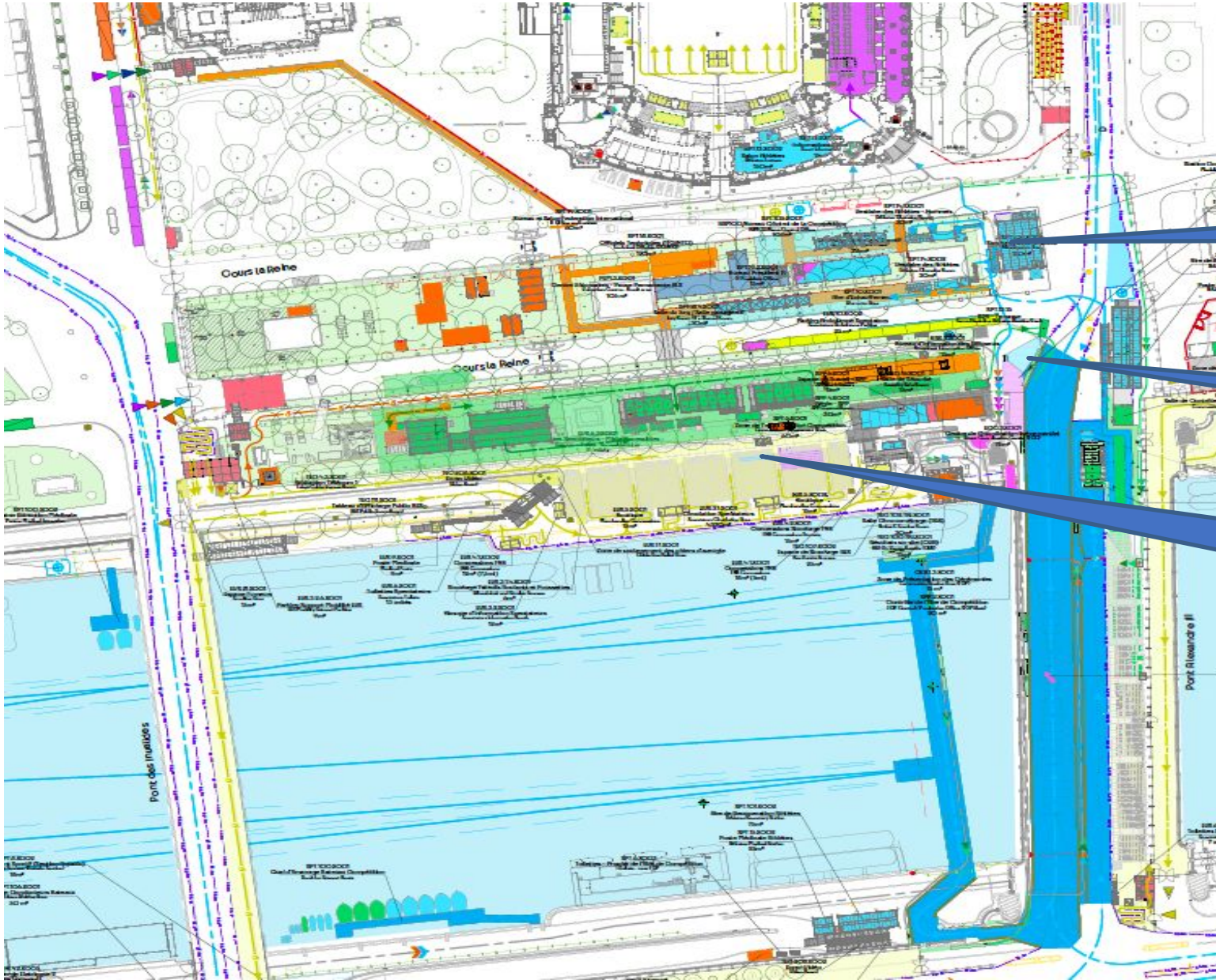


# Contingency plan – individual event





# Access with blue,2 zone accreditation



Bike storage,  
bike mechanic,  
warm up area,  
toilets

Sport viewing  
area

