



President's Report 2009

I welcome readers to this report which is prepared both for the Annual General Meeting 2009 as well as an historical look at activities between September 2008 and September 2009 (13 months).

Executive composition during the year

Arising from the 2008 year Annual General Meeting the following officers either continued in office or were duly appointed at the last AGM



President
Vice President
Secretary
Treasurer
Committee

Geoff Stoddart
Nick Reeves
Jennie George
Edward Friend
Len Edwards,
David van Dijk,
Richard Vinsen





Also at the AGM of 2008 four additional committee members were appointed under the sub committee provisions of the Associations constitution. These were

Karlene Pynenburg,
Apii Napa,
Liz Koteka,
Rebecca Browne.



During the year we lost the services of David van Dijk who shifted to New Zealand. I would like to thank all committee members for their support, ideas and help in a variety of ways during the year. I appreciate that people have skills in different areas and it is only by having a group of people that the desirable skills for the various tasks become available.

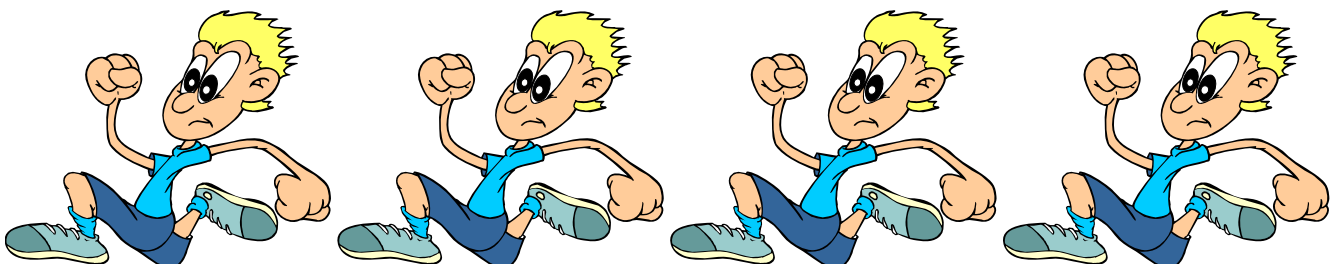


Events



The annual short distance duathlons and triathlons from mid November until just before Christmas were again held with good turnouts and regular attendance by many not so competitive athletes. A progressive program of events working through to the mid distances the likes of 600/14/04 and 750/20/05 and ending with the main events the Tinian local championship of 1200/31/10 and the Air New Zealand International 1500/41/10 was held.

Attendance was good at all events and the program usually offered a half distance event as the distances increased.



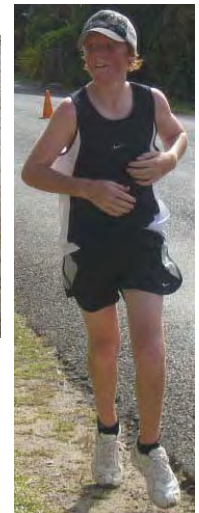


WEETBIX KIDS

The Weetbix New Zealand sponsored 'Kids' triathlon was again held in December.



It is also encouraging to see some of the more "junior" members participating and assisting in regular triathlon events.



TEAM TRIATHLON

We also held the annual Team Triathlon Challenge in February. This event was run in two formats – the traditional team relay and the individual disciplines format which allowed one person to tackle the swims legs or cycle legs or run legs only. This was welcomed by many participants and will surely be offered again as participation is perhaps the main objective



Special Appreciations

I pay particular tribute to the following for their efforts and support over the last year.

Len Edwards.

Top of the list for appreciations is Len for the weekly race organization, sourcing new equipment, road marking & field setups, finish times recording and bringing the eskie each week.



Terai Hill.
(Also known as Little Chief)
for race results recording.



Island Car & Bike Hire Ltd for again supporting the women's triathlon and other events plus financial sponsorship of the main triathlon.

Ali Napa
For race timing,
marshalling and
related assistance.



Air New Zealand and local manager Dave Bridge for the continued sponsorship of our main event.



Jim Murphy of Pukekohe Travel who engaged his largest group ever to travel to Rarotonga for the main race.



Westpac Banking Corporation for the financial support of our events, staff help out at events and staff participation.

