



ATHLETE'S GUIDE

City Triathlon Weert





TABLE OF CONTENTS

1. GENERAL INFORMATION	page
1.1. INTRODUCTION	3
1.2. KEY DATES	3
1.3. KEY CONTACTS	3
1.4. CONTACT DETAILS	3
2. VENUE	
2.1. RACE VENUE	4
2.2. COURSE FAMILIARIZATION	4
2.3. ATHLETE'S LOUNGE	5
2.4. ELITE ATHLETES' RACE PACKAGE	5
2.5. DOPING CONTROL	5
2.6. SECURITY	5
2.7. LOC OFFICE	5
3. ACCOMMODATION	6
4. TRANSFER AND TRANSPORT	7
5. ATHELETE'S SERVICES	8
5.1. SWIM AND BIKE TRAINING	8
5.2. MEDICAL SERVICES	9
5.3. BIKE MECHANICAL SERVICE	9
6. COMPETITION SCHEDULE	10
6.1. ELITE WOMEN	10
6.2. ELITE MEN	10
6.3. COMPETITION RULES	10
6.4. ATHLETE'S BRIEFING	10
6.5. TIMING CHIPS	11
6.6. RESULTS	11
6.7. PROTEST & APPEALS	11
7. ACCREDITATION	11
8. USEFUL INFORMATION	11
Could be and is not limited to:	
8.1. LANGUAGE	11
8.2. POPULATION	11
8.3. CURRENCY	11
8.4. TIME	11
8.5. ELECTRICITY	11
8.6. WATER	11
8.7. TELEPHONE CONNECTIONS	11
9. COURSE MAPS	12-16



1. GENERAL INFORMATION

1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

1.2. KEY DATES

	Thursday 7 June 2018
15:00 hr	Press conference
	Friday 8 June 2018
17:00 hr	Familiarisation ETU European CUP OD courses
	Saturday 9 June 2018
17:00 hr	Registration at event hotel (Golden Tulip)
18:00 hr	Briefing ETU European CUP OD
18:45 hr	Pasta Party
	Sunday 10 June 2018
12:30 hr	ETU European Cup OD Women
15:30 hr	ETU European Cup OD Men

1.3. KEY CONTACTS

- Roger Stienen Race director +31620497964
- Jan Philipp Krawczyk ETU Technical Delegate jpkrawczyk@t-online.de
- Roger Stienen Athlete services manager +31620497964

