### Dr M Jonathan King

M.B. Ch.B., MSc. (Sport Science), FRACGP, FACSP

# Sport and Exercise Physician

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#### Résumé relating to Triathlon.

- Competed in marathons, triathlons and multisport events from 1982.
- Fellow of the Australasian College of Sports Physicians since 1996.
- 2001-2009: Triathlon Australia Sports Physician
  - Reviewed and formulated medical guidelines for triathlon competition in Australia.
  - Medical advisor to Triathlon Australia.
  - Team Physician for ITU Age Group competitors for Edmonton, Cancun, Queenstown, Honolulu, Vancouver, Lausanne, Hamburg, and Gold Coast.
  - Team Physician for Triathlon Australia competitors in ITU Long Course triathlons in Nice and Perth.
- 2008-present: Nominated to <u>ITU Medical and Anti-doping Committee</u> in 2008.
  - Advised ITU on medical matters as requested.
  - Liaised with ITU Medical Committee on various topics.
  - Advised ITU on TUE applications.
  - ITU Medical Delegate for Yokohama 20011, Sydney 2010, 2011, 2012, Auckland 2012.

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#### Goals

If nominated for a further term with the ITU Medical Committee I would like to:

- Continue contributing to the medical and sports science knowledge base that facilitates safe triathlon competition worldwide.
- Continue assessing TUE's for athletes.
- Work towards safe triathlon competition worldwide, including ITU events by liaising with local organisations regarding medical facilities, course layout etc. I would like to continue the role as ITU Medical Delegate.
- Encourage international representation on the ITU Medical Committee, and contact Medical groups in all countries that participate in (international) triathlon events, to ensure safe participation in triathlon.
- Work towards international medical and scientific conferences relating to triathlon.