## ELITE ATHLETES AND TEAM OFFICIALS GUIDE

JUNE 15, 2014

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### **GENERAL INFORMATION**

#### INTRODUCTION

The purpose of the Athletes and Team Officials Guide is to ensure that all Elite Athletes and Team Leaders are well informed about all procedures concerning the 2014 Huatulco ITU Triathlon World Triathlon World Cup. Please keep in mind that this information can change and the final race information will be provided to the athletes and the team managers at the athletes' briefing.

#### **KEY DATES**

Elite Athletes Briefing	Friday, June 13, 18.00 (Binniguenda Hotel)
Bike Familiarization	Friday, June 13, 09.00 (Venue)
Swim Familiarization	Friday, June 13, 10.15 (Swim start)
Elite Women Competition	Sunday, June 15, 08.00
Elite Men Competition	Sunday, June 15, 10.45

#### **KEY CONTACTS**

ITU Team Leader	Enrique Quesada	enrique.quesada@triathlon.org
ITU Technical Delegate	Joyce Donaldson	joycepayne@hotmail.com
ITU Medical Delegate	Dr. Humberto Aguilar	drhumbertoaguilar@mac.com
LOC Event Director	Jorge Reyes	jreyes@asdeporte.com
LOC Office Coordinator	Patrick Dietzel	pdietzel@asdeporte.com
Chief Race Official	Felix Molina	felix@triatlon.com.mx

#### CONTACT DETAILS

#### Federación Mexicana de Triatlón

Av Conscripto S/N esq. Anillo Periferico México, D.F. Telephone: +52 55 5395 4712 E-Mail: <u>info@triatlon.com.mx</u>

### VENUE

#### VENUE

The venue is located in the Santa Cruz Plaza, at Huatulco. The swimming will take place in Santa Cruz Bay

#### ELITE ATHLETES LOUNGE

Facilities including athletes' lounge and toilets are provided to the athletes at the finish area, Santa Cruz Plaza. Sealed bottles of water, fruit and energy bars will be offered to the athletes before and after the race in the athletes' lounge.

#### DOPING CONTROL

Doping Control will be performed according to the ITU/WADA rules. The doping test will be at the Castillo Hotel

#### MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the venue on June 13, 14 and 15 before and during the competition hours.

Medical and paramedical personnel from Cruz Roja will be available throughout competition times. Several ambulances will be available to provide emergency transfer to hospital. A medical tent will be provided on site at the finish area.

Possible medical services at the venue are free of charge. Treatment in clinics and practices is to be paid by the participants.

Athletes / teams should ensure that they have appropriate medical insurance.

#### BIKE MECHANIC SERVICE

The Mexican Federation Mechanics will offer a comprehensive bike mechanic support from June 13 until June 15 and is also available in case of emergency.

#### **Onsite Services**

In Expo at Barceló Hotel Friday 12:00 – 20:00

In the athletes lounge at the Venue Saturday 06:00 – 12:00 (age group race) Sunday 06:00 – 12:00

#### **INFORMATION CENTRE / LOC OFFICE**

The LOC Information Office is located at the Hotel Castillo commercial area (200m from the swim start), and is open daily from Tuesday, June 10 until Sunday, June 15, 2014.

LOC Office: Hotel Castillo LOC Contact: Patrick Dietzel, +52 55 21829945 Airport Transfer: Paulina Sanchez +52 55 34197961 paulina.sanchez@asdeporte.com

ITU Office: Hotel Castillo ITU Contact: Joyce Donaldson

Opening hours: Thursday, August 22, 10:00 – 17:30 Friday, August 23, 8:00 – 18:00 Saturday, August 24, 8:00 – 20:00 Sunday, August 25, 8:00 – 20:00

#### SECURITY

A private security company, G4S, will be responsible for the venue security and community police and Field of Play (FOP) marshals will patrol around the Field of Play. Police and a certified traffic management company will manage the road closures and the traffic around the course.

#### ACCOMODATION

The official hotel of the race is the Hotel Binniguenda, located 300m from the swim start. The second official hotel is Hotel Castillo, located 100m

#### **POST-OFFICE**

The nearest post office is located in La Crucecita. 2k away from the venue

### BANK

The nearest bank is Banamex. It is located within a 3 minute walk of both official hotels.

### TRANSPORTATION

The LOC will provide free transportation for the elite athletes and their team officials from the airport – hotel – airport.

Please contact Paulina Sanchez at paulina.sanchez@asdeporte.com or via phone at +52 553419 7961

### TRAINING

#### TRAINING SESSIONS IN THE SWIMMING POOL

Pre-competition swimming training can either be done at Hotel Brisas (50m pool) or Xquenda Spa (25m pool).

#### **Hotel Brisas:**

Blvd. Tangolunda lote 1

Tel: (52) 958 583 0200

Pool hours:

Monday to Friday from 07:00 to 9.45 am, only registered athletes will be able to attend

#### **XQUENDA SPA**

Lote 2 manzana 8 sector P. Playa principal bahía de Chahue.