1.4. CONTACT DETAILS

City Triathlon Weert

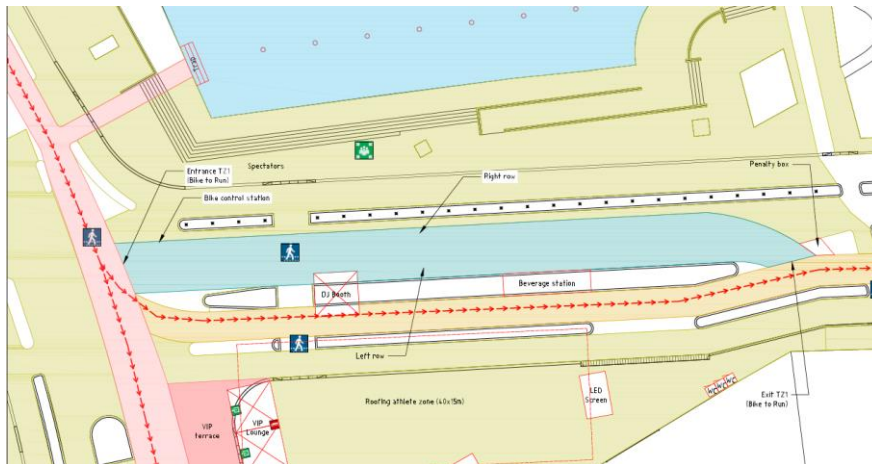
- Erik van den Kerkhof +31683177182

secretaris@stadstriathlonweert.nl

2. VENUE

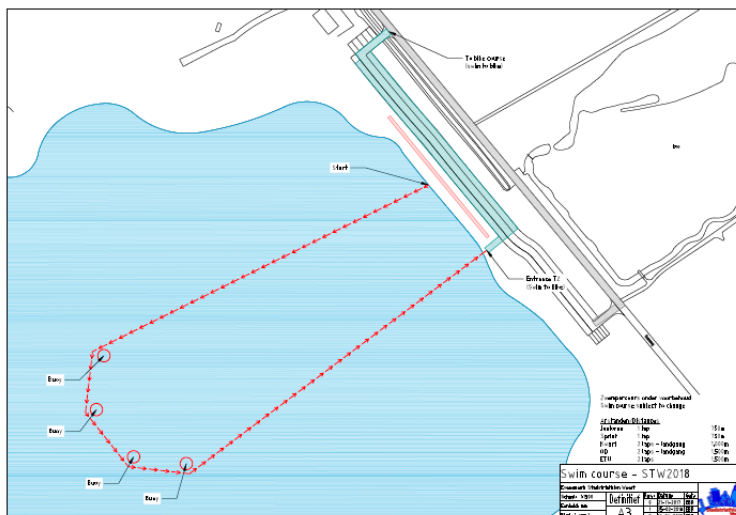
2.1. RACE VENUE

Bassin, 6001 GZ Weert, Netherlands



2.2 COURSE FAMILIARIZATION

8 June 2018 17:00 hr Lozerweg, 6006 SR Weert, Nederland



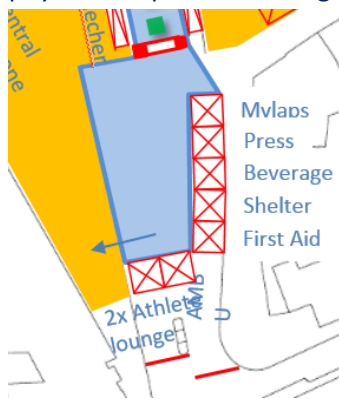
Friday 8 June 2018

17:00 - 17:30	Swim course familiarization ETU	Herenvennweg
17:30 - 18:15	Bike course familiarization ETU	Start Herenvennweg escorted by car/motors(police)
18:15 - 19:00	Run course familiarization ETU	Direction signs (painted)



2.3. ATHLETE'S LOUNGE

The athletes' lounge before the start is still not known due to construction work at swim venue. Is right after the finish there will be plenty of water, fruit and energy drinks, toilets also physiotherapist for massage is available in this area.



2.4. ELITE (and/or other categories) ATHLETES' RACE PACKAGE.

9 June 2018 17:00 hr during Registration at Event hotel (Golden Tulip).

Driesveldlaan 99, 6001 KC Weert, Nederland

Telefoon: +31 495539655

2.5. DOPING CONTROL.

Venue Service Center

Noordkade 2, 6003 ND Weert

Doping tests will be conducted according to ITU/WADA rules. The athletes must carry their identification to the doping control facilities.

2.6. SECURITY

Harrie v/d Velde safety coordinator overall.

Peter Boers responsible safety non-race (finish, VIP, athlete area)

2.7. LOC OFFICE

Bassin 5, 6001 GZ Weert, Netherlands

Contact person Wilfried Weekers

Phone number 003185 20 10 240

wilfriedweekers@stadstriathlonweert.nl

3. ACCOMMODATION

Event Hotel Golden Tulip.

Contactperson Elen Feijen.

Driesveldlaan 99, 6001 KC Weert, Nederland

Telefoon: +31 495539655

Fomanager@goldentulipweert.nl

Travel agency.