Sport section  
on grandstands  
at the right bank



# Access with athletes' area wristbands

1 athlete/1 pass, 2 athletes/2 passes, 3 athletes/3 passes +one for Team medical

Athletes' lounge

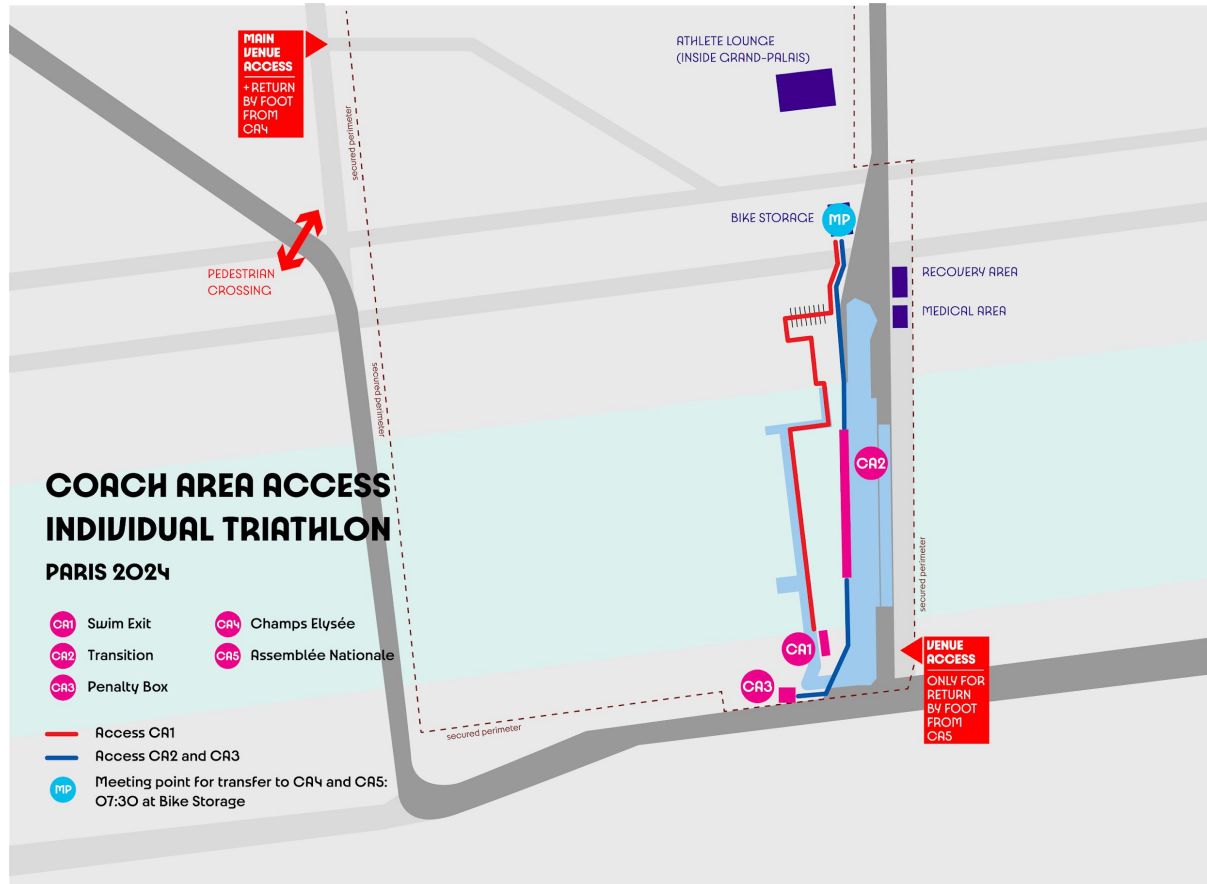
Recovery area

ATHLETE AREA

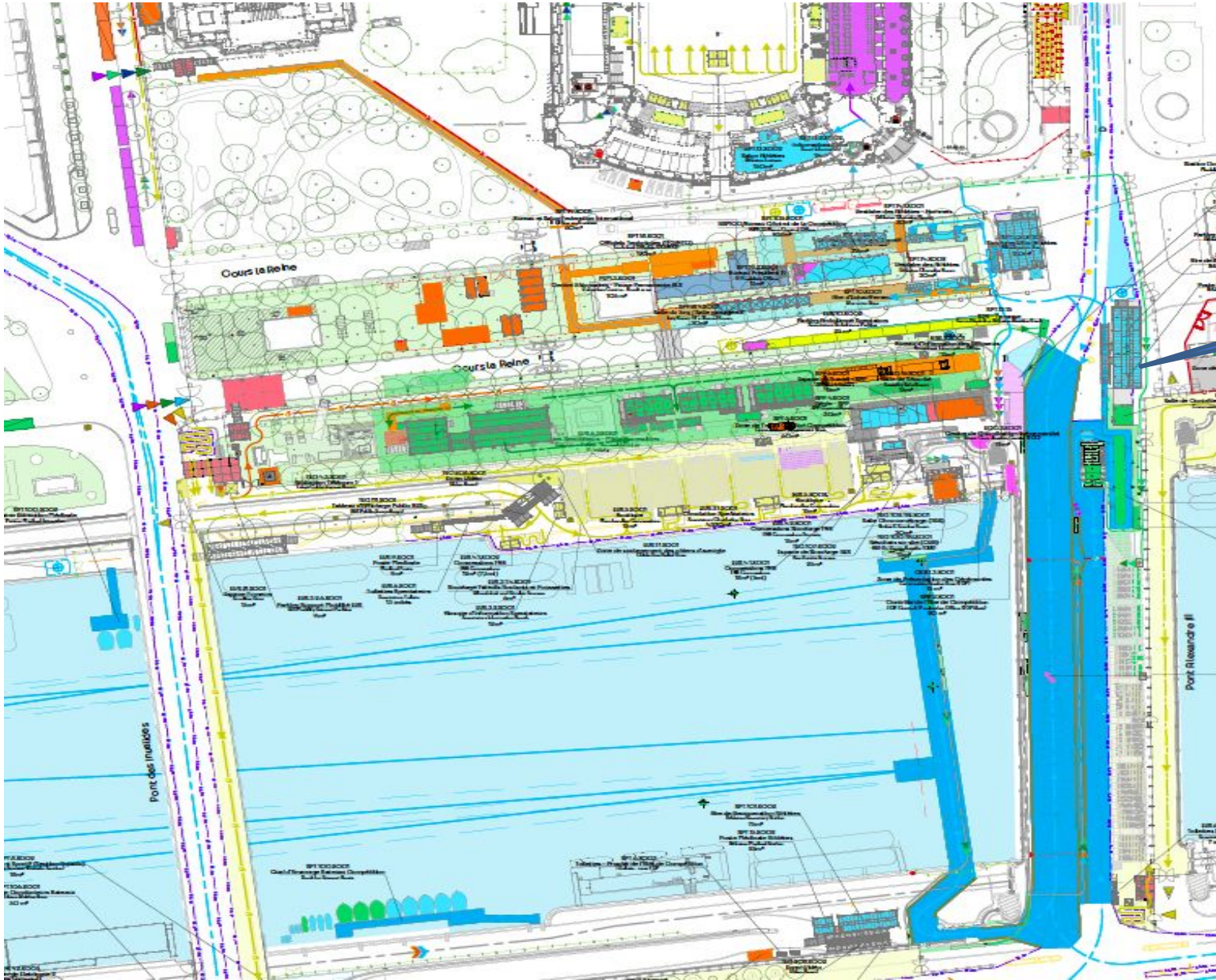
ATHLETE AREA



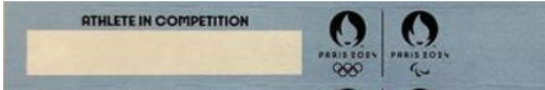
# Access with venue access pass (3 per NOC)



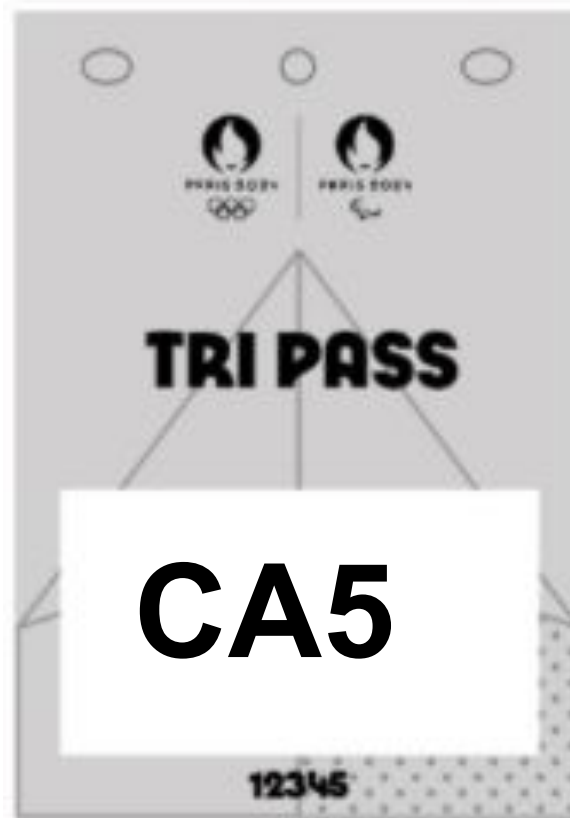
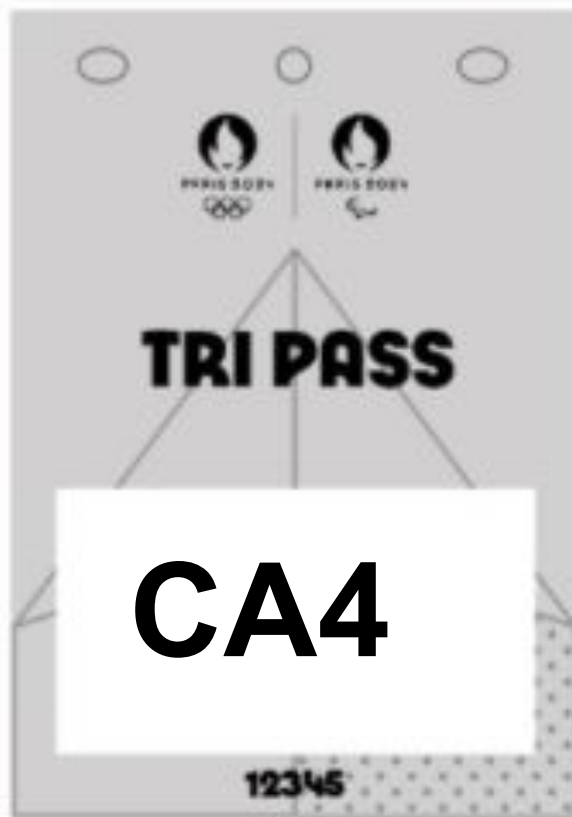
# Access with medical wristband (1 per NOC)



Medical tent, after invitation



# Access with CA4/ CA5 pass (one each per NOC)



# Return to the venue



Coming back from CA5

Coming back from CA4



# Important information for the Mixed Relay

- Coaches' meeting will take place August 3rd at **09:00** in the GRX conference room.
- New LAR process
  - Individual Men: LAR deadline - 29th July, 12:00
  - Individual Women: LAR deadline - 30th July, 12:00
  - Mixed Relay: LAR deadline - 4th August, 12:00



# ENOUGH

## NEED HELP?

Contact

[safesport@triathlon.org](mailto:safesport@triathlon.org)

Visit

[triathlon.org/about/safeguarding\\_policy](https://triathlon.org/about/safeguarding_policy)

WORLD TRIATHLON  
SAFEGUARDING & ANTI-HARASSMENT POLICY



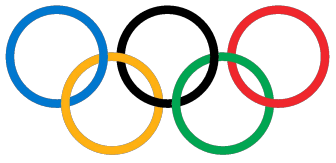
# Briefing presentation online

[http://www.triathlon.org/about/downloads/  
category/race\\_briefings/](http://www.triathlon.org/about/downloads/category/race_briefings/)