Vaima Water & Maddie Sword
for water sponsorship



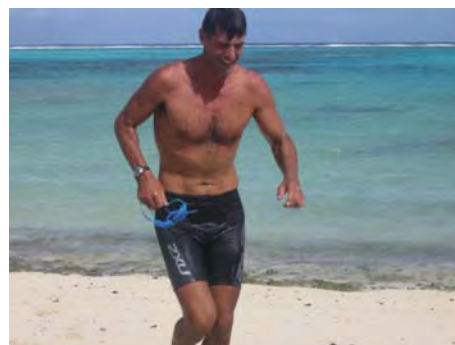
Andy Olah for his regular support of events, trucking of materials and organizational help at events.

Cook Islands Trading Corporation for their support with marquee, prizes and providing refreshments for the Business House Triathlon.

Jack Cooper of Trader Jacks for the annual Boiler Swim venue & prizes.



Chris McKinley of Turtles Sportswear for again sponsoring the Around Island Cycle Race.



Finance

Ed Friend as Treasurer with assistance from Geoff Stoddart, Jennie George and Len Edwards capably handled CITAI's finances throughout the year. The financial report to 30th June 2009 has been compiled and is available to members. Ed Friend also redrafted the year 2008 accounts to show greater detail including the fixed asset schedule and these accounts are held as permanent records. A motion to write off lost or no longer used items of equipment from the assets register will form a recommendation under general business.

The 2009 International Triathlon resulted in a surplus compared to the year 2008 deficit and overall the income and expenditure for the year was close to even once other activity income and expenses were brought to account. The Association has close to \$3,000 in its current account with ANZ bank plus receivables. Particular details are shown in the accounts. The Association has material amounts which are payable by CISNOC but for reason of non response to enquiries from CISNOC, this indicates doubtful receipt for those funds. The executive has been informed of the position previously and authorised the president to make his best endeavours to receive the funds.

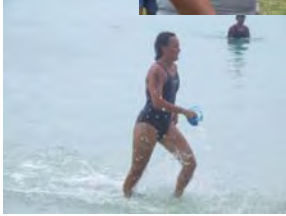


Administration

During the year the executive found it necessary to form a disciplinary committee to handle difficulties which had arisen. As a result, the disciplinary committee issued a ruling under rule 20 of the constitution. This decision was aimed at extinguishing the problems which had arisen. The decision has not been advised to all members of CITAI however the outcome forms a permanent record and enforceable ruling in the associations administration.



Womens' Triathlon



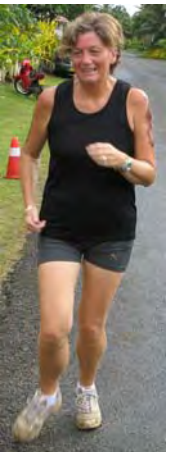
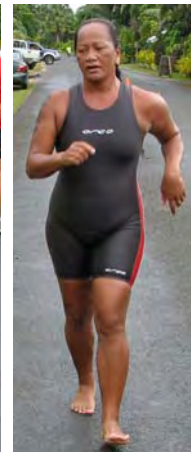
This event was successfully held for the fourth year. It was well run and proved a success with 22 individuals and 8 teams. The distances were 400/16/04. This year's event was won by Vanessa Palmer in the best time for this event. Final results saw five entrants complete the course under the hour mark.

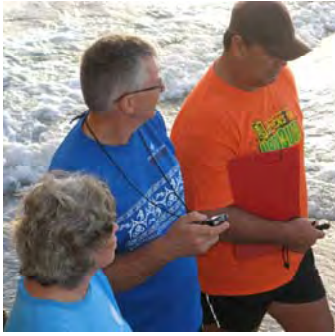


Vanessa Palmer	51:14
Kelly Pick	54:37
Jennie George	55:29
Serena Hunter	57:28
Tamsyn Dearlove	58:38



I record a special appreciation to the main sponsor Island Car & Bike Hire Ltd and its owners Richard & Karyn Vinsen.






**COOK ISLANDS TRIATHLON
ASSOC. INC**

Main Events



Our national championship race the 'Tinman Triathlon' with distances 1200/31/10 was held on Saturday 11 April and this year sunny skies, calm seas, minimal wind and occasional cloud were the conditions. This was the 27th year of the Tinman Triathlon with 27 individual athletes entered (31 in year 2008) plus 8 teams. The event was won this year by Geoff Stoddart in a time of 1:54:51 for men and Vanessa Palmer for women in 1:59:02 (4th overall) which was a new female race record for the event - the first under 2 hours and the second year in succession that she has lowered the Tinman record.