Kupers Travel

Mail: info@reisboekingscentrale.nl

Kelvinstraat 1 6003 DH Weert

Phone:+31888900600

4. TRANSFER AND TRANSPORT



As you can see in the image above, the city of Weert is centrally located. Is easily retrievable from different airports, at all airports it is possible to rent a car. You have also the possibility to travel by public transport to Weert (Dusseldorf & Brussels can be more difficult). We can also provide you the option of Kupers Travel Weert who can arrange the transport to and from airports, this is NOT free of charge and must be paid by the athletes or National Federations. In order to arrange your transfer don't forget to mention the arrival time, arrival airport, flight number, number of people, number of bikes,..... Other transfer options are also possible but these have to be arranged by the Athletes themselves in this case the LOC doesn't take any responsibility.

Mail: info@reisboekingscentrale.nl



Kelvinstraat 1 6003 DH Weert

Phone: +31888900600

5. ATHELETE'S SERVICES

5.1. TRAINING FACILITIES



SWIM

Geurtsvenweg 1, 6006 SN Weert, Nederland

Tel: +31 495 537 170

Depending on the number of registrations for swim practices courses will be reserved. This is to prevent too many athletes present at once. There are only limited slots to practice. We will use the principle first come first serve. Request for swim practice can be send to roger.stienen@asml.nl
Dates & Time schedule will be announced on short notice.



BIKE

The surroundings of Weert are well known for their good infrastructure and good roads. There are no specific closed courses but there are sufficient opportunities in the area that can be used for long duration rides.



RUN

The surroundings of Weert is well known for run facilities, Forest and roads. There are no specific closed courses but there are sufficient opportunities in the area that can be used. Also the run course can be used (painted signs on the road).



5.2. MEDICAL SERVICES

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race Village on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Hospital Sint Jans Gasthuis Vogelsbleek 5

6001 BE Weert. +31495 572100.

E-mail: info@sjgweert.

Emergency telephone number: 112

5.3. BIKE MECHANICAL SERVICE

Sander Erkens bike Mechanic

Phone number : +316461 430 69,

E-mail sander@fietstechniek.eu

Website: <http://fietstechniek.eu/>



6. COMPETITION SCHEDULE

6.1. ELITE WOMEN

DAY	START	END	ACTIVITY	LOCATION
8 June	15:00	16:00	Press Conference	Golden Tulip
9 June	17:00	18:00	Athlete registration	Golden Tulip
9 June	18:00	18:45	Athlete's briefing	Golden Tulip
10 June	10:00	11:00	TA 2 check in	Bassin
10 June	11:00	12:00	Athlete Lounge check in	Blue Lake
10 June	11:30	12:15	TA 1 check in	Blue Lake
10 June	11:45	12:15	Swim warm-up	Blue Lake
10 June	12:10	12:20	Calling area	Blue Lake
10 June	12:25	12:29	Athletes introduction	Blue Lake
10 June	12:30	12:30	Start	Blue Lake
10 June	14:45	15:00	Award Ceremony	Athlete area (Finish)

6.2. ELITE MEN

DAY	START	END	ACTIVITY	LOCATION
8 June	15:00	16:00	Press Conference	Golden Tulip
9 June	17:00	18:00	Athlete registration	Golden Tulip
9 June	18:00	18:45	Athlete's briefing	Golden Tulip
10 June	11:00	12:45	TA 2 check in	Bassin
10 June	14:00	15:00	Athlete Lounge check in	Blue Lake
10 June	14:30	15:15	TA 1 check in	Blue Lake
10 June	14:45	15:15	Swim warm-up	Blue Lake
10 June	15:20	15:25	Calling area	Blue Lake
10 June	15:25	15:29	Athletes introduction	Blue Lake
10 June	15:30	15:30	Start	Blue Lake
10 June	17:45	18:00	Award Ceremony	Athlete area (Finish)

After all women are in T2, change-over will be done to set up T2 for men; shoes will be brought into T2 by TOs; check-in of running-gear for men only to store next to T2; athletes will fill in a sheet to determine where to put their running gear (left or right side)

6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the International Triathlon Union.