Tel. 52 958 583 4448

Pool hours:

Monday to Friday from 07.00 am to 20.00

Price for admission is:

Adult: 5 USD

Athletes train in the swimming pool at their own risk. Please note: There are no pre-reservations available.

### COURSE FAMILIARIZATION

#### SWIM

You will be able to familiarize yourself with the swimming course on Friday, June  $13^{th}$  from 10:15 to 11:00. The location will be the same as the start of the race, "Santa Cruz".

## Please note: It is forbidden to swim outside the test swimming zone at any time because of safety reasons and shipping traffic!

#### BIKE / RUN

You will be able to familiarize yourself with the bike course on Friday, June 13<sup>th</sup> at 09.00 (Starting). Athletes gather at the Venue. You will be escorted by police at the bike course for a total of 45 minutes.

Please note, that the official race courses are otherwise not open for training before the races. **The race courses are in general NOT suitable for training.** 

### **COMPETITION INFORMATION**

#### COMPETITION SCHEDULE

**COACHES BRIEFING:** 

There will not be Coaches Briefing

ELITE ATHLETE BRIEFING:

Packet pick up and the compulsory athlete briefing will take place on Friday, June 13

at 6:00 p.m.

At Binniguenda Hotel

www.binniguendahuatulco.com.mx

	Activity	Time		
June 13				
09:00 am		Bike course familiarization Santa Cruz Plaza Venue		
10:15 am		Swim course familiarization Santa Cruz Bay Venue		
2:00 pm		Athlete Media Conference PLACE Las Brisas Hotel		
6:00pm		Elite Athlete Briefing/packet pick up Binniguenda Hotel		

#### June 15

- 06:15am Athlete Lounge Opens and Ready for Elite Women
- 06:30am Transition opens for Bike Check for Elite Women
- 07:40am Transition for Elite Women closed
- 08:00am Elite Women Start
- 09:00am Athletes' Lounge Open Ready Elite Men
- 09:20am Transition opens for Bike check for Elite Men
- 10:20am Transition for Elite Men Closed
- 10:45am Elite Men Start

#### Medal Presentation Protocol after finish of Men's race

1:00pm Medal Presentations - Elite Women

1:15pm Medal Presentations - Elite Men

1:30pm Closing Ceremony

7:00pm Closing Dinner and Celebration at Barcelo Hotel

### **COMPETITION RULES**

The race will follow the latest published competitions rules of the International Triathlon Union.

#### INFORMATION ABOUT THE FOP

### START

The start area is at "Santa Cruz Bay". Athletes will line up ocean beach mass formation .The Race Referee with the assistance of ITU Technical Officials, who are assigned to the start, will start each race.

The athletes are required to leave their last minute gear at the swim start inside a dedicated box and the LOC will carry those bags back to the Athletes' Lounge.

#### SWIM COURSE

There course consists of two laps to swim (1.5 km). You will exit via beach front starting point

The water temperature in "Santa Cruz Bay" in mid-June can be expected to be roughly 20-25 °C.

#### **BIKE COURSE**

Generally flat, with a major hill in the middle of each lap. There are eight laps of 5 km to ride. The route is technically demanding, due to many changes of direction and tight turns. Athletes who are lapped are taken out of the race. The "first runner, last biker"-scenario is applicable for this event. In this case the biker will be taken off the course.

#### WHEEL STATIONS

Two wheel station will be provided, the first one will be located prior to the hill, and the second one will be located at the roundabout next to Hotel Castillo. The wheel station will hold both LOC provided wheels and your own wheels.

### PENALTY BOX

The penalty box will be located before the finish line.

#### **RUN COURSE**

Flat with a minor hill in the start. There are four laps of 2.5km to run. Two 180° turns per lap. Surface mostly cobblestone and tarmac.

#### AID STATIONS

The aid stations are located on the run course every 800m. Closed 0.33 liter bottles of sealed water will be handed out.

### WEATHER CONDITIONS

The calm waters of Santa Cruz Bay invite you to take a splash,. Santa Cruz Bay is ideal for a full range of water sports. Temperatures in June range between 25°C to 30°C.

#### RESULTS

Results will be uploaded live at the ITU's official website: www.triathlon.org

All the results information will be distributed to the Team Leaders at the LOC Information Office.

### PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules.

#### ACCREDITATION

LOC will provide all athletes, coaches, technical officials, journalists, etc. with an official accreditation card according to the ITU Event Operational and Technical Requirements.

Accreditation cards for athletes and coaches will be handed out during the official registration on June 13<sup>th</sup> after the Race Briefing Hotel Binniguenda. Only accredited persons will be allowed to access certain venue areas. Accreditation cards are number-coded and provide access to specific areas of the competition areas.

All accredited persons are requested to carry their accreditation cards with them at all times and to show them upon request.

#### ACCREDITATION CARD REQUEST

National Federation representatives and observers apply for accreditation by sending their request to the ITU.

## FIELD OF PLAY MAPS

## MAP 1: COURSE MAPS ELITE





