

## 2023 Bridgetown World Triathlon Technical Officials Level 1 Seminar

Bridgetown, Barbados – 4-6 May 2023

<b>DAY 1 – 4th May 2023</b>	
13:00 – 13:15	Opening Speech
13:15 – 14:30	Introductions, Triathlon History, About World Triathlon
14:30 – 14:45	Short Break
14:45 – 16:15	Technical Operations 1 (TOs' pathway, TOs' education)
16:15 – 16:30	Short Break
16:30 – 18:00	Technical Operations 2 (Building rapport, Code of Behaviour, TOs' Responsibilities)
<b>DAY 2 – 5th May 2023</b>	
08:00 – 09:30	Technical Operations 3 (Penalties, Penalty Box)
09:30 – 09:45	Short Break
09:45 – 11:00	Technical Operations 4 (Conduct of Athletes, Registration, Bike check)
11:15 – 11:30	Short Break
11:30 – 12:45	Technical Operations 5 (Athletes' Introduction, Start Procedures)

12:45 – 14:15	Technical Operations 6 (Swim, Transition)
14:15 – 15:15	Lunch Break
15:15 – 16:45	Technical Operations 7 (Bike, Wheel Station, Lap Audit)
16:45 – 17:00	Short Break
17:00 – 18:30	Technical Operations 8 (Run, Aid station)
<b>DAY 3 – 6<sup>th</sup> May 2023</b>	
8:00 – 9:30	Technical Operations 9 (Finish, Timing & Results, Protest / appeals)
09:30 – 09:45	Short Break
09:45 – 11:15	Technical Operations 10 (Awarding Ceremony, Doping Control, CPR)
11:15 – 11:30	Short Break
11:30 – 12:30	Open book exam