6.4. ATHLETE'S BRIEFING

9 June 2018, 18:00 hr – 18:45 hr, Event Hotel Golden Tulip Driesveldlaan 99, 6001 KC Weert, Nederland.

Tel: +31 495539655

6.5. TIMING CHIPS



On race day athletes will be given a timing chip, to be worn on the athletes' ankle. Athletes will pick up the timing chips before the competitions, during their check-in procedure.

6.6. RESULTS

Results will be uploaded live at the ITU official website www.competitions.com.

Please inform if there is any live coverage.

All the Results information will be distributed to the Team Leaders at the Information Centre (location?).

6.7. PROTEST & APPEALS

Standard procedures will be followed according to the ITU Competition Rules

7. ACCREDITATION

The LOC will provide to all the Organizing Committee Members, ITU Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Info on when and where the accreditations will be distributed

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition areas.

All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

Remember that coaches and team medicals have to register through ITU, otherwise there will be no accreditation for them.

8. OTHER USEFUL INFORMATION

Could be and is not limited to:

8.1. LANGUAGE Dutch is the native language. But English & German is common spoken

8.2. POPULATION city Weert is approximately 50000 residents

8.3. CURRENCY €

8.4. TIME UTC +1

8.5 ELECTRICITY 220 V

8.6 WATER CAN BE USED FROM THE TAP

8.7 TELEPHONE CONNECTIONS country code Netherlands +31

9. COURSE MAPS

SWIM START



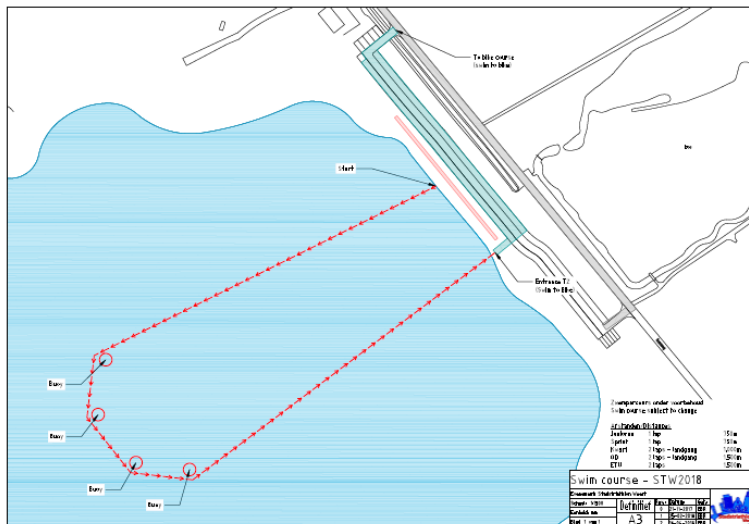
SWIM COURSE

Start procedures: beach start

The Race Referee with assistance of Technical Officials, who are assigned to the start, will start each race.

Number of laps 2 laps

Average water temperature 20 C



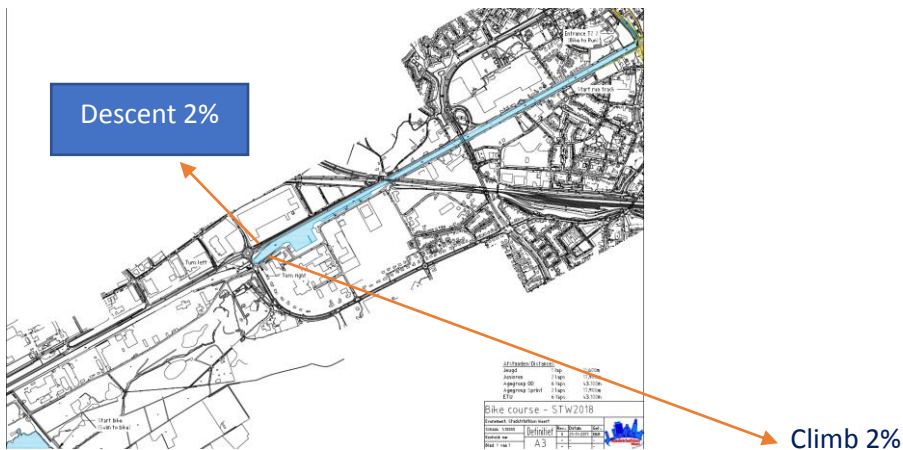
TRANSITION 1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim gear in a bin placed beside the bike racks. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes unrack the bike by moving forward into the centre lane and towards the mount line