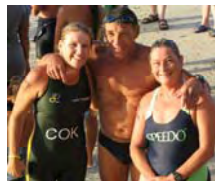
Our main race of the year the 15th Air New Zealand Triathlon on 1 May was won for the second time by Josh White of Auckland New Zealand in 2:08:50 with first overall woman home being our very own Kelly Pick in a new local race record of 2:23:27. The weather conditions were favorable with a mostly calm and warm day. This years race had 18 local individuals (18 also in 2008). Overall there were 67 individual competitors and 12 teams of two and three members (56 and 14 in year 2008). The main race was reported in a feature article in the New Zealand Multisport magazine September 2009 issue. This publicity has provided excellent exposure for the event as NZ Multisport has a readership of many thousand copies New Zealand wide.





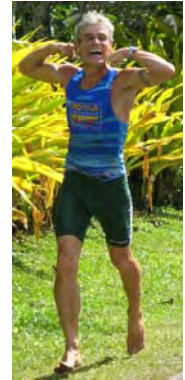
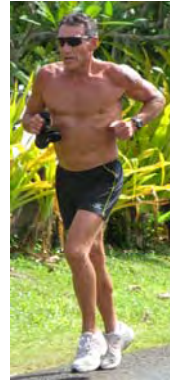
Main Events (Continued)

The main race associated events of Boiler Swim and Rarotonga Cycle Race were well supported. For the record the Boiler Swim was won by Nathan Richmond of New Zealand for at least the 3rd time in 10:06 First local person was Vanessa Palmer in 11:14 (fourth overall) The Turtles Sportswear sponsored cycle race of 31 km had 44 riders (55 in year 2008) and was won by Jeremy Meech from New Zealand in 44: 36.



A change in the main race venue for the gatherings and meals occurred with a move to the Edgewater Resort. This move proved extremely successful with many positive comments regarding the atmosphere, the food and the staff and I am most grateful for the facilitation by Emile Kairua and Roland Neururer of Edgewater staff.

Mention should be made of the greatly improved athletes during the year. In the Tinman race Karyn Vinsen knocked 12 minutes off her time from last year and went on to complete her first Olympic Distance Tri in our Air New Zealand race. Apii Napa took 25 minutes off her 2008 time in the Air NZ International and improved again in the South Pacific Games race. Rangi Apera reduced her best Olympic distance time from 3:03 in 2008 to 2:47 in the SPG race at the end of September. Our top two females Kelly Pick and Vanessa Palmer went under the main race local record of 2 hours 25 minutes to record 2 hours 23 minutes. There were also best times in the main race for Geoff Stoddart, Roland Neururer, Richard Vinsen, Richard Barltrop, Jennie George and Pare Tangata.



For the record

The following individuals participated in duathlon, triathlon and cycling events through 2008-09

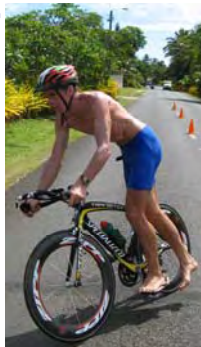
Julie Affleck
Rangi Apera
Taki Anaru
Pauline Atera
Richard Bartrop
Paul & Rebecca Brown
Rob Buick
Mike Carr
Jeff Cook
Marama Denny
Richard Denny
Ed Friend
Len Edwards
Colin Fearon
Curly George
Dorothea George
Jennie George
Maureen Goodwin
Greg & Heidi Gustafson
Kevin & Mona Henderson
Thomas Henderson

Paul Houghton
Serena Hunter
Molly Joseph
Karen Kirkham
John & Lizx Koteka
Myland Lane
Jules Mayer
Terry Meyer
Diane McFarlane
Debbie Moore
Apii Napa
Peta Ngari
Roland Neururer
Andy Olah
Vanessa Palmer
Kelly Pick
Jacob Pynenburg
Karlene Pynenburg
Bernie Raffe
Nick Reeves
Kathrine Reid

Geoff Stoddart
Rick Teura
Pare Tangata
Tom & Sue Vea
Lotu Vea
Anna Vinsen
Richard & Karyn Vinsen
Mata Vogel
Steve Whitta
Puai & Tai Wichman
Chris Wicks
Melanie Wilson
Louise Wittwer
Michelle Wood



Apologies in advance to anyone who has been missed from this record.



2009 saw a number of high quality carbon bikes & wheels arrive in Rarotonga.