# Questions ?





Olympic  
Broadcasting  
Services

# ATHLETE MOMENT

## OLYMPIC GAMES PARIS 2024





# ATHLETE MOMENT

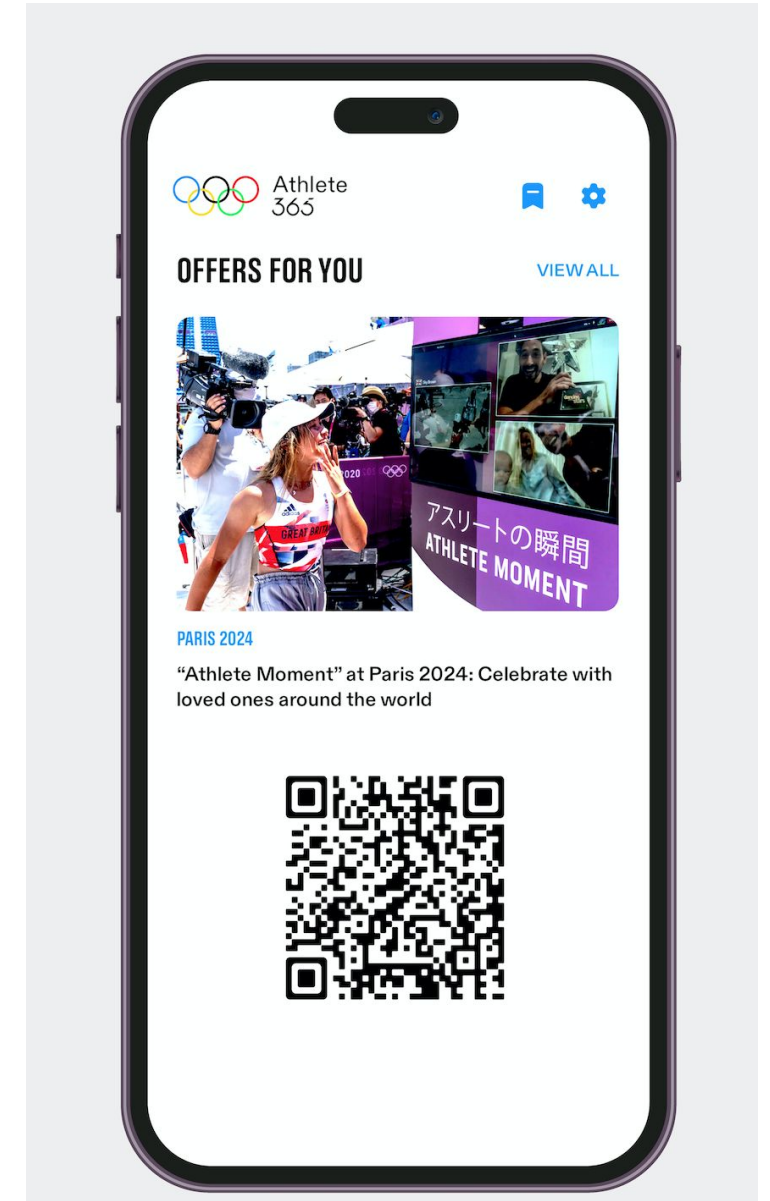


- Competing at the Olympic Games is often a once-in-a-lifetime experience. It's important to enjoy the occasion as much as possible and celebrate the athletes' achievements with those closest to them.
- We know that not everyone can be with the athletes in Paris. That's why Athlete Moment was created.
- Athlete moment allows athletes to connect with their friends and family around the world the minute they walk off the field of play, to share their incredible experiences with the ones who have supported them throughout their journey!

# HOW DO WE SIGN UP?



- Athletes sign up via the URL, or by the QR code
- Athletes are then sent a private link that they can share with their chosen people in up to five separate locations
- Family and friends connect to this link up to one hour before their athlete's competition is scheduled. They can stay connected while watching the competition on TV or a separate device.
- When an athlete finishes their event, they head to the Athlete Moment Station, right before the Mixed Zone, to share their moment through a live interaction to celebrate on screen – whatever the result.
- **URL: <https://form.typeform.com/to/kB9LOZ5Q>**



# QR CODE FOR AMO PARIS 2024



Don't miss your

**ATHLETE  
MOMENT**

to celebrate with them  
immediately following  
your competition.

Sign up



for a unique link to send  
to your friends, family  
and supporters.



**THIS**

# CONTACT US!



Dante Cabello

+33 6 70 81 87 61

[AMO.fieldprod7@obs.tv](mailto:AMO.fieldprod7@obs.tv)

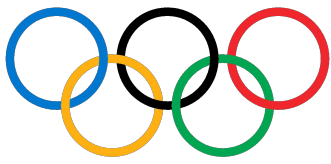


Alazne Egues

+33 6 70 72 91 39

[AMO.fieldprod8@obs.tv](mailto:AMO.fieldprod8@obs.tv)





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# THANK YOU!



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# Pontoon Draw !



# Pontoon draw process

- Athletes are called according to the World Triathlon Olympic Qualification Ranking as of 27 May 2024
- 10 highest-ranked athletes choose first and their position will be hidden.
- The remaining athletes will then publicly draw their pontoon start positions.
- Information about each position drawn will be displayed immediately on the screen.
- Once the last athlete has publicly drawn his/her pontoon start position, the first 10 choices will be publicly displayed.



**Have a great race!**

**Bonne course !**