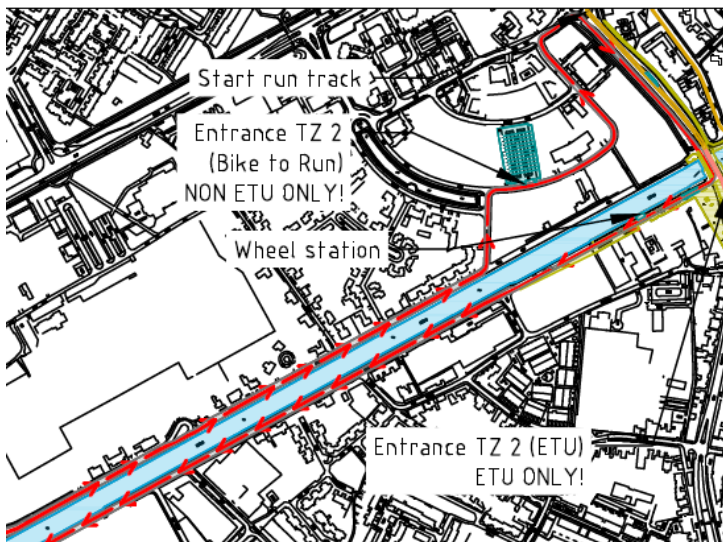


BIKE COURSE

6 laps the course is flat and technical.



Location wheelstation on bike course.



TRANSITION 2

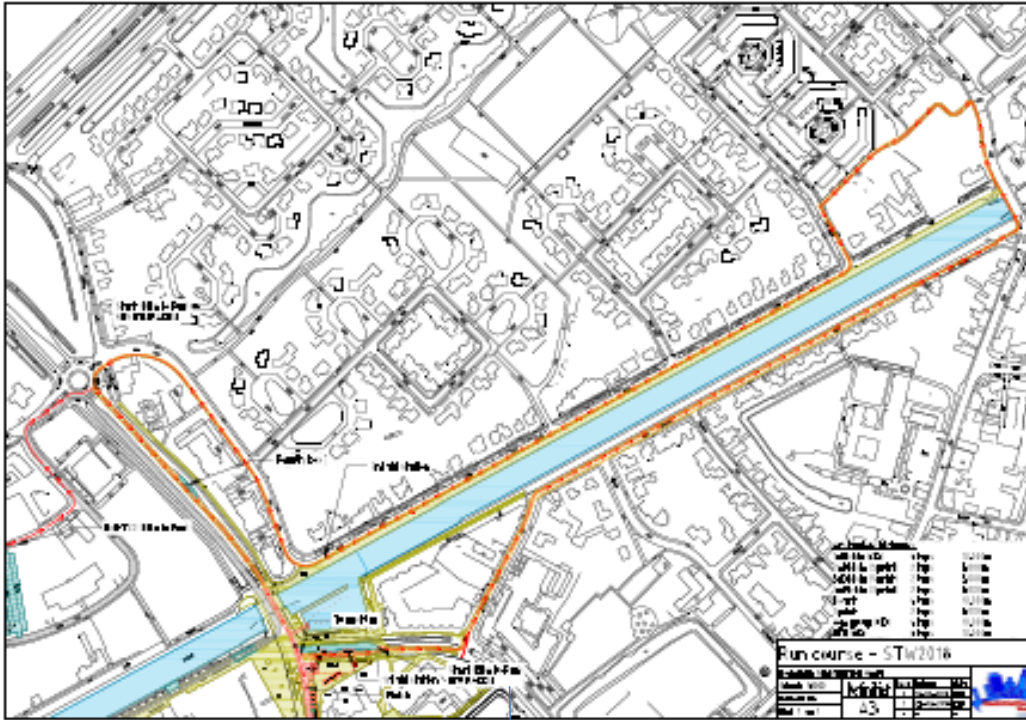
From the dismount line, please describe the flow of the transition
Running shoes may be placed beside the rack or in the bin.