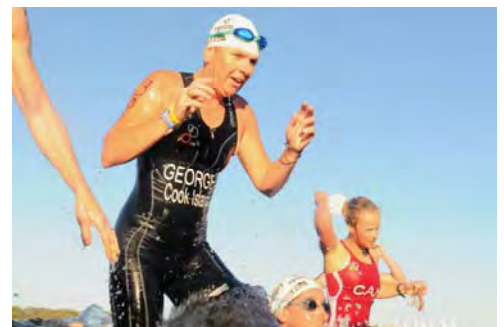


Overseas Competition

Three members entered the Port of Tauranga Half Ironman event (New Zealand) in January 2009 (Geoff Stoddart, Vanessa Palmer and Richard Vinsen). Geoff also entered the New Zealand championship race over Olympic distance in Wellington in March and one of the Contact Energy sponsored Triathlon New Zealand races.

ITU WORLD CHAMPIONSHIP OF TRIATHLON

A bigger event was the ITU World Championship of Triathlon in Gold Coast Australia on 12 September. A total of ten members of CITAI competed in Australia and were accompanied by several supporters. The annual world champs are a fabulous experience being the coming together of all triathlon participating nations





Overseas Competition



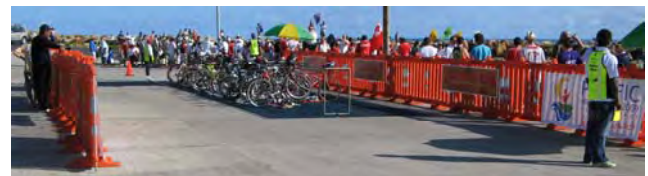
PACIFIC MINI GAMES



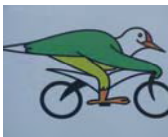
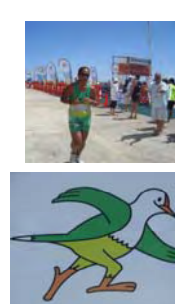
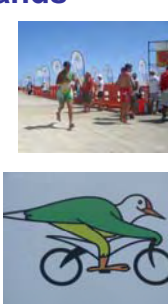
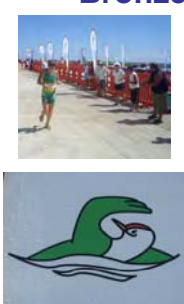
The Pacific Mini Games held in Rarotonga for the first time since 1985 held much interest on the local sporting calendar. An Olympic Distance Triathlon was included in the games and was held on 30 September. It turned out to be a successful event for triathlon, the organizers and the public. The visual spectacle was superb with the race starting at Avatiu harbour and using the 10km Airport Block as the cycle course. A total of 11 men and 14 women competed and our local competitors were: -



Geoff Stoddart	2 hours 16 minutes 20 secs (5th)
Thomas Henderson	2 hours 17 minutes 55 secs (6th)
Jennie George	2 hours 34 minutes 00 secs (4th)
Rangi Apera	2 hours 47 minutes 05 secs (10th)
Apii Napa	3 hours 04 minutes 29 secs (12th)



Team results:
Gold - New Caledonia
Silver – Tahiti
Bronze - Cook Islands





Facility at Tikioki

We continue to have the use of the attractive beach side section at Tikioki. Committee members maintained the section with grass and hedge cutting on a number of occasions and I thank Terai Hill and Len Edwards in particular for their fantastic work there.

Continental Appointment

In September at a meeting held in Gold Coast Australia I was elected president of the Oceania Triathlon Union which is a collection of the Pacific countries participating in triathlon including Australia and New Zealand. Whilst the larger individual associations of Australia and New Zealand are influential bodies in their own right, the OTU is an important part of the makeup of the ITU being the continental federation for this part of the world. It has a budget from the International Triathlon Union as well as an ITU appointed representative on the board. The objective of the OTU is to facilitate development of triathlon in the region and I will report activities from time to time to the executive committee and other members as appropriate.

The Forward Year

Members can look forward to another good season of competition and social activity in 2009-10 and I ask for your support and help in the many tasks which will arise during the year.

Geoff Stoddart
President
Cook Islands Triathlon Association Inc
15th October 2009

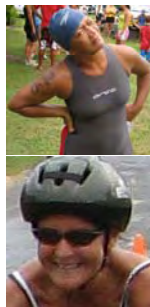




Smell that!



Running the tote - Win a bowl of ice cream



Safety boat in use

See that - No. 1!



The PMG torch - with lighter fluid!



I like this job!





Tikioki - Rarotonga