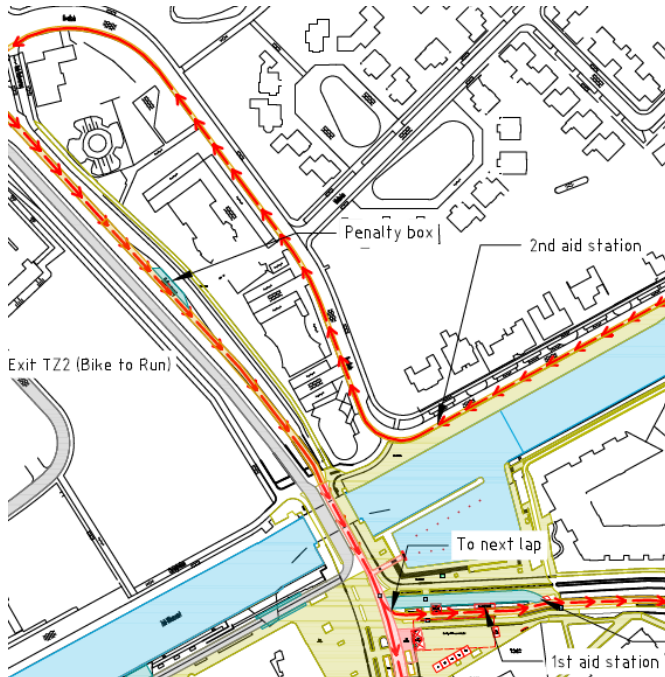
RUN COURSE

Description: flat and 100% asphalt.

There are 2 aid stations and where to find them and as well the penalty box location



Detailed info about location Penalty box and aid stations on run course.



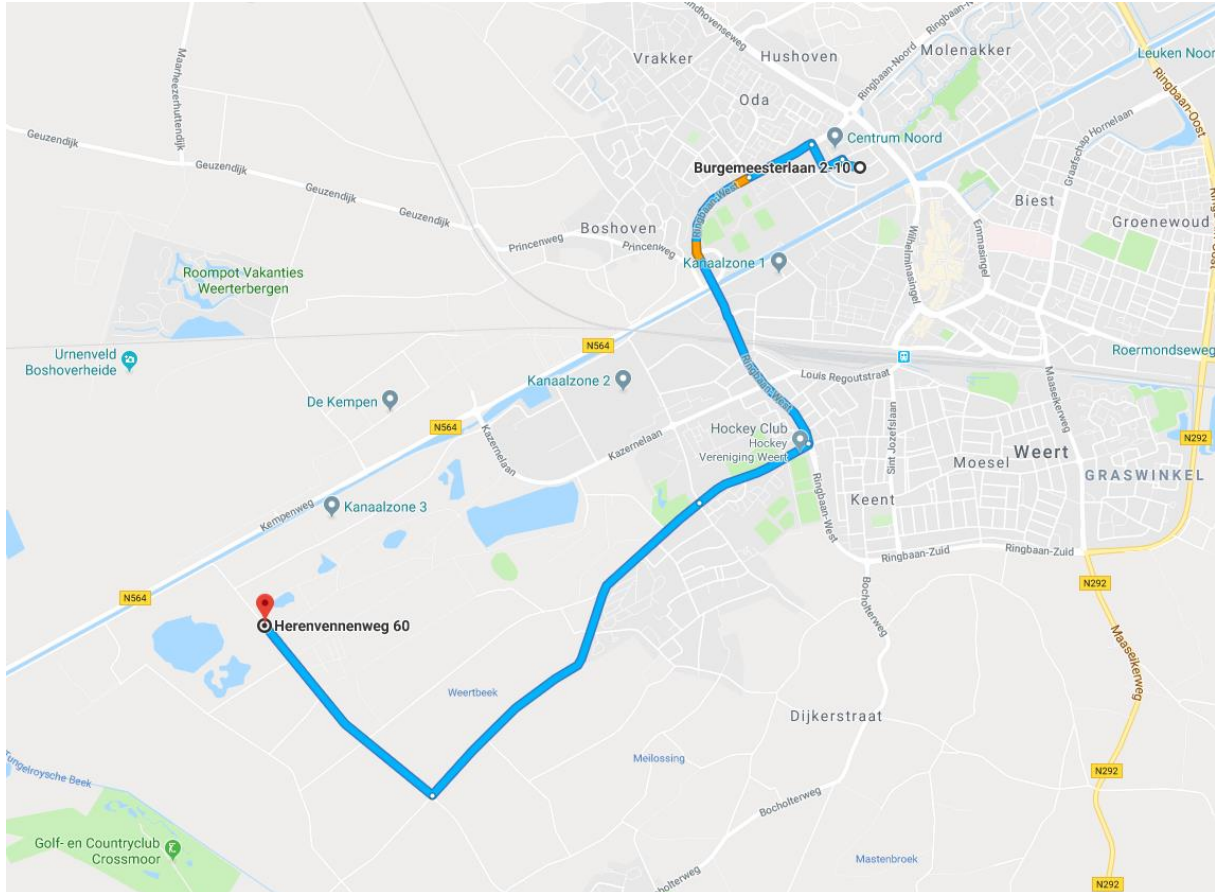


Directions TZ2 to TZ1 by car

Distance: appx. 7.0 km

Travel time: appx. 10 minutes

Google Maps link: <https://goo.gl/maps/etT3b3PipWN2>



Written directions

1. Head west on Burgemeesterlaan toward Schoutlaan, drive 120m.
2. Turn left onto Schoutlaan, drive 95m.
3. Turn right to stay on Schoutlaan, drive 28m.
4. Turn right onto Gouverneurlaan, drive 130m.
5. Turn left onto Ringbaan-Noord, drive 400m.
6. Continue onto Ringbaan-West, go through 2 roundabouts, drive 1.8km.
7. At the third roundabout, take the 1st exit onto Parklaan, drive 700m.
8. Continue onto Diesterbaan, drive 2.3km.
9. Turn right onto Herenvennenweg, drive 1.4km.
10. You've reached the destination.

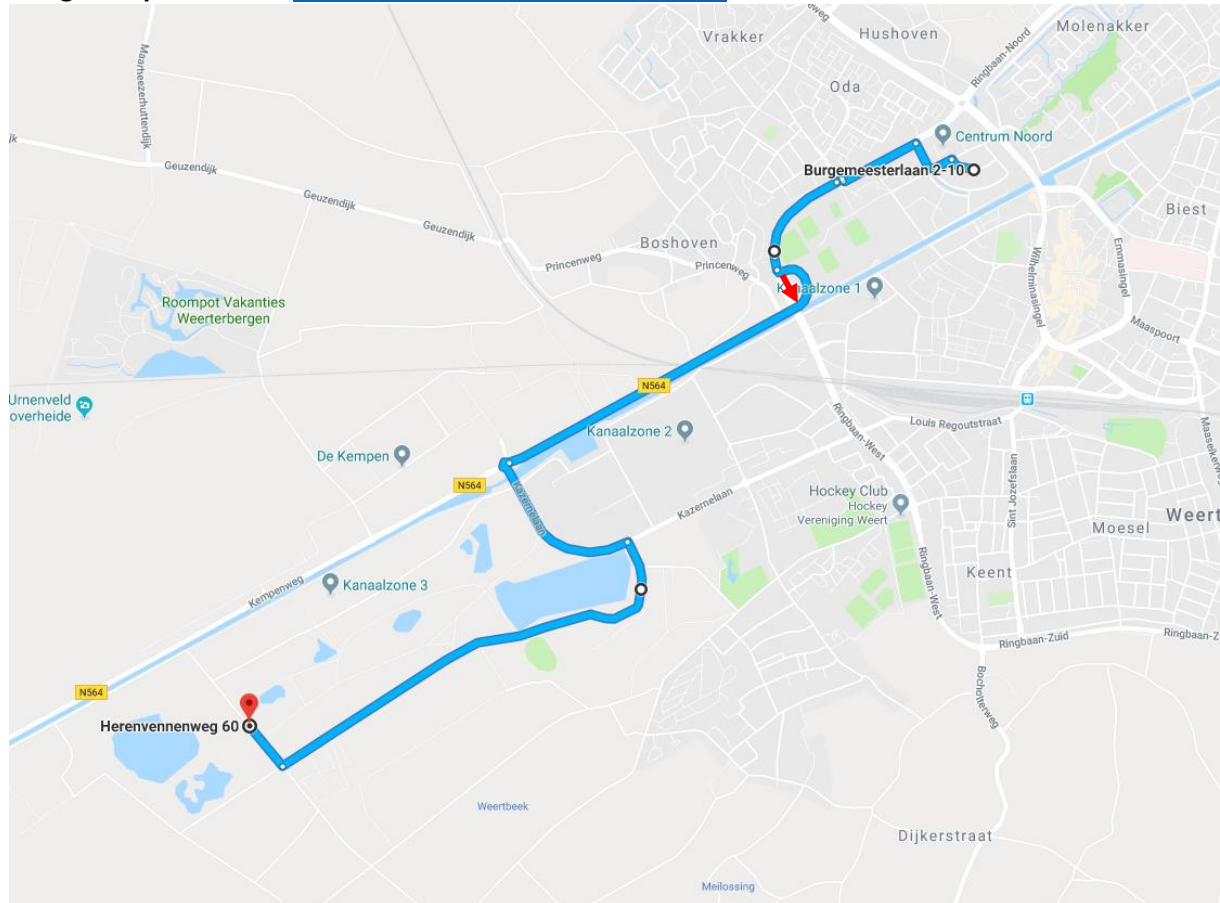


Direction TZ2 to TZ1 by bike

Distance: appx. 6.4km

Travel time: appx. 21 minutes

Google Maps link: <https://goo.gl/maps/ARfd6SRQAgS2>



Written directions

1. Head west on Burgemeesterlaan toward Schoutlaan, bike 120m.
2. Turn left onto Schoutlaan, bike 95m.
3. Turn right to stay on Schoutlaan, bike 28m.
4. Turn right onto Gouverneurlaan, bike 120m.
5. Turn left toward Ringbaan-Noord, bike 400m.
6. Continue onto Ringbaan-West, bike 500m.
7. At the roundabout, take the bikelane next to the bridge down (See red arrow on Map) to suffolkweg, It's obligated to use the bikelane bike approx. 1.8km.
8. At the roundabout, take the 3rd exit onto Kazernelaan, It's obligated to use the bikelane bike approx., bike 850m.
9. Turn right onto Voorhoeveveweg, bike 2.2km.
10. Turn right onto Herenvennenweg, bike 240m.
11. You've reached the destination.

Good luck